



## **Executive Committee Region 4 Behavioral Health Board**

August 3, 2017 9:00-10:30am

Central District Health Department, Huckleberry Room

707 N Armstrong Place, Boise

**In attendance:** Christina Smith, Co-Chair; Chris Christopher; Jen Burlage, Treasurer; Elizabeth Francis, Secretary; Kim Keys, Co-Chair; Alexis Pickering, CDHD; Julie Nease, CDHD

**Attending by Phone:** Brandi Hissong, Vice Chair

Meeting called to order at 9:05 A.M. by Kim Keys

Kim welcomed new Executive Committee Member-at-Large, Chris Christopher.

### **Attendance Review**

Attendance from the July Board meeting was reviewed. No actions needed.

Alexis spoke to Commissioner Rick Visser's scheduling coordinator, Terri Broome, regarding representation from the commissioner's office. A designee is being considered.

Jake Wilson will be the new commissioner designee for Valley County.

### **BHB State Call**

Regional Boards provided their respective updates. It was decided that the attendance of the State Call will be on a shared rotation between Kim, Christina, Alexis and Jen. Christina will listen in on the first few months' calls before she provides updates. Alexis will listen in on the September call and Jen will do October. The four of them will set up a calendar to delegate the call schedule.

### **Marketing Committee**

The Marketing committee will begin to meet on a regular schedule beginning in September. Meetings will be held on the 2<sup>nd</sup> Friday of each month from 9:00-10:30 A.M. at the Peer Wellness Center.

The R4BHB will host tables at the Recovery and Wellness Rally on September 1, 2017 and at the Community Information and Resource Fair on September 15, 2017.

The committee will be purchasing a tablecloth with the R4BHB logo, pens, and rack cards. CDHD will provide a trifold table board. A laminated copy of the R4BHB Bios will be displayed.

It was decided to move the Meet & Greet to February or March to focus discussions around the topics of the legislative session. It is being considered to include a keynote speaker and offer lunch. Sponsors and grants will be pursued to offset the expenses. Christina will continue to give updates to the Committee and they will work together to define and design the Meet & Greet for 2018.

### **Appointing Committee Update**

The Appointing Committee will meet later today to review applications and choose new Board members to fill the Hospitals representative and Mental Health Consumer positions.

### **Strategic Planning Discussion**

Food options were reviewed and a decision was made for the Strategic Planning meeting on September 14, 2017.

### **Crisis Center**

The new crisis center is scheduled to open on December 12, 2017. The center is a voluntary de-escalation setting providing 10 beds for men and 10 beds for women, focusing on individuals who are intoxicated or dealing with a mental health breakdown. Meetings will be held with providers, stakeholders, and law enforcement agencies to discuss the criteria of the crisis center. It was suggested to have stakeholders come to a R4BHB meeting for this presentation instead of separate meetings, possibly in November. There will be a ribbon cutting ceremony and open house. It was suggested to have board representation at the ribbon cutting. Chris will invite the Board to a tour of the center before it becomes open.

### **Youth Mental Health First Aid Grant Update**

Tabled

### **FY18 Calendar Review**

Tabled

### **Board Minutes to Members**

Julie reminded the Committee that this will be the first month of 'Going Green' and she will be sending everything electronically and will only be printing out agendas for the Board meetings.

### **Quarterly R4BHB Newsletter & Member Spotlight**

Tabled

### **Tele- Health**

Brandi was approached by a Tele-Health group from Ohio who would like to do a 15-minute presentation to the Board. It was decided to decline this as there are other companies in Idaho and insurance companies that offer this service already. It was suggested to list them or refer them to something – do you remember?

### **Mental Health Mobile Unit**

Brandi expressed concerns as the Mental Health Mobile Unit is only servicing Ada County. Jen informed Brandi that DBH is working on a plan to place a clinician in Mountain Home. Region 2 has a Crisis Center proposal that will not have a physical building as their region is so rural and are developing a unique Mobile Crisis Unit in its place. Participants in this unit would be contracted with hospitals and other facilities.

**Other Business**

A grant application was received for the Board to review and to decide if they would like to pursue. The application will be sent to the rest of the Executive Committee to review and together will make a decision on whether or not to move forward.

**R4BHB Meeting Agenda Review**

Meeting adjourned at 10:30 A.M.