

Region 4 Youth BH Committee

February 6, 2018

Notes

10:00 Amy & Mechelle	Opening comments & Introductions	<p>Introduction of new participants to the meeting. Steve Woodworth from the Idaho Youth Ranch would like to attend when available. Amy Korb, from Recovery 4 Life will also be attending. Susan Delyea from Youth Move will also be attending when able.</p> <p>It was announced that next month's YBH Committee will be meeting in Room 138, Westgate Office. This is the entrance by PoJo's. This will only be for March 6th meeting.</p>
10:10 – Committee	Grant Discussion Update -- St. Luke's Grant Other grant opportunities – review prevention programs Revisit having a grant subcommittee	<p>Provided detailed information regarding the Blue Cross Training grant – how many were trained per site, etc.</p> <p>YBH Committee did not receive the St. Luke's Grant. Beth provided some additional information. There were several similar grant requests, all for expansion of Mental Health First Aid for Youth training. Beth additionally shared that St. Luke's is looking to develop their own mental health first-aid – style training that would be provided to all St.</p>

		<p>Luke’s staff. There was group discussion about this, and agreement to support this effort.</p> <p>There was discussion regarding the ODP (Office of Drug Policy) grant. The committee would like to learn more about the grant and look to apply if possible. Christy Sofaly shared information about a model she read about that has been successful in Iceland. https://mosaicscience.com/story/iceland-prevent-teen-substance-abuse/</p> <p>The committee also discussed the possibility of joining with Phoenix Multi-Sport and building a program for youth 14-18.</p> <p>There is a webinar for those interested in the grant. Plan is to have someone from the committee listen to the webinar, and then possibly bring members together to discuss grant opportunities. An update will be provided next meeting.</p>
10:30 Mechelle & Mary	Jeff D/YES updates	<p>The YES website was shared in the meeting – YES.idaho.gov.</p> <p>The best place to find flyers and up-to-date information is at the website, tab “Projects” and then click on “Communications.”</p> <p>Anyone who is interested in setting up a discussion or training on YES with their agency or program is encouraged to contact Mechelle or Mary.</p>

10:50 Amy & Mechelle	<p>Goals for the Committee</p> <p>Revisit our goals – do they still fit?</p> <p>Recruitment goals</p> <p>Speakers? Information pertinent to the Committee?</p>	<p>Committee was encouraged to bring ideas to next month’s meeting to discuss. Possibly speakers, special topics (i.e. grant writing), etc.</p>
11:15	<p>Program Updates</p>	<p>St. Luke’s partial hospitalization program is still set to open this Spring. Staff are being hired.</p> <p>Steve Graci spoke about May being CMH Awareness Month. He is looking for volunteers to help with ideas here in Region 4.</p> <p>Christy Sofaly shared an on-line program she refers families to: Ross Green’s “Lives in the Balance.” She also thought Ross Green would be a good speaker if approached about his work with youth and families.</p>
11:30	<p>Adjournment</p>	