



Executive Committee Region 4 Behavioral Health Board

March 2, 2017 9:00-10:30am

Central District Health Department, Huckleberry Room
707 N Armstrong Place, Boise

In attendance: Rhea Morrison, Co-Chair; Kim Keys, Co-Chair; Christina Smith; Brandi Hissong, Vice Chair; Jaime Aanensen, CDHD; Julie Nease, CDHD
Absent: Jen Burlage, Treasurer; Elizabeth Francis, Secretary

Meeting called to order at 9:00am by Kim Keys

Attendance Review:

Dr. Winslow Gerrish has missed three meetings. He had sent an email to Julie informing that he did not have the meeting on his calendar and did not intend to miss the February meeting. He expressed that he shouldn't miss any future meeting through June. No action will be taken.

Elizabeth informed the committee that she has not received a response from Jim Meldrum to the letter she sent regarding his absences. Kim will follow up with Jim to find out he intends to continue on the board.

Elt Hasbrouk will not continue in his board position due to other commitments. Julie Swanke from Cascade Family Practice has agreed to be the Valley County designee. Alexis will meet with Julie for her Board orientation on March 9th. Julie will prepare a certificate of appreciation for Elt. Julie will also invite Elt to come to the next meeting and the Board social hour on March 9th.

Alexis met with new board member, Commissioner Rick Visser, Ada County representative. He does not have behavioral health experience and his focus area has been on land use. He informed Alexis that he will not attend 2 to 3 meetings due to an upcoming health matter. A designee is expected to be appointed in his absence.

Respite Update:

Central Office announced that respite services will be covered under Medicaid and will be eligible for a federal match. This announcement will be included in the EC report to the Board. Carol Dixon came to a respite meeting after conducting some research on other states which she reported on the different programs of those states. Kim wanted to ensure everyone involved with respite is aware of this change. Kim stated that the BHB needs information on the respite budget.

Bylaws Update:

Discussion was held on the wording to be used to amend the bylaws.

Action item: The Board voted to add wording to amend the bylaws as follows:

"The Board shall hold one business meeting each year where the agenda is to review the R4BHB bylaws, code of conduct, and conflict of interest forms and open meeting law."

Gaps & Needs:

The Gaps & Needs Analysis will need to be reviewed. Concerns were expressed as to the use of the Gaps & Needs report. Christina reminded that the committees use this report as their foundation.

Action Item: Assign lead person to review and update the Gaps & Needs Report.

Mental Health Strategy Meeting in Minneapolis

The Network for Public Health Law reached out to Alexis and has awarded her a \$500 scholarship to attend their Promoting Mental Health and Well-Being through Public Health Law meeting that will be held in Minneapolis in April. Jaime asked the EC if the R4BHB can approve the use of their funds to match the scholarship amount of \$500 to cover Alexis's expenditures. Discussion was held along with the review of the bylaws which determined that the EC can vote on this expenditure. Kim moved and Rhea seconded to send Alexis to Minneapolis using Board funds in the amount of \$500. All in favor

BCIF Grant Update

Jaime shared that Alexis has scheduled a call with Kendra Witt-Doyle at Blue Cross to update Kendra on the progress of the grant activities. The Speedy Foundation has scheduled a separate meeting with Kendra. A press release has been issued announcing the grant. A meeting is scheduled today with Bevin Modrak, Amanda Leader, and Christy Sofaly to discuss the need to appoint a lead person to coordinate this project. The R4BHB does not have the funds to pay CDHD staff to be this lead person. Kim will call in to this meeting to address this issue. The committee will meet next Tuesday at 10:00am at IDHW-Westgate.

Prescription Drug Grant:

Jaime shared the following report from the DBH update:

21st Century Cures Act

In early December, Congress passed the 21st Century Cures Act. Among several other provisions, this Act provides \$500 million dollars for states to fight the opioid epidemic. Of this, Idaho is eligible for up to \$2 million per year for 2 years. Idaho's application has been submitted. The name of our project is "Idaho's Response to the Opioid Crisis (IROC)". It is anticipated that funding will be awarded by SAMHSA sometime in April or May of this year. Our application includes a four-pronged approach:

- Introduce publicly-funded Medication Assisted Treatment (MAT) to Idaho by adding Methadone and Suboxone to the array of treatment and recovery support services that are currently available through the BPA network.
- Reduce access to opioids and prevent overdose deaths through training and improved tracking tools for medical professionals.
- Enhance the recovery oriented system of care which will broaden the boundaries of the traditional treatment system and offer enhanced peer support for individuals struggling with Opioid Use Disorder (OUD).
- Increase the use of Naloxone to reverse opiate overdoses.

The Public Health Districts (PHDs) were included in this grant proposal and if successfully awarded, will receive additional funds to enhance our PDMP work.

Jaime stated that Idaho will likely be awarded this funding. PHD's will work with prescribers to promote the use the prescription drug monitoring program. Rhea has talked with Russ Duke of CDHD about the interface of that program is very difficult to navigate through which is a deterrent for prescribers. The Board of Pharmacy received a subgrant from the CDC prescription drug abuse prevention grant. The Office of Drug Policy is developing a strategic plan to address prescription drug overdose prevention.

Board Terms & Applications:

Julie shared that she has received notice from Greg Dickerson that he does not plan to reapply for his board position. Julie will send out a reminder that applications are due by March 31st. Rhea stated that she does not feel that she meets the criteria for her current board seat as her position with St. Luke's has changed. She will contact Dr. Sam Pullun to see if he is interested in applying. Rhea is considering applying for another board seat.

Engagement Survey Results:

The EC reviewed results of the engagement. Results showed that members would like to identify and establish achievable goals. A large percentage of members would like to have more involvement in Board activities. However, very few members stated that they would like more responsibilities. Many comments were made about increasing marketing efforts.

Action item – Call for a community marketing team.

Miscellaneous Items:

Kim stated that she would like to have a live feed of the board meetings. Equipment would need to be purchased in order to do so.

Action item – Possibly purchase equipment for live feed.

Action Item – An acronym list is to be created.

Julie had difficulties establishing a Doodle poll to schedule the Peer Wellness Center sustainability meeting. She will call Monica Forbes to get dates and times that she will be available in order to start a Doodle poll for this schedule this meeting.

Brant Gibson sent a Linked In request looking for information on board efforts on safe and sober housing. Brandi and Kim will reach out and invite Brant to a board meeting.

R4BHB Meeting Agenda Review

Meeting adjourned at 10:35am.