

**REGION IV BEHAVIORAL HEALTH BOARD MINUTES**

**August 13, 2015 - 11:00 a.m. to 1:00 PM**

**Region 4 Offices Westgate Campus, Room 131**

**1720 Westgate Drive, Boise, ID 83704**

**Presiding Officer:** Jess Wojcik, Vice Chair

**Board Attendees:** Laura Baker, Jennifer Burlage, Jeremy Clark, Carlos De Leon Jr., Trini DeMarco, Elt Hasbrouck, Dawn Irons (staff), Kim Keys, Amy Korb, Rebecca Lemmons (staff), Rhea Morrison, Shelley Retter, Ken Widick, Jess Wojcik, Laura Thomas (staff), and Jim Tibbs

**Board Attendees by Phone:** Elizabeth Francis, Winslow Gerrish, Steve Graci, and Brandi Hissong

**Members of the Public:** Rosie Andueza (DHW), Heather Brady (ESGW), Dionne Chatel (Optum), Rob Christensen (IDHW-IYTP), Chris Christopher (Pioneer Health), Monica Forbes (PEER Wellness Center), Ginny Gobel (Recovery Idaho-Reg. 4 recovery & Wellness), Rob Howarth (CDHD), Beata Hughes (Netsmart), Crystal Ikebe (Intermountain Hospital), Vanessa Johnson (Access BH Health), Tami Jones (IBH), David Martin (Aspen Mental Health), Teresa Shackelford (DHW-DBH), Jennifer Stairs (NAMI-Boise), Ken Williams (DHW), and Kelsi Woodburn (Lifeways)

**Absent:**

**Board Excused Absences:** Greg Dickerson, Christy Sofaly, Christina Smith, Sabrina Swope, and Kelly Jennings

<b>Agenda</b>	<b>Presenter</b>	<b>Discussion</b>	<b>Action/Next Steps</b>
Introductions	Jess Wojcik	<p>11:05 am: Meeting called to order. As a quorum was not established at the start of the meeting the order of the agenda may be adjusted.</p> <p>Welcome to all and introduction of two new Board Members, Laura Baker and Carlos DeLeon Jr.</p> <p>Introductions were made.</p> <p>11:10 am: Dr. Garrish called in.</p> <p>Happy one year anniversary for the Region 4 Behavioral Health Board.</p> <p>The meeting began with a review of board’s mission, vision and values.  <b>Region 4 Behavioral Health Board</b>  <b>Mission:</b> We improve behavioral health by developing solutions with our communities.  <b>Vision:</b> An integrated health system accessible to everyone.  <b>Values:</b></p>	

		<p>Respect – We value all perspectives.  Progressive – We move forward.  Integrity – We do the right thing.  Innovative – We are open to new ideas.  Transparent – We clearly show what we do and why we do it.</p> <p>Introductions of the Public.</p> <p>Still do not have a quorum</p>	
Central District Health Department (CDHD) Presentation	Rebecca Lemmons	<p><b>Policy, Systems and Environmental Change: The Cliff Analogy</b></p> <p>Handout provided.</p> <p>To provide a perspective of focusing on a higher level on population health and focusing from a lens of policy, systems and environmental (PSE) changes to the Behavioral Health Board. Rebecca demonstrated how the health community has shifted the way of thinking and operating from the delivery of one-on-one education and services to population based PSE to increase access to healthy ways of life by making the healthy choice the easy choice.</p> <p>During the presentation, Rebecca encouraged the Board to look at PSE opportunities that would elevate and support the one-on-one programs that the Board members and organizations are doing. She encouraged the Board to look for ideas to scale up the programs and events that have been done in the past and attach them to a policy or system change that will keep them going long after the program or funding is over.</p> <p>At this time Jess Wojcik checked with members who had joined via the phone during Rebecca’s presentation. Steve Graci had joined. Still do not have a quorum. The Board will move back into the 11:10-11:30 portion of the agenda.</p>	
Executive committee report Application to State Planning Council	Jess Wojcik	The application to the State Planning Council was submitted. They still have questions for the Board. Laura worked to get clarification on what the Board needs to submit to the State Planning Council for the application to be considered.	The new Executive Committee will hold a call with the

