

Youth Behavioral Committee
November 14, 2016

In attendance: Amy Jeppeson; Mechelle Wilson; Aaron Darpli; Shelley Retter; Jason Stone
Via phone: Shannon Decker; Amanda Leader; Christie _____

Amy called the meeting to order at 11:04am

The Region 4 Behavioral Health Board requested that Mountain Home is added to the school districts that will be included in this grant proposal. The committee needs to decide if the focus will be on 2 or 3 school districts. Shannon emailed costs projection for phase 1 training which is estimated at about \$750 for up to 30 people. Other factors that need to be considered would be food, mileage, or possibly lodging. Aaron will look to see if Optum can help fund some of these expenses.

The grant will focus on three school districts, Idaho City, Garden Valley, Horseshoe Bend & Mountain Home. Discussion was held to decide how many trainings are needed with 30 in attendance. It was suggested to have two trainings on different days as the three schools are very different. The question was asked if we will be offering trainings to all teachers and all grades? Maybe let schools decide who to send, but let it be known that this program is focusing on middle and high school students. Aaron suggested trying to hold the trainings during the summer to be more accommodating for teachers. Amy asked if we need 3 trainings? Aaron prefers 2. Jason stated that Valley County should be included, which Mechelle agreed. Jason stated that Juvenile Justice could possibly help to fund. Shannon has some fundraising money that can go towards Mountain Home. Amy stated that it helps to strengthen our proposal when we can show that we have other supporters. It was decided to include 3 counties. Trainings would consist of two in Elmore County, two in Boise County, and one in Valley County with efforts to try and include McCall/Donnelly/Cascade. Efforts will be made to capture all school staff, including administrative, custodial, cafeteria, etc. This first phase can fit into \$20,000 grant amount. It had been previously discussed to possibly hold town hall type trainings, which Boise County School District felt that this type of training wouldn't get the attendance. Christie offered to help bring in people from the community if town hall trainings were implemented. Jason suggested that we focus on schools first and then go to the next target audience. Committee is in agreement. Mechelle stated that this is why we discussed a roll out plan where we can focus on the first phase with the assumption that additional dollars will come.

Amy stated that in phase 2 we will instill two permanent trainers in each school county but this is outside of our budget as it costs about \$4000 to train someone. If we go down to one trainer from each county we are at \$12,000. With the \$4000 expense for phase 1, we will be within budget. Aaron will try to get a commitment from Optum to assist with funding for lodging, food, transportation, etc. However, these expenses are needed for the proposal. Materials are included in the estimated costs. It is assumed that the schools will provide meeting space and video equipment so there is no expense for these. Shannon believes that she can get lodging for Valley and Boise Counties covered through Speedy. Lunches will be included in trainings. Shannon stated that the Speedy Foundation will cover \$750 in Elmore County. Administrative costs to the R4BHB will need to be included in budgeting. Amy has a phone conference today with Alexis Pickering and will ask for reduction in the administrative costs. Jason suggested offering \$1500 for the administrative costs to allot \$500 per county. Aaron is pretty sure that Optum will cover meals. Amy will go over the budget with CHD and will send it out to everyone. Jason will have more information back to the committee by next week.

Beth Bolen is writing the grant. Amy and Mechelle met previously and divided out responsibilities into sections and realized they needed more information from the group. Mechelle was assigned the statement of needs, but may not have enough time to work on it. Aaron and Jason will work on this with Christie. Aaron can pull data from Optum and Jason will also from Juvenile Justice. Aaron suggested narrowing down the data search to make it more relevant. Dec. 1st at 5:00pm is deadline to submit the grant. Question was raised on how to get approval as the Executive Committee and the BHB meet after deadline. Amy will discuss with Alexis this afternoon. Amy is going on vacation so Mechelle will take lead.

The last step is to get in contact with someone in each of the school districts. Aaron will get commitments by end of week in Boise County. Jeff Johnson is contact at _____ and Amy will try to contact him today. Christie will take Valley County.

Mechelle is concerned that schools may feel this is another expense that is added to them but we should sell it as tools to help them to become an effective first responder in a mental health situation, the same as CPR is in a physical situation. Shannon will send out Basic grant writing tools to the committee. Amy will email out any additional info from her call with Alexis today.

The Executive Committee has stated that they are in full support and has given their permission and blessing to proceed.

Aaron will get a commitment from Optum by Wednesday.

BHB offered financial assistance. The Committee was asked to take into consideration what this assistance might be. Possibly to focus on step 2

Activity sheet which includes elements to measure success from the grant application needs to be completed.

Meeting adjourned 12:00