

Meeting began 2:00pm

Attendees:

Michael Copenhaver, Rebecca Sprague, Scott Jones, Liz Woodruff, Mike Ross, Dawn Colwell, Lindsay Brown, Starr Shepard, Michelle Tassinari, Danielle Fanopolous, Russ Spearman, Anna Guida, Shannon Decker, Jessica Tolman, Rebecca Lee, Mary Ferguson, Kathy Windom, David Conley, Cristina Perez, Todd Stevens, Jessica Torres, Lyle Nelson, Monica Forbes, Matthew Schlimegen, Lael Tate, Tami Cirerol.

Michael did round-robin introductions.

Monica gave update of what the sub-committee does and why others were invited from SPP Stakeholder group. Discussed the three primary priority areas of this group: Recovery, Rural Outreach, Re-entry.

Cristina discussed primary goals of the group and why we merged her stakeholder group with the R&W sub-committee. She talked about the ISPP, suicide rate reduction goals, and discussed PHD subgrant from IDHW SPP and development of regional suicide prevention plan (slides attached).

Cristina talked about expectations in helping to meet the ISPP 12 Goals over the coming months.

How can the subcommittee help?

- Objectives and goals presented to all in January
- Brainstorming after reviewing the gaps & needs analysis
- Feedback from group to make sure all needs are met

Shannon shared a link for postvention response to the group and discussed importance of this resource.

Mike discussed info on his documentary and from his lived experience.

Monica talked about R4BHB and how this subcommittee can make recommendations based on personal experiences in each of our work

Shannon on Chief of Police board CCAP

Anna offering training for those that work with youth

Monica asked about resources related to crisis and suicide specific. Resources for ideation vs. completed suicide.

Shannon shared that suicide rates are not going up as many think they are, Jessica echoed that though the hotline has been especially busy, the death rate has not gone up necessarily.

Rebecca shared BRFS data, however not related to COVID specifically, Shannon mentioned that Idaho just recently joined the NVDRS.

Monica talked about training and what this group might be able to do to learn more about prevention, trying to fill in gaps.

Michelle shared that her case load is full with post-hospitalizations and would like to know what everybody else is doing.

Becca to send out a quick survey monkey to find out what everybody else is doing (will find out what people are already doing and how each can help in their own way)

Monica introduced Matt (ROC), mentioned Winter Carnival being cancelled and

Shannon discussed *Know the 5 Signs* and *Know the Signs* campaigns in Wood River Valley, St Luke's. Lyle talked about how St Luke's McCall may be interested in doing similar campaigns and gave contact information to Monica (Laura & Tiffany).

Last thoughts?

- Starr, Regional Case Management with ILP/BPA overview (Flyer to be sent out)
- Shannon, TSF, University of Michigan future study, YMHFA, QPR and other programs working to change literacy around mental health.
- Kathy Windom, thoughts on discharge planning and screening
- Liz, IAFP, newsletter and e-news offered to share info to family doctors regarding resources
- Anna, Newsletter sign-up and healthcare/behavioral health integration, events for free
- Mike, discussed Intensive Healing Therapy services
- David, ASIST and SAFETalk trainings
- Jessica, lots of materials from ISPH available for distribution
- Russ, suggested sub-groups for various topics since many of the goals and/or objectives are sorted out. Targeted approach for Valley County perhaps.

3:27pm Meeting adjourned.