



## **Executive Committee Region 4 Behavioral Health Board**

May 4, 2017 9:00-10:30am

Central District Health Department, Huckleberry Room  
707 N Armstrong Place, Boise

**In attendance:** Jen Burlage, Treasurer; Christina Smith; Elizabeth Francis, Secretary; Brandi Hissong, Vice Chair; Alexis Pickering, CDHD; Jaime Aanensen, CDHD; Rob Howarth, CDHD; Julie Nease, CDHD

**Attending by phone:** Kim Keys, Co-Chair

**Absent:** Rhea Morrison, Co-Chair

Meeting called to order at 9:05 by Kim Keys

### **Attendance Review**

Attendance from the April Board meeting was reviewed. No actions needed.

### **Nomination Committee**

Members who were nominated to retain their existing positions are:

Kris Hoffman – Mental Health Advocate

Steve Graci – SUDS Advocate

Brandi Hissong – SUDS Advocate

Autumm Brechwald – Schools Representative

Elizabeth Francis – Juvenile Justice Representative

New applicants who were nominated are:

Jennifer Browning – Mental Health Advocate

Chris Christopher – Mental Health Service Provider

There were no applications received for the Hospital Representative position that Rhea Morrison will be vacating at the end of June. Rhea is actively seeking a possible replacement for this position. The Valley County Commissioner/Designee position is open as Julie Swanke has resigned. Russ Duke, Director of CDHD, will contact Elt Hasbrouk, Valley County Commissioner, to request assistance in finding a replacement designee. EC members were also encouraged to consider possible candidates through their contacts.

### **Gaps & Needs Discussion**

The new template was received from the Department of Behavioral Health and was provided to the Gaps & Needs committee. The new format will allow the finished report to be more transparent. Julie Nease sent a request to the three committees and to the Board distribution list requesting feedback and supporting data that will help the committee to prepare this year's report. This information is to be sent to Austin Reed at [fcreedam@adaweb.net](mailto:fcreedam@adaweb.net). The committee informed CDHD that the administrative help previously requested will not be needed after all.

### **Peer Wellness Discussion**

Kim Keys conferred with IDHW Deputy Attorney General, Brent King, who reviewed the state statute that Ada County Commissioners indicated is preventing the allocation of funds to the Peer Wellness

Center. Upon reviewing the statute, Brent deemed he could not provide legal advice to the Behavioral Health Board. The suggestion from IDHW was to follow-up with the Idaho Association of Counties (IAC) for legal advice on this issue. Rhea Morrison submitted a request to the IAC requesting additional clarification and potentially a discussion with a representative from the Attorney General's Office. Kim will send a template to Alexis to draft a letter to the IAC which will be reviewed by Monica Forbes prior to submission. Monica will be asked to provide any data to Alexis that will support the letter.

### **Prescription Drug Program Update**

Tara Fouts, CDHD Health Education Specialist, attended a strategic planning session on April 25<sup>th</sup> & 26<sup>th</sup> in Boise. Also in attendance were representatives from the Department of Behavioral Health, providers, legislators, family members and other concerned entities. Four goals were created using a multifaceted approach that seeks to:

- 1) Expand access to Medication Assisted Treatment
- 2) Reduce access to opioids
- 3) Enhance the recovery oriented system of care
- 4) Reduce overdoses and deaths.

Two groups were merged (Office of Drug Policy prescription drug work group and the Office of Drug Policy strategic planning group) to implement these new goals. The Idaho's Response to the Opioid Crisis (IROC) project could receive up to \$2 million per year for two years to expand access to recovery support services and to add Methadone and Suboxone as treatment options. Public health departments will play a role in continuing prescriber education and encouraging active use of the prescription monitoring program (PMP). Tara has already engaged two physician champions and is working with SHIP clinics to gain support. It was suggested to ask CDHD physician champion, Dr. Palmer, to present to the Central Health Collaborative group Jaime was asked to give a report to the Board at their meeting next week.

### **Meeting Room Update**

Julie reminded the committee that the conference room at the Boise Police Department is not available until at least August and asked members to suggest other possible locations. Elizabeth Francis offered to contact the Ada County Sheriff's office to check the availability of their conference room. A few more suggestions were made that Julie will look into.

### **Minneapolis Meeting Update**

Alexis Pickering thanked the Executive Committee for supporting her attendance at the Mental Health and Well-Being through Law and Policy meeting in Minneapolis. Alexis presented to the EC the various topics and issues that were discussed at the meeting. One topic of discussion is the parallel between developmental disabilities and behavioral health issues. Jen Burlage pointed out that Board member Russell Salyards is the developmental disabilities representative from IDHW and can be engaged more on this topic. A Wave exercise was conducted to identify what issues are on the horizon, emerging concerns, defining established efforts, and disappearing practices. Alexis listed a number of topics and practices that are being implemented throughout the country in the behavioral health arena which she would like to see discussions opened up on in Idaho. Alexis established a connection with Dan Aune, Executive Director of Mental Health America Montana, who shared their innovative efforts and suggested that an Idaho chapter be established. Kim asked Alexis to share her presentation with the Board. This will help bring awareness to the needs of our region and what can be done more effectively. A policy agenda was suggested as a main idea and task moving forward. A brainstorming day was also suggested.

### **Establish a Generic Email**

Alexis asked the EC if they would like a generic email and link added to the CDHD website for general inquiries. The committee was in full support of this being created. This email will send all inquiries to

Julie and Alexis to be either addressed or redirected. The links to email individual EC members directly will be removed from the CDHD website. Julie will coordinate this with the IT department.

### **Ongoing Recognition for Tenured Members**

Alexis suggested that members are acknowledged for their tenure and dedication to the Board. It was decided that a member will be chosen on a quarterly basis to be spotlighted at the beginning of the regular Board meeting. A template will be created that will become a slide that will appear on the screen before the meeting to spotlight the member.

### **R4BHB Meeting Agenda Review**

#### **Miscellaneous**

Crystal Campbell sent out the annual contract review letter which stated that the SFY17 Quarter 3 review has been completed and CDHD has met all of the contract requirements. Kim will email Crystal to request a copy of the annual report.

Kim is currently attending a conference in Tennessee which includes discussions on the opioid crisis and will bring back information for Jaime.

Meeting adjourned at 10:26 A.M.