



### **Executive Committee Region 4 Behavioral Health Board**

Nov. 3, 2016 3:00-4:30pm

Central District Health Department, Huckleberry Room  
707 N Armstrong Place, Boise

**Attendees:** Kim Keys, Chair; Christina Smith, Member at Large; Jaime Aanensen, CDHD; Alexis Pickering, CDHD; Julie Nease, CDHD; Jennifer Burlage, Treasurer (via phone); Elizabeth Francis, Secretary (via phone)

**Meeting called to order at 3:10 p.m.**

#### **Board Attendance Review:**

Attendance from last board meeting was reviewed. No actions needed.

#### **BHB State Call**

The BHB State Call was held on October 27, 2016. There is a new Gaps and Needs form and is due 9/1/17. DBH will provide the Board with “legislative tool kit” that will be mailed out. Talking points will be presented to the Board instead of sending a representative. A Dropbox is to be established for youth mental health subcommittees. Region 1 has sent a letter to the tribe to recruit an ex-officio member to their board. DBH will send out monthly updates to board contacts. If we have questions or would like for them to come to a board meeting, we can make those requests. Office of Drug Policy received feedback from the Boards that they are not receiving enough information from ODP. They will send out information to each region. Jen agreed to present the State Call talking points at the BHB meeting.

#### **Rhea Leave of Absence & New Meeting Time**

Rhea Morrison will take a leave of absence from her role as Co-Chair and will resume her duties in January 2017. She will continue to receive correspondence in order to keep abreast of board happenings. Kim will make this announcement at the BHB meeting. The Executive Committee unanimously approved Rhea’s leave of absence.

The Executive Committee has established a new meeting time of 9:00 to 10:30 a.m. that will take effect on the January 5, 2017 meeting.

#### **Respite Update**

The Respite Committee held a meeting with CDHD and IDHW. Ross asked for a white paper to be presented to the CDHD. Kim stated that the presentation of the model needs to be done for the board and to the CDHD. Kim will update BHB that the workgroup is doing more investigating and will have an update in January. Michelle and Jen are currently providing a respite services through IDHW though they are very limited.

### **Youth Behavioral Health Committee – Grant Application**

Amy Jeppesen (via phone) informed the EC that the YBH Committee has decided to apply for the Blue Cross of Idaho Youth Mental Health Training Grant. These grants will be awarded up to \$20,000 each. Purpose is to develop a program to provide Mental Health First Aide training to educators. Phase one of the proposal includes approaching 5 schools in Valley and Boise Counties to provide the first aide training to teachers. Phase two is to ignite the interest to continue a training program. This will require schools to have 2 trainers who will take on the program and could train teachers. This training would also be open to the public at a fee to help offset the costs. Phase 3 would be to provide first aide for parents to give tools to use within the home and be part of a corrective action plan. There is the possibility of partnering with Speedy foundation or Lifeways to help communities continue program. Optum has offer financial support. Aaron Darpli will reach out to school superintendents to find interest and support.

The EC asked to include Elmore County since there is a great need for this program. EC is in full support of the grant request. The application and proposal will need to be vetted through CDHD. Executive Committee offered a letter of support from the board. It was suggested that the Board do an annual fundraiser or to look at other ways to keep this program sustained. Amy is hoping this will be a pilot program that can be rolled out in other rural communities throughout the state. The proposal will be submitted by the 12<sup>th</sup>. CDHD needs to be the fiduciary. The EC is very excited about the concept.

### **BHB Vacant Position & Accepted Vice Chair**

Julie will send out a recruiting request to the Board again with a closure date of November 25<sup>th</sup>. Julie will send out all applications to Nominating Committee after November 25<sup>th</sup>. Autumm Brechwald has submitted her application for the position. Julie will email to Autumm to let her know the committee will meet the first week of December to choose the new board member. Brandi Hissong accepted the Vice-Chair nomination

### **Letter of Support for Close the Gap**

EC/Chair will sign the letter. Another letter will be drafted to support the Blue Cross grant after CDHD approves it.

### **Policy Intern Idea**

Legislative updates will be sent out and so this may not be needed. Peer Wellness Center is looking for grants. Alexis will work with Monica Forbes on identifying and searching for those grants with help from the RC&D.

### **BHB Website Discussion**

CDHD is still working on the new website and is expecting it to be another couple of months. Surveying the Board for feedback will be postponed until after the new site is available.

### **Data Workgroup**

Kim stated that the workgroup needs to be established and what kind of system is needed to collect data. Alexis will go to RC&D to request a grant for a site that we can store the collected information. Jaime said that BSU supports a data base for another program that costs about \$40K per year, though they do more than just store info. Kim will email Alexis the idea of model for data collection to approach RC&D.

### **R4BHB Meeting Agenda Review**

Meeting was adjourned at 4:45

