

Region 4 Youth Behavioral Health Committee

5-5-15

Attendees:

Steve Graci and Amy Jeppesen, co-chairs

Mechelle Wilson, Amy Korb, Liza Clinger, Mitzi Burrus, Ginny Gobel

Committee will meet 1st Tuesday of each month from 10am-12pm in room 138 at Westgate, DHW.

CMH Awareness Week Review of the week

-Kids Fest at Idaho Expo Center Held on Saturday 5/2. This event went well and there was quite a bit of foot traffic. Some participants that have been there in the past were not there this year but some were new as well. Ideas for the future would be to collaborate more and share booths. Participants going through H&W receive a better price on booth space if we can get that information out there, it would be helpful to people.

-Resource Fair Today there will be tables set up in the Benefits Lobby with resource materials and simple goodies to pass out.

-Poster Contest Five regions participated and the winner will be announced this week.

- Jeff D. Conversation --Presentation on Friday , 5/8/15

60 people are registered for the Westgate site and 100 around the state

Speakers are Ross Edmunds, Carol Dixon, Jennifer Griffiths and Howard Beldoff

2nd part of seminar will be broadcast from Lewiston; the speaker will be Melinda Sonan, a drug and alcohol counselor, who will be speaking on Childhood Trauma.

Some thoughts discussed were "Is this timing bad?" (on a Friday afternoon) and "How do we get to parents and our target audience better?"

Discussion about having the presentation recorded and available online to include more of an audience. Limitations of the VCE equipment here at Westgate; it is not for recording. It connects regions and is good for smaller tele-psychiatric meetings. Discussed the possibility of using another venue that is larger and has recording capability. Liza will check on the use of a tele-health conference center. Historically the venue has been H&W because it is free and can connect with other regions. Discussion continued about having more frequent webinars, possibly quarterly or hosting an annual conference partnering with ICAD and supported by Optum.

Needs and Gaps Assessment

The needs and gaps analysis has been submitted. Amy will forward the agenda so everyone can focus on a few specific goals for the next meeting.

Committee Direction

Discussion of the exact title of the committee (*post meeting note – Youth Behavioral Health Committee is name, committee has working groups for CMH awareness week and at a future point probably involvement in Jeff D working groups – the general public can be members of working groups without being officially appointed to the Youth BH Committee of the R4 BH Board. Committee can also have working groups on SUDS issues as needed. The board when they decide to have a Youth Committee and directed the committee to provide recommendations to the board on youth issues and to include CMH in the working groups of the committee*) and if we are directed by the Board or are we more self-guided. The question was unanswered but should be on the next agenda for more discussion. Also discussed was a membership drive to recruit people for work groups within the subcommittee for support and to identify needs.

Discussion of doing more things that support Region IV, i.e. having smaller conferences and activities more frequently or using a larger venue with a national speaker. There is a concern of cost but we will increase the value and quality of speakers if we can pay them.

Presentation to the Board to request funding for these events, a budget for trainings, for webinars, for CMH awareness week, etc.

Next meeting is June 2nd.