



Executive Committee Region 4 Behavioral Health Board

January 3, 2019 9:00-10:30am

Central District Health Department, Huckleberry Room

707 N Armstrong Place, Boise

Call in number 321-2337

Meeting called to order at 9:02am

In attendance: Kim Keys, Chair; Amy Korb, Vice-Chair; Jennifer Burlage, Treasurer; Alexis Pickering, CDHD; Carly Doud, CDHD; Caroline Messerschmidt, CDHD

Absent: Rebecca Travis, Secretary; Chris Christopher, Member-at-Large

Attendance Review: Fred Kesler has been absent from four meetings. Kim stated he reached out to her last year about a potential issue regarding his attendance so she will follow up with him. Elisha Figueroa had her second absence, and Kyle Davis had his third absence.

Action Item:

- *Kim will reach out to Fred regarding his attendance.*

Meet & Greet

Invite list: Carly reviewed the invitation list with the Executive Committee. She updated the committee to let them know that many invitations have been sent out but some emails are still missing. So far about 15 people have RSVP'd that they are attending the event.

Action Items:

- *Carly and Alexis will meet to review the invite list*
- *Carly will forward the link to the invite list to the Executive Committee*

Talking points: Carly showed the Executive Committee a summary of the policy priorities that the Board members identified at December's meeting. The top priority listed was housing, followed by prevention, offender/P&P re-entry, and transportation. Kim will use the policy priorities document to create a list of talking points for the Board members to use at the Meet & Greet.

Action items:

- *Carly to send Kim the policy priorities document*
- *Kim to create talking points based off of the policy priorities*

Sponsors: So far St. Luke's has committed to sponsoring the event at \$1,000, Empower Idaho has committed \$500, CDHD has committed \$200, Recovery 4 Life has donated \$100, and Optum has agreed to sponsor the caterer for the event at \$700. Optum will be working directly with the caterer, Rita for payment. At last year's Meet & Greet there were flowers/vases at throughout

the venue. Amy volunteered to pick up the flowers from Costco and Jen volunteered to get the vases from Michael's. We will plan on having 10-12 arrangements throughout the venue. We will also need to provide our own linens, so Carly will work with Dawn Irons, CDHD to reserve these. Kim asked Carly to print out thank you cards listing all of the sponsors to put in each of the vases. At this point we have enough sponsorship dollars to cover the cost of the event. Kim stated the live music will be \$200 for the night.

Action Items:

- *Amy to pick up the flowers from Costco*
- *Jen to pick up the vases from Michael's*
- *Carly to work with Dawn Irons to rent linens from Tate's Rents*
- *Carly to print thank you cards for the sponsors*
- *Carly to create a requisition for flowers, vases, name tags, zip lock bags, and for music.*

SignUp Genius: So far only a few Board members have signed up to volunteer at the Meet & Greet. A reminder will be sent out to the Board on Monday, and it will be further discussed at the Board meeting.

Policy priorities: This agenda item was discussed during the talking points conversation regarding the Meet & Greet.

HRSA Grant Follow-Up: Alexis updated the Executive Committee regarding the HRSA grant. She let the EC know that Nicole Fitzgerald is being replaced by Melinda Smyser as Administrator of ODP, and they decided not to apply for the grant but would be happy to supply a letter of support. Alexis discussed the grant with Kim, and given the fact that we were a week or two away from the deadline and the application would take a lot of time and effort to complete, it was decided to not apply for the grant.

BHB Member Seat Opening: Carly updated the Executive Committee on the BHB member seat openings. Our current openings are for the SUDS Family Member and SUDS Parent seat. So far we have received two applications for the SUDS Family Member seat, and none for the SUDS Parent seat. Jen had brought up the idea that we could possibly do some switching, as many of our Board members qualify to fill more than one seat. Monica Forbes currently fills the SUDS Consumer seat, but also qualifies for the SUD Parent seat. It was discussed that it would probably be more difficult to fill the SUD Consumer seat if we moved Monica to the SUD Parent seat. Kim however had the idea that we could look at previous applications to see if anyone that that has previously applied to be on the Board would qualify for the SUDS Parent seat. These applications will be reviewed, and if anyone qualifies they will be reviewed by the Appointing Committee after the Board meeting next Thursday.

Action items:

- *Kim to send Carly all previous applications to see if anyone qualifies for the SUD Parent seat.*
- *Carly will follow up with any qualified applicants and ask if they would like their application to be considered.*

Partnership for Success Grant Update: Caroline Messerschmidt introduced herself to the EC and is the new Project Manager for the Partnership for Success Grant. Yesterday was her first day at CDHD, and she has had some time to start reading through the grant proposal to determine what the goals will be for our health district. This is a statewide grant and is specific to three categories. She will be focusing on addressing alcohol use in adolescents as well as methamphetamine use. Other districts will be focusing on marijuana use but she will not as it is based on where the higher rates are.

Caroline provided the EC some background on herself. She has been a Registered Dietician for 10 years. She worked at FMRI for four years, and then got her Master's in Public Health at the University of North

Carolina. She then moved back to Boise and worked at St. Luke's for a few years in employee wellness. Her work there focused on weight management, but she saw parallels between that and other addictions. She believes that everyone has a drug of choice, whether that is tobacco, sugar, coffee, drugs, running, or anything else. She stated she is excited to have the opportunity to branch out from nutrition. She is planning on attending the Board meetings as well as the Youth Behavioral Health Committee meetings. Members of the Executive Committee went around and introduced themselves. The EC does not have Caroline's contact information and Alexis said she would forward it to everyone.

Action item:

- *Alexis to forward the Executive Committee Caroline's email address.*

R4BHB Meeting Agenda Reviews: The December and January R4BHB Meeting Agendas were reviewed and updated.

Meeting adjourned at 10:18am