



Executive Committee Region 4 Behavioral Health Board

February 2, 2017 9:00-10:30am

Central District Health Department, Huckleberry Room
707 N Armstrong Place, Boise

In attendance: Kim Keys, Co-Chair; Rhea Morrison, Co-Chair; Elizabeth Francis, Secretary; Christina Smith, Member-At-Large; Jen Burlage, Treasurer; Brandi Hissong, Vice-Chair; Jaime Aanensen, CDHD; Julie Nease, CDHD

Meeting called to order at 9:00am

Attendance Review:

Jim Meldrum has missed three meetings. Elizabeth will email a letter to Jim to see if he has any interest in remaining on the Board or should IDOC suggest someone else for this position. Elt Habrouk has missed three meetings. He usually notifies when he is not attending but no notification was received for the January meeting. Jaime will see Elt at Board of Health meeting and will discuss concerns and offer suggestions.

BHB State Call

Ross discussed the governor's budget and what will be asked for along with what bills will be going out on the Legislative floor. Eleven million is being requested to focus on the parolee population. There is a request to build a children's state hospital in the Treasure Valley to be ran by the state which will eventually house an adult special needs unit. An increase for substance abuse providers was requested. Two million was also requested for mental health providers to provide housing opportunities. A request was made to be effective immediately for 11 new staff for YES at Central Office and 7 new staff to start in July, one for each district. More info will be available after the next meeting. Jen will ask Ross to come to the April meeting to present to the Board. Jen will also ask for minutes which she will share.

Delegate Meetings & Letter Update

Last week board members met with the state offices of Congressional staff: Rep. Simpson, Sen. Risch, Sen. Crapo and state legislators: Sen. Hill and Rep. Wood. The meetings with the delegates went well. The groups were able to talk about concerns but it was unclear how the discussions will affect the delegate's views. The delegates all seemed to understand the importance of replacing the ACA instead of repealing it. Ms. Smyser, with Sen. Risch's office, will do a walk-about with Monica at the PEER Wellness and Recovery Center. Sen. Crapo asked for the R4BHB to come up with a plan for replacing the ACA and to submit it to him, which seems to be a difficult and impossible request. Rep. Simpson would like open communications with the Board and would like to be notified when ACA discussions are on the agenda so that she can plan to attend. It does not appear that Idaho will place any focus on the Close the Gap efforts on the legislature's side as they dismiss any discussions on the topic. Representatives didn't seem to understand block grants and how they affect rural areas. Follow up letters will be sent. Kim will provide talking points to Rhea for letters.

Contract Review Report

Kim informed that we have received the Contract Review Report from Crystal and that there were no findings for this period.

Budget Review

Jen asked if we are anticipating a \$7,000 carryover. Jaime informed that there will likely not be any carryover this year and that CDHD is on track to go over budget primarily due to personnel expenses. We will have the \$14,500 carryover from previous years. It was suggested to look at Alexis's and Julie's duties. The question was raised if it is cost effective for Julie to be taking minutes at YBH committee meetings and possibility of putting this responsibility back on the committees. The EC was in agreement that committees should be responsible for taking their own minutes. Rhea suggested issuing charters for committees to follow in order to keep them in focus and in the right direction. Some of the responsibilities that Alexis has could be passed on to Julie. The EC would like review and develop a better understanding of Alexis's and Julie's roles in order to give better direction as to what is to be accomplished.

Jen shared that in the last month discussions have been held indicating that respite care may become a reimbursable service. The YES campaign has been effective as this is huge. If Idaho puts more programs under Medicaid, larger funding amounts can be obtained to cover those services. Respite services are currently independent and fall within the CTG? range. Currently, of the 26 services in that are required as a result of the Jeff D lawsuit Idaho only provides six. Jen can do another YES presentation at the April board meeting and see if Ross could attend as well. Jen is attending a meeting next week where respite will be discussed further and she can provide more information at the next BHB meeting.

Title 39 Discussion

PEER Wellness Recovery Center is in trouble and may be closing their doors by end of March 2017. Monica is asking: Is the R4BHB willing to donate money and/or sponsor a program within the PEER Recovery Center? Concerns were raised about a possible conflict of interest. Even though it's sticky, the BHB should find a way to help support the PEER Wellness Recovery Center, even if that means that Monica would need to step down from the board. Conflicts will arise if we enter any contracts with the Center. Kim asked Monica to send their budget plan, which she did. The budget plan reflects their income source coming in from donations. Concerns were voice about their sustainability. Federal funds were pulled as the Center didn't meet minimum benchmarks points. Monica has been in conversations with the city council and the mayor along with county commissioners as the population served is tied to the homelessness issue. The need to support recovery efforts directly affects the homeless population. Monica has also been in contact with Bill Roscoe of the Boise Rescue Mission, The United Way and with other organizations in attempts to find solutions. It was suggested to go to Boise Police Department as they have programs that focus on the same issues. Jen suggested that Alexis and Julie could possibly provide some administrative support. Kim stated that she is not in support of giving money but wants to give sustainable support. It was suggested for Monica to meet with Kim, Alexis, Jaime, and Rhea to develop a charter or project plan that will help give them direction. A suggestion was made to find a nonprofit that can help Monica with business plan. The SBA may be able to provide help with this. The BHB could possibly assist in obtaining a grant writer.

Board Expansion to add LGBTQ Representative

Kim would like add a position to the Board to represent the LGBTQ community. Discussion was held to determine what would be required to add this position which could possibly be a Legislative decision. Region 7 has added an ex-officio Native American representative to their Board and this would be in the same respect. The EC is in support of this addition. Representation for the refugee population was also suggested. Jen will make inquiries about adding positions to the Board and will discuss at this at the March meeting.

BCIF Grant Update

Alexis was to meet with Amy and Steve to discuss the implementation of the mental health first aid trainings; however Amy had surgery so meeting did not take place. The Youth Behavioral Health committee meets this Tuesday where discussions will continue. The press release has not gone out yet and is being developed by Blue Cross of Idaho. Kim mentioned that board may need to step in to help. Michelle Wilson has allotted some extra time to work on the grant project. Alexis was allotted 30 hours.

Updating Board Member Binders

Julie informed the EC that because there have been additions to the Board binders over the years, there needs to be a new table of contents issued. Jen loaned her Board binder to Julie so she can review an original binder to ensure that the TOC will be reflective of all binders. Julie also informed the group that she has finalized the Member Contacts and will distribute copies to members at the next meeting. This will also be emailed along with an updated meeting schedule that reflects the change for the March meeting.

Expiring Members

There are eight seats whose terms will expire this year. Notice will go out to these members informing them that they will need to complete a new application to show interest in continuing on the Board. These positions will be opened to the public. Julie will send current members their original applications for reference. Timeline for the application and nomination process:

- Applications are due by March 31st
- Nominating Committee will meet the first week in April
- Announce new members at April 13th Board meeting
- Announce EC nominations coming in May @ April 13th Board meeting
- Executive Committee nominations and elections at May 11th Board meeting

Engagement Survey Results

Tabled to March EC meeting

BHB Member Appreciation/Social Hour for March at Berryhill

Julie announced that reservations have been confirmed at Berryhill. Jen confirmed that we have DHW room from 2-4 PM on March 11, 2017

R4BHB Meeting Agenda Review

Meeting adjourned at 10:35 AM