

Youth Behavioral Health Committee

November 1, 2016

Meeting was called to order at 10:08am

In attendance: Steve Graci; Beth Bolen; Shelley Retter; Stephanie Phillips; Mechelle Wilson; Jennifer Browning; Aaron Darpli; Bevin Modrak; Amy Jeppesen

Introductions were made. Steve introduced Julie Nease who will be taking minutes for these meetings.

Minutes from last meeting were not available

Blue Cross of Idaho Foundation is accepting applications for their 2016 Youth Behavioral Health Training grants which will be awarded up to \$20,000 each. Amy led the discussion to gather suggestions from the committee on various topics for projects in order to narrow down to one focus for the grant request. The Frequently Asked Questions from the Blue Cross website was passed out. Multiple suggestions were made that proposed focuses on family engagement, a family health line, web links to access care, relationship building, etc. Suggestions were narrowed as follows:

- Mental Health First Aid for educators as first responders. Discussion was held on how to build the platform and sustain the program, then later could introduce suicide prevention, SPAN, etc. Would collaborate with schools to roll out the program. Grant funds could be used to train the trainers and to implement a sustainable program. Who would be the trainers was discussed. Possibly bring in a trainer and open up certifications to teachers and community members. Maybe offer scholarships. Teachers, parents and peers were possibilities. Having trainers in the schools was favored. Teacher interest is already imbedded and it is suspected that they would be very supportive. This type of program would also serve to fulfill aspects of the BHB's Gaps and Needs.
- Website Resources – This could have limited effectiveness.
- Community Resources/Town Hall Meetings – These recruiting efforts are difficult to get going as attendance is usually very low.
- Mental Health First Aid for Youth – This can be incorporated in a school based First Aid program.
- Youth Move – Dare to Dream is a mentorship program of kids who have succeeded that find opportunities to engage with younger kids.

All committee members are in favor for the grant request to focus on first aid for educators.

The next steps are:

- Aaron & Mechelle to reach out to schools, primarily Boise County and Valley County
- Grant committee needs to meet
- Notify R4BHB – Amy to present to Executive Committee
- Budget – Aaron & Steve will talk with SPEEDY. Also to discuss a possible collaboration with them.
- Spell out the concepts of grant along with training possibilities
- Start an email discussion

Steve suggested another meeting in two weeks. This will be held on November 14th at 11:00am located in Optum's meeting room.

JJ Council

Amy reported that the meeting went well

Respite Committee

Mechelle reported that she met with the Executive Committee at their last meeting to give a progress update.

A meeting was held between IDHW and CDHD. CDHD is considering the viability of housing the financial management of services. They requested the respite workgroup continue to meet and develop additional ideas and strategies for respite care delivery in the region. One suggestion was a “white paper” to be developed by the respite workgroup.

DHW is building a contract for overnight crisis respite. This would assist the community in having a crisis alternative that will help to divert from admitting individuals to hospitals or going through legal actions who are having immediate respite need.

Grant meeting – November 14, 2016

11:00am

Optum’s meeting room

Next meeting – December 6, 2016

10:00am

Westgate

Adjourn 11:35