



Executive Committee Region 4 Behavioral Health Board

May 3, 2018 9:00-10:30am

Central District Health Department, Huckleberry Room
707 N Armstrong Place, Boise

In Attendance: Christina Smith, Co-Chair; Jen Burlage, Treasurer; Chris Christopher, Member at Large; Alexis Pickering, Julie Nease; Kim Keys, Co-Chair

Absent: Brandi Hissong, Vice President

Meeting called to order at 9:02

Attendance Review

Attendance from the April 2018 meeting was reviewed. Amanda Leader has missed three meetings. Carlos DeLeon and Chris Christopher have missed two meetings. Julie will check with Elizabeth Francis to see if she has a template letter that she would use when contacting members regarding their missed meetings.

BHB State Call – Canceled

Budget Review

Alexis informed the Executive Committee that the year-to-date budget will be available next month. Personnel expenses are right on track.

Gaps and Needs

The 2018 Gaps and Needs Committee is due to be established. A call for volunteers will be made at the May 10, 2018 R4BHB meeting.

Empty Board Seats

Winslow Gerrish has stated that he will not continue his position on the Board as the Licensed Health Professional. EC reviewed the definition of the Licensed Health Professional and found that it included licensed Mental Health Professionals.

The Prevention Specialist position is to be held by an individual who is a certified prevention specialist. There are very few individuals in Idaho who have this certification, with four specialists residing in the Board's region. Kim shared that Elisha Figueroa will be submitting her application.

Commissioner Seats

House Bill 337 removed the ability for county commissioners to appoint a designee to serve on the regional Behavioral Health Boards (BHB) in their stead. The intent of this change under HB337 was for the commissioners to attend the BHB meetings. However, commissioners may still be able to appoint a

delegate if they are unable to attend board meetings. Rural County Commissioners have limited time and hold full time jobs, making it difficult to attend BHB meetings. House Bill 337 goes into effect July 1, 2018 which provide some time to get more information. Kim will send email to Mindy Oldenkamp to have the discussion added to the DBH state call agenda. Alexis and Christina will be on the call.

Executive Committee FY19 Discussion

Jen, Christina, Kim, and Chris al stated their interest in continuing in their respective roles on the Executive Committee. Rebecca Travis stated previously that she is interested in being Secretary. Brandi's interest is unknown as she was not in attendance.

Marketing Committee

All regional Behavioral Health Boards were invited to participate with the exhibitor table at the Idaho Conference on Alcohol and Drug Dependency (ICADD) on May 22-23, 2018, however all other Boards declined this opportunity. Julie will send out a SignUp Genius to the Board and to committee members so that they can choose their time slot to manage the exhibitor table. Jayne Robinson, ICADD, has requested a list of all volunteers which Julie will provide to her once this has been determined. Two generic badges will be provided by ICAAD

The next Marketing Committee will be held on Monday, May 7, 2018. Christina will be stepping down from the committee leaving James Drake as the only committee member. A formal letter will be sent to all the R4BHB FY19 applicants that are not selected to encourage them to join a committee.

Weekly Announcements Update

Julie shared that she will be changing the format of the Weekly Announcements. The email is becoming quite large and some emails are being returned due to the size. Julie is looking at the Constant Contact program to make the announcements more attractive and easier to navigate through.

Youth Committee Update

Christina, Kim, and Jen attended the Youth Committee meeting on April 19, 2018. The Committee expressed that they are in need of administrative support. The Committee also shared that they are having difficulties with the grant process and timeline requirements to get approval from the EC in order to pursue grants. Most grants are only allowing about three weeks from the announcement to the application deadline. The Youth Committee felt that they were being pressured from the Board to pursue grants which Christina, Kim, and Jen cleared up this misconception. The EC team and the Youth Committee talked about looking at grants a year in advance in order to have information ready to submit when grants open up for applications. There was a discussion about not singularly pursuing grants, but to balance it with grass root efforts and intersectional collaborations with communities such as St. Luke's Medical Center and Blue Cross to manage the grant programs.

Suggestions were made to look at recruiting interns for administrative support. Christina stated that at Northwest Nazarene University (NNU), Master of Social Work students are required to obtain 200 macro hours in their second year of internship. NNU may be able to provide multiple interns to help in various aspects of the R4BHB. It was suggested that the Youth Committee contact NNU to see about obtaining an intern. Alexis will check to see if CDHD can provide office space for an intern. Kim stated that she has desk space that can be used by interns. Jen will also check to see if IDHW can provide desk space as well. Christina will provide NNU contact information to Mechelle Wilson.

If and when the Youth Committee applies for other large grants, Alexis would prefer to be looped into the committee's conversations as soon as they know they will apply for them so she can help with the

grant writing needs/CDHD requirements It was suggested that the Youth Committee look at partnering with other agencies when looking at large grants.

R4BHB Meeting Agenda Reviews

The May and June agendas were reviewed. Christina requested to add Thomas Hickey, D.C. to the June agenda to present on nutrition and addiction recovery.

The Office of Drug Policy Prevention grant has been approved by all seven regional Behavioral Health Boards.

Meeting adjourned at 10:29 A.M.