MOA update		The Board had submitted an MOA to Central District Health Department and is waiting for it to be approved. Per Rebecca, it will be reviewed for approval by the Director in coming weeks.	State Planning Council to as additional questions.
Overview of 2015-16 goals and exploration of Transportation Committee	Jess Wojcik	<p>In the Executive Committee meeting, they discussed the goals for 2015-16 year and the work of the committees of this board. There are currently three committees at present:</p> <ul style="list-style-type: none"> <li>• Youth Committee</li> <li>• Provider Committee</li> <li>• Recovery and Wellness Committee</li> </ul> <p>Discussed forming a transportation committee as another focus as it will have an impact on the other three committees as well. The executive committee discussed solidifying those four committees and developing a process for the committees to come to the Board with projects and how the Board can collaborate with them to be successful on the projects in finding grants and funding.</p> <p>The executive committee also discussed making services more available in the rural counties and underserved areas outside of Ada County. The Board will be asking that each committee come up with at least one grant within the next year in order to get things started. This will be discussed more at the next meeting.</p>	
<p>Consent agenda approval (includes June minutes and reports attached to agenda)</p> <p>Election of Board chair and secretary for July 2015-June 2016 term</p>	Jess Wojcik	<p>Elizabeth Francis joined the meeting via the phone. A quorum was established through four members on the phone and thirteen members in the room at 12:07 pm. Elt Hasbrouck motioned to approve the consent agenda (approved the agenda; Executive Committee July 9 and August 4 meeting minutes; June minutes; Optum Quarterly Report); motion was seconded and unanimously approved.</p> <p>Co-chair and secretary are up for nominations. Jess Wojcik nominated Rhea Morrison and Kim Keys. No other nominations. Jess Wojcik closed nominations and asked for a unanimous ballot. Elt Hasbourck made the motion to close the nominations and approve a unanimous ballot. Motion was seconded and unanimously approved.</p> <p>Jess Wojcik opened nominations for secretary. Amy Korb was nominated by Jennifer Burlage. No other nominations. Jess Wojcik closed the nominations</p>	Consent agenda approved

		and asked for a unanimous ballot. The motion was made by Kim Keys. Motion was seconded and unanimously approved.	
Psychiatric Emergency Team (PET) Project	Teresa Shackleford	<p>Handout provided.</p> <p>Provided an update on the PET pilot program in Ada County. This team focuses on people who are being placed on a mental hold.</p> <p>The PET Program is a coordinated team response between officers, a community paramedic and mobile crisis clinician to provide medical clearance and expedited admittance if needed to psychiatric care for individuals in a mental health crisis in the field. When an officer is out in the field and considers placing an individual on a mental hold, PET's mobile crisis clinician would respond along with a community paramedic to the scene. The paramedic would provide a medical screen that was vetted and validated, therefore bypassing going to the ER for a medical screen. The mobile crisis clinician would then be able to make the arrangements for the psychiatric emission.</p> <p>It is estimated that the eleven months this program has been in effect has saved approximately \$345,000.</p> <p>Open discussion ensued.</p> <p>Elt Hasbrouck suggested discussing with county commissioner regarding funding.</p> <p>Jim Tibbs suggested talking to the Association of Counties as another resource.</p>	<p>Jim Tibbs offered to get Teresa contact information for the Association of Counties.</p> <p>Rhea Morrison stated that she could get Teresa in touch with contact for the grant program director in Valley County.</p>
Announcements		<p>Winslow Gerrish signed off the phone. No longer a quorum.</p> <p>Laura Thomas had Board members sign and update Conflict of Interest and Code of Ethics forms.</p> <p>Jess Wojcik asked for the PEER Wellness Center to provide a brief update. Monica Forbes provided the update. The Center officially opened on June 25, 2015. From the July report the Center provided 391 recoveries, 20 volunteers trained, 14 recovery counselors trained, and 492 volunteer hours have been logged. The status of those who came to the center and are still in recovery is</p>	

<p>Next Meeting Agenda Items September Adjournment</p>		<p>100%. A number of groups are hosted there. They had to expand within three weeks of opening. The URL for the center is <a href="http://www.peerwellnesscenter.org">www.peerwellnesscenter.org</a>.</p> <p>Jess Wojcik stated that there is a Resource Fair that will be held on September 16, 2015. There is a link on the Behavioral Health website. If you are interested in attending or setting up a booth, it is worth attending.</p> <p>Steve Graci wanted to remind and get the word out about the 24/7 Caregivers Respite Program. For more information you can go to <a href="http://www.idahofederation.org">www.idahofederation.org</a> for more details. As a second item, he is looking for referrals for kids that may be interested in participating in a support/education type group. Please feel free to contact their office for these referrals.</p> <p>Jennifer Stairs of NAMI Boise shared that there will be a Mental Health Awareness March on Saturday, September 26<sup>th</sup> at 2:30 pm starting at the Ann Frank Memorial. They are also starting their Family to Family classes this fall. Flyers on the back table.</p> <p>Dionne Chatel stated that Optum is sponsoring a Disruptive Behavior Disorders community conversation on September 20, 2015 at 6 pm at the Riverside Hotel, Boise, ID. Flyer on the back table.</p> <p>Next meeting will be held on September 10, 2015. Agenda items will need to be sent to Jess Wojcik.</p> <p>The Board Recognized Laura Thomas for all her work with the Board.</p> <p>Board meeting adjourned at 12:58 pm.</p>	
--	--	---	--

Next meeting is September 10, 2015, 11:00 a.m. to 1:00 pm in Room 131 of Region 4 offices, 1720 Westgate Drive, Boise, ID 83704