



Executive Committee Region 4 Behavioral Health Board

November 2, 2017 9:00-10:30am

Central District Health Department, Huckleberry Room
707 N Armstrong Place, Boise

In Attendance: Kim Keys, Co-Chair; Christina Smith, Co-Chair; Brandi Hisson, Vice Chair; Chris Christopher, Member-at-Large; Elizabeth Francis, Secretary; Alexis Pickering; Julie Nease

Absent: Jen Burlage, Treasurer

Meeting called to order at 9:07 AM

Attendance Review

Attendance from the October Board meeting was reviewed. Monica Forbes has missed two meetings as of October. Elizabeth will reach out to Monica to let her know.

BHB State Call

Christina listened on the call for October. Regions throughout the state are working on developing their strategic plans and gaps and needs reports. Region 6 held an educational forum featuring four speakers on children's mental health with county commissioners and other stakeholders in attendance. Region 2 shared that the Oxford House will be opening soon. Region 7 shared that Melanie Flowers of the National Guard and of Children's Services would like to coordinate a training in Idaho Falls with a focus on accelerated resolution therapy. The training will cost \$1500 per person. A non-profit will be created to reduce cost to \$500. Region 7 asked all regional boards to partner in hosting the training. Background checks for board members were discussed. One district had a registered sex offender on a sub-committee. The Executive Committee discussed the expense of background checks.

Marketing Committee Update

Bevin Modrak of Optum would like to provide a showing of the movie "Resilience" to the Board. It was suggested that the 2018 Meet and Greet could be based around the showing. The Executive Committee would like the Meet and Greet to be separate from a film showing. The next social hour on January 11, 2018 will be formed around a viewing of the film "Resilience." The regular Board meeting time will be changed to 2:00 PM – 4:00 PM to accommodate.

Teri Carrigan would like the Board to team up with Recovery Idaho for a legislative event that they are planning. More information is needed before deciding.

The Marketing Committee would like to have a calendar available on the R4BHB webpage. Julie has started the process to create a Google calendar. The calendar will be managed through the R4BHB Google account that Julie established. The Marketing Committee and Julie will have access to the account and have rights to make changes to the calendar.

Grant Procedure Update

Alexis and Jen met to review policy pertaining to the grant application process. Alexis and Jen developed a new "Request to Apply" form for local grants under \$25,000. The new form was shared with the Executive Committee for review and edits were made. The edited form will be shared with the Youth Behavioral Health Committee for further comment. State or Federal grants that meet or exceed \$25,000 will continue to use the old form.

Strategic Planning Worksheet

The Strategic Planning Worksheet was reviewed. Kim would like for Board members to become familiar with editing the working document by adding notes and comments of progress. Edits were discussed to make the worksheet easy to follow, allowing space for Board members to enter their comments freely. Current objectives will be highlighted. The worksheet link will be sent weekly to members to enter their input on legislative issues for the Board to address.

Crisis Center Tour Reminder

The Crisis Center tour is scheduled for tomorrow, November 3, 2017. The tour will be attended by Board members along with various government officials and stakeholders.

R4BHB Meeting Agenda Review

Gina Westcott will be invited to the January Board meeting to discuss the 2008 WICHE Needs Assessment. Julie will send the assessment to the Board.

Julie will email Monica Forbes and Don Hayes to provide the Wellness and Recovery sub-committee report at the November 9, 2017 meeting. Monica and Don will be asked to review Representative King's bill and discuss how it will impact the Recovery & Wellness Center.

Adjourned at 10:45