

REGION IV BEHAVIORAL HEALTH BOARD MINUTES

January 14th, 2016 - 11:00 a.m. to 1:00 PM

Region 4 Offices Westgate Campus, Room 131

1720 Westgate Drive, Boise, ID 83704

Presiding Officer: Rhea Morrison, Co-Chair; Kim Keys, Co-Chair

Board Attendees: Jennifer Burlage, Treasurer; Jeremy Clark; Carlos DeLeon; Greg Dickerson; Trini DeMarco; Steve Graci; Winslow Gerrish; Brandi Hissong; Alaina Hayden (staff); Austin Reed; Rebecca Lemmons (staff); Amy Korb, Secretary; Shelly Retter; Christina Smith; Kenneth Widdick

Board Attendees by Phone: Laura Baker; Elizabeth Francis; Christy Sofaly

Members of the Public: Vanessa Johnson ABHS/PWC; Rob Howarth CDHD; Jessie Garringe Center for Behavioral Health; Ken Williams, IDHW; Kim Hinrichs, Center for Behavioral Health; Carol Dixon, Idaho Federation of Families; Chris Christopher, Pioneer Health

Absent: Sabrina Swope; Jim Tibbs; Jess Wojcik; Elt Hasbrouck

Agenda	Presenter	Discussion	Action/Next Steps
Welcome and Call To Order; Approval of Consent Agenda	Kim Keys & Rhea Morrison, Co-Chairs	<p>Kim Keys called the meeting to order at 11:15 a.m. There is a quorum. Amy motioned to approve previous minutes and agenda. The motion was seconded. The December meeting minutes, and January agenda were approved by the Board.</p> <p>Welcome to all.</p> <p>The meeting began with a review of Board’s Mission, Vision and Values.</p>	
Executive Committee Report; Budget Report	<p>Kim Keys & Rhea Morrison, Co-Chairs</p> <p>Executive Committee</p>	<p>Kim Keys provided the Executive Committee report</p> <p>Jennifer Burlage provided the Budget Report, and shared that CDHD received \$29,166 in payment through the contract. The Board has expended just over \$14,000, with \$14,444 remaining. Jennifer reported that the Board is in good shape with its finances, and passed around the Budget Report for the Board to review. Jennifer also mentioned that with CDHD, any money left over at the end of the year will carry over to the next year.</p>	

Youth Behavioral Health Committee Quarterly Status Report	Amy Jeppesen & Steve Graci	Amy Jeppesen, Co-Chair of the Youth Behavioral Health Committee started off by expressing thanks from committee members for approving the \$500 request to work on their project. Amy then provided an update on how the funds were going to be used. Amy stated that there is a lack of education/lack of people that provide quality family therapy. There are several professional conferences across the state, and they are now able to partner w/ ICADD. The Youth Behavioral Health Committee will be utilizing the Board funds to provide a speaker for the ICADD Conference. The speaker is set to present on pre-conference day and will target working professionals that work with these families, and overall helping children. This will be happening in May 2016. Amy updated the Board that they are also working on Children's Mental Health Week, looking at a combined meeting with Juvenile Justice this Spring. They believe this might be a good way to partner and bringing resources together. If they can align their goals, Juvenile Justice could possibly help fund some of the Committee's goals. In conclusion, Amy stated that the Youth Behavioral Health Committee meets every month, is active and working hard.	
State Planning Council	Carol Dixon, Idaho Federation of Families	Carol Dixon gave an update from the State Planning Council. The Board was advised that the 2015 Gaps & Needs Analysis is due on March 21 st . Carol also reminded the board that they have until April 1 st to provide feedback for the block grant. Carol Dixon or Van Beechler will forward the digital version of the form that will need to be submitted to provide feedback/comments. The block grant discussion will be added to the February or March agenda. Carol also mentioned that the Mental Health Week presentations have been changed from May 6 th , to May 13 th .	
Grant Process Review Update <ul style="list-style-type: none"> • Grant Writers • 501(c)3 Update 	Rebecca Lemmons	Rebecca Lemmons advised that after meeting with Youth Behavioral Health Committee, and the Recovery & Wellness Committee, there is now a revision to the Grant Process. Under "Request to Apply", it now states that it is requested for at least 8 weeks lead time on a grant, especially if it is a larger grant they are requesting a writer for. She has also created a checklist to be completed before a Committee or Board member applies for grant, and then submits the request to the Executive Committee. The Executive Committee will then have one week to respond. There is now a list of five grant writers available for the Committees to use. Please send any questions, feedback or	

		<p>concerns to Rebecca and Alaina.</p> <p>Commissioner Hasbrouck suggested collaborating with a 501C3 partner to apply for grants that are applicable for 501C3's. Rebecca stated that she is working on scheduling meetings with the two RC&D's in our area. They do a lot of grant writing/administration/fiduciary experience. By next meeting with them, they should be able to solidify whether or not they will be a good partner to work with. We have an idea for a second non-profit as a back-up plan.</p>	
<p>Data Workgroup</p> <ul style="list-style-type: none"> • 2 Board Members Needed <p>Gaps and Needs Workgroup</p> <ul style="list-style-type: none"> • 2-3 Board Members Needed • Representatives From Committees Needed <p>Provider Committee</p> <ul style="list-style-type: none"> • 1 Board Member Needed 	<p>Executive Committee</p>	<p>Kim Keys advised at the last meeting, the Executive Committee spoke to the Board about a Data Workgroup, to formulate questions to pose to major players (i.e. Hospitals, County Medicaid, IDOC, ER's) to start tracking numbers and seeing where spikes are for people w/ behavioral health issues so those numbers can help drive our Gaps & Needs Analysis. Kim stated that the Data Workgroup needs to meet twice this month. We need two more Board members for the Data Workgroup, plus two to three more Board members for the Gaps & Needs Analysis Work Group. The Gaps & Needs Analysis is due March 21st. The option of calling into the meetings will be sufficient for both the Data and the Gaps & Needs Analysis Work Group meetings. The Gaps & Needs Analysis team needs to meet at least twice, giving Heather Dolpei, IDHW, at least a week prior to the March 21st meeting to have time to approve Gaps & Needs Analysis. The Gaps & Needs Work Group needs to meet two to three times before then. Rhea Morrison mentioned that we need to make sure that everything we are passionate about is included in the document.</p> <p>Volunteers for the Workgroups are as follows:</p> <p><u>Data Work Group</u> Rhea Morrison Kim Keys Greg Dickerson Brandi Hissong Christina Smith</p> <p><u>Gaps & Needs Analysis</u> Amy Korb Brandi Hissong</p>	

		<p>Ken Williams