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# Region 4 BHB Subcommittee Meeting Minutes

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Location: <https://us06web.zoom.us/j/81170421451?pwd=aDhvUjRmbzBoO0taTkY1UVhJenJ1Zz09>

Meeting ID: 811 7042 1451

Passcode: 150361

Date: February 17th, 2022

Time: 2:00 – 3:30 PM

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## Minute Details:

- All members introduced themselves, where they work and what their job titles are
- Review of Vision and Mission of the subcommittee, reiterating that this is a Recovery Oriented committee and that the three main domains we focus on are Advocating, Empowering and Educating
- Current projects that committee members are working on include:
  - Recovery Workgroup that is getting prepared for Recovery Month in September (possibly putting together a "tool-kit" that could be dispersed to individuals throughout the State
  - The Phoenix Boise is no longer at one brick and mortar building, they are now focusing efforts out in the community - working on expanding to more areas in Idaho such as McCall/Valley County - currently having issues with Google as it is showing they are permanently closed due to not working out of a physical location any longer
  - The Phoenix Boise is working on getting their updated contact information out to all community partners so that community members are still able to access their services
  - L. Nelson is looking at educational aspects and preventative aspects leading to a greater culture of acceptance to seek help as well as be a solution in Valley County
  - Valley County is the healthiest county in Idaho and L. Nelson is looking to come up with a "model" to share with other counties so that all can benefit improve in this area (community engagement, promoting behavioral health wellness and reducing stigma in rural communities)
  - Empathy in Action, everything we do for each other helps all of us and helps change the culture

- It is important to be out in the community and show people that we are in recovery as well and maybe coming up with a slogan or a "catch phrase" that people can recognize and relate to and feel like they are really part of something bigger
- The Phoenix and The ROC are looking to partner to volunteer as a team in the community to bring together people that are in recovery, looking at starting their recovery journey and their allies
- Putting a positive face on recovery is one of our biggest weapons we have to fight stigma
- Recovery is NOT only for people with SUD
- Would love to work on something for Region 4 that is similar to what the BHB in Region 1 did with their "Call Me" campaign
- Ada County is putting out funding to the BHB to help bridge the needs and gaps - opportunities are available to participate in the Workgroup to help decide where the funds should be spent
- Another idea is the creation of a recovery toolkit
- BHB accepting nominations for community mental health heroes for their Mental Health Month celebrations (looking for someone in your community that is an advocate for mental health, one individual will be selected in each region, nominations need to be turned in within the next couple week so a decision can be made by April)
- CDH has scholarships (3) for Greif Support training
- CDH has marketing funds available and is going to be looking to do murals for suicide prevention, Mental Health Awareness, etc..
- The ROC working on the "Needs and Gaps" committee to look at getting vouchers out to the community and possibly putting together a general fund through V-CORP
- Luke is working on revamping RFW (recovery friendly workplace) helping employers understand what SUD is and how to help connect their employees to resources
- Good Samaritan Law, working towards re-wording the law to better serve the people in our community (we will be sending out a poll to create a time that we can get a focus group together)
- Funds are available in all regions (except region 1) for holes in housing funding (first month, deposit, application fees, etc...) through Empower Idaho (local crisis centers)
- Final agreed upon projects: Re-word Good Samaritan Law, "Call Me" campaign within region 4 specifically designed to reduce stigma in rural communities (get in touch with Jo from Panhandle Health District to get buy-in and information on how to get this going)

in region 4)

**\*\*\*Next Subcommittee Meeting will be on 3/17/2022 @ 2pm MST\*\*\***