



Executive Committee Region 4 Behavioral Health Board

May 2, 2019 9:00-10:30am

Central District Health Department, Clearwater Room

707 N Armstrong Place, Boise

Call in number 321-2337

Meeting called to order at 9:01am

In attendance by phone: Kim Keys, Chair; Chris Christopher, Member-at-Large; Rebecca Travis, Secretary; Jen Burlage, Treasurer

In attendance in person: Carly Doud, CDHD; Caroline Messerschmidt, CDHD; Jaime Aanensen, CDHD; Stephanie Pustejovsky, ODP; Marguerite Grabarek

Partnership for Success Grant: Stephanie Pustejovsky with the Office of Drug Policy (ODP) visited Central District Health Department (CDHD) for Caroline's site visit and attended the first part of the Executive Committee meeting to address the Partnership for Success grant.

Caroline is working on getting all professional service agreements in place for everything involved with the FY19 action plan. She received the Detera packets/gallon buckets, and will be putting a sticker on the packets about stimulant use before they are distributed. She will begin distributing the packages at Mountain Home's "Craze Days" event on May 18, 2019. Last week Caroline took the "Be the Parents" conversation cards to an event at the Boys & Girls club, which had a lot of excitement. Caroline is also working to solidify the media company for the "Be the Parents" campaign.

Caroline is continuing to work on the FY20 budget. She is focusing on filling in gaps for counties and towns that didn't get as much support in FY19. She is working on creating a partnership with Valley County, and Valley County has a workgroup that is looking at the Icelandic Model. This model was used to almost eradicate drug use (54% to 5%) in Iceland. The researchers that worked on this project work at Boise State so there are many opportunities for partnership. Caroline will be bringing all these updates to the BHB meeting next week and will have a half sheet for legislators to take away.

Attendance Review: Elisha and Russell both had their fourth absence at April's meeting. Elisha had let Rebecca know that she wasn't able to make April's meeting because of the time change. She stated it shouldn't be a problem to attend the rest of the meetings but she sometimes has to travel for work with little notice. Rebecca didn't hear back from Russell and will email him again. If they are unable to attend this month's meeting then the EC will consider sending them a request for termination. Laura Kiehl has had three absences however this was because of maternity leave. Chris has had three absences but stated he does not foresee any conflicts with the upcoming meetings.

R4BHB 2019-2023 Contract Review: The 2019-2023 R4BHB contract has been signed and May 1, 2019 was the first day of the contract. After the EC's discussion with Anne Bloxham at last month, no major changes were made to the contract. Jaime and Carly discussed with the Executive Committee that it is

best to continue to discuss any grant opportunities that come up, as CDHD can provide grant-writing support but doesn't have the bandwidth or staffing to write grants from scratch. The EC discussed the option of using a grant writer. Carly let everyone know that she emailed all of the grant writers that she had contact information for. Two of the emails bounced back, and one person emailed her back letting her know that she is not taking new clients. Kim emailed Carly new contact information for Jennifer Simon, and Carly will reach out to her. The EC also suggested emailing the board to request any grant writer recommendations.

Action items:

- *Carly to contact Jennifer Simon about using her as a grant writer in the future*
- *Carly to email board members asking for any grant writer recommendations.*

Open Board Seats: The board currently has openings for the SUD Parent, Mental Health Parent, Hospital Representative, and SUD Service Provider seats. We have received four applications that fill the SUD Parent, MH Parent, and Hospital Representative seats. Some of the applicants have expressed interest in being on the Executive Committee so if the Appointing Committee can make a decision on the applicants before Thursday's meeting, then one of the new members may be able to sit on the Executive Committee.

Action items:

- *Carly to send a Doodle poll to the Appointing Committee to try to find a time to review applications before May's meeting.*

Mental Health Awareness Month Nominations: Jen stated that the board submitted at least one nomination for Mental Health Awareness Month. She stated she will talk to Rosie at a conference they are both attending about getting the award to hand out at May's meeting.

R4BHB Meeting Agenda Reviews: The May & June meeting agendas were reviewed and updated. Amy Korb will be invited to the June meeting to discuss the IIBHN conference. The board will also discuss tips for building relationships with legislators at the June meeting.

Action items:

- *Carly to invite Amy Korb to the June BHB meeting*
- *Carly to create a legislator "toolkit" to be discussed at the June meeting using Kim's talking points*

Meeting adjourned at 9:47