

Youth Behavioral Health Board Committee June 2, 2015 meeting notes

Attendees: Amy Jeppesen, co-chair

Ginny Gobel, Mechelle Wilson, Renee Wait, Jason Stone, Stephanie Phillips, Amy Korb, Liza Clinger, Amanda DeYoung, Dionne Chatel, Mitzi Burrus, Shelley Retter

Committee will meet 1st Tuesday of each month from 10am-12pm in room 138 at Westgate, DHW.

The Region 4 Behavioral Health Board has empowered board committees to self-direct and decide upon own goals. The board is looking to the youth committee to provide expertise for youth substance use disorder services and children's mental health. The board encourages the committee to use the needs and gaps report to help guide activities. At the May 2015 meeting, the board directed all board committees to work together to develop a communications plan and present that by the September Board meeting. The goal for this plan is to assure coordination between committees on various projects and initiatives. (Note information in italics may not have been discussed at the June 2 meeting, and is provided here as a record for committee members who may not have attended previous BH board meetings and have full understanding of board decisions regarding committees.)

The Committee decided on three goals to focus on for the next year.

Goal 1) Collaborate with community partners to promote awareness

Possible Objectives: Add youth/children's focused component to the Offenders Fair

Partner with ICADD

Participate in Counseling Association Fair

Amy Korb and Jason Stone have volunteered to be a part of this working group.

Goal 2) Increase frequency of trainings

Possible Objectives: Use TeleHealth and Webinars to increase participants and reach people in rural communities.

Provide WrapAround Trainings- Trains professionals how to identify the barriers the family is having that are preventing the child from getting what they need.

Initiate CIT Trainings for first responders for CMH- Currently the AMH CIT training is a week-long training but it only devotes half a day to CMH.

Support Youth MH First Aid Training- In 2016, Optum is looking at doing this training, geared towards families and community members who do not have a medical back ground or have little knowledge of mental health.

Provide CRAFT Training-Community Reinforcement and Family Training.

Mechelle Wilson, Jason Stone and Ginny Gobel have volunteered to be a part of this working group.

Goal 3) Support the Federation's CMH Awareness Week

Steve Graci will be a part of this working group.

Optum staff noted that they are available to help support with the working groups and projects.

Future Project Funding-

District 4 of the Juvenile Justice Commission received funding from their board. Jason is pursuing the possibility of sharing funds on some of the common goals to maximize funds.

Amy Korb will find out how future funding from BH Board after the transition to Central District Health Department can be pursued.

Next Steps-

Committee members are to make connections with partners and ask what they would like to see from joint projects with the committee; we want partners to have a stake in the outcome as well. Also, think about potential partners and individuals to ask/recruit to be part of working groups for goals.

Coming up –

Optum Recovery Conference for MH and SUD; Tentatively, they are looking at the dates of October 21st and 22nd for the conference. Cost has not yet been decided.