

Executive Committee Region 4 Behavioral Health Board October 5, 2017 9:00-10:30am Central District Health Department, Huckleberry Room 707 N Armstrong Place, Boise

In Attendance: Jen Burlage, Treasurer; Kim Keys, Co-Chair; Chris Christopher; Elizabeth Francis, Secretary; Alexis Pickering, CDHD; Brandi Hissong, Vice-Chair; Julie Nease, CDHD

Absent: Christina Smith, Co-Chair

Meeting called to order at 9:03

Attendance Review

Elizabeth will let Russell Salyards know he has missed two meetings as of September.

BHB State Call

Jen listened in on the call for October. Regional Boards provided their respective updates. Region 7 has distributed Narcan to emergency responders. Region 3 is working on proposal for a new crisis center. Recovery Month events were held in all regions. The Planning Council has received the gaps and needs reports from all regional Boards and is now preparing the information for the governor's report. A continuing action plan is being developed. Regional Boards can submit a highlights of accomplishments to be included in governor's report and are due October 20, 2017. Kim will ask Austin Reed to provide this information.

DBH Central Office Monthly Update of BHB's is attached.

Marketing Committee Update

Authorization of purchases will be required to be approved by the Executive Committee. Julie will provide purchasing information and vendor contacts that CDHD has available to the Marketing Committee. The design and research of promotional and event items will be conducted by the Marketing Committee and Board members will be asked to assist with projects. The Marketing Committee can pursue donations of services and event registrations.

The Region 4 Meet and Greet is planned for February 2018. A CHIF grant may be pursued through St. Luke's to cover the expenses.

The Marketing Committee has three members, Christina Smith, Carlos De Leon, and Teri Carrigan. Board member participation is being requested.

Strategic Planning Discussion

Kim has a meeting with Gary Raney to discuss how to keep the momentum going. The strategic planning worksheet will be sent out to Board members. Jen suggested to invite the sub-committees to a board meeting to be included in on discussions.

Youth Behavioral Health Committee

Amy Jeppesen, Co-Chair of the Region 4 Youth Behavioral Health Committee reported to the Executive Committee that the YBHC is actively looking for grants and has recently applied for a grant through St. Luke's. Most grants that are considered are smaller community grants that usually have a 30-day window from announcement to closing which does not allow for the current eight-week requirement to obtain approval by the Executive Committee prior to applying for grants. The eight-week requirement for Executive Committee approval will be changed to four weeks for grants under \$20,000 and CDHD (Alexis) must see a draft at least two weeks prior to the deadline. Jen, Alexis and Julie will edit the grant proposal application document to make it easier for the committees to use. For grants over \$20,000, the eight-week requirement will remain.

Amy stated that the press release for the Blue Cross grant did not mention the YBHC. Blue cross wrote the press release and was asked by Alexis to amend it prior to going public, however the amendment was not done. The EC and Alexis will make a concerted effort in having the committee be recognized when a press release is created due to the hard work of the committees.

Kim and Amy discussed ways the YBHC can work with Kim Kane at SPAN to pursue possible funding for implementing The Good Behavior Game in elementary schools.

Steve Graci has stepped down as Co-Chair and Mechelle Wilson has filled this position.

Peer Wellness Center Update

Association of Counties Summit Update

Kim, Christina, Austin, and Russell attended the Association of Counties Summit. The summit was well attended and had representation from county commissioners, sheriff's offices, hospitals, legislators, along with many other stakeholders. Crisis centers and peer wellness centers were discussed. Representative King has a bill that will support peer wellness centers. Kim was approached by legislators to discuss the concerns with reimbursements for services. Kim informed the legislators that reimbursement is a challenge due to current policies. Kim learned that GIS software platform may be able to store data and Boise State University may also be able to help.

Budget Discussion

Personnel costs in May and June were high due to special projects. July and August expenditures are on track. Travel reimbursement is high but can be adjusted to meet needs. Kim expressed concerns that Alexis and Julie are available to everyone which consumes too much of their allotted time. Emails will now be cc'd to her and Christina to help deter overuse of their services by Board members. Kim would like Alexis and Julie to have job descriptions in order to simplify whether or not a task should be assigned to them.

Discussion was held on streamlining grant management. Jen suggested that committees fill out a reflection on how the grant's objectives or process can improve. Mechelle will draw up a follow-up form for grants.

R4BHB Meeting Agenda Review

Adjourned 10:44 A.M.