



Executive Committee Region 4 Behavioral Health Board

February 6, 2020 9:00-10:30am

Central District Health Department, Syringa Room

707 N Armstrong Place, Boise

Call in number: 1-855-291-0679

Meeting ID: 8547

Meeting called to order at 9:00am

Attendees by phone: Ellen Afflick, Chair; Chris Christopher, Member-at-Large; Monica Forbes, Secretary; Carly Doud, CDH

Attendance Review: Carly reviewed the attendance with the Executive Committee. Both Diana and Ellen had work conflicts and had their third absences. Ellen is making some adjustments at work and will be able to attend the meetings on a regular basis.

2020 Meet & Greet Follow Up: The Executive Committee shared their thoughts about the 2020 Meet & Greet. Carly stated that there were two legislators in attendance which is less than we hoped for so we will re-strategize for next year. Monica stated that it can be difficult for legislators to attend as they are so busy and have a lot of conflicts during the legislative session. Christina was able to talk to Representative Sue Chew about some ideas to engage more legislators for next year. She stated that there is a building behind the capitol that she has attended events at. Representative Chew stated that this is a convenient location for legislators as it is so close to the capitol. She also suggested having an award at the event as an incentive for more people to attend. Carly also debriefed with her manager Laura who also had some great ideas. Laura suggested to look into videotaping the panel next year and to end the event with an "ask" for the attendees. Carly stated that she is working on thank you cards and a post-survey to be sent out to all attendees.

IIBHN Conference Sponsorship/Scholarship: Last year, the board sponsored the IIBHN Conference and paid for a board member to attend. The board has the opportunity to sponsor the conference this year and send a board member. If the board would like to do this, we can either pay for a small sponsorship and a ticket separately, or sponsor the event at \$1,000 which includes one conference registration.

Strategic Planning: The board decided that after the Meet & Greet it would be a good idea to update the strategic plan. We were originally going to do this in February, but the agenda started to fill up and there wouldn't be adequate time to work on it. The Executive Committee decided it would be best to start brainstorming ideas during the February meeting, and dedicate the entire March meeting to strategic planning. The Executive Committee also discussed that it would probably be a good idea to extend the meeting from two hours to three hours. This will be added to the February agenda and voted on by the board.

Open Discussion: None

R4BHB February/March Meeting Agenda Reviews: The February and March agendas were reviewed and updated.

Meeting adjourned at 10:15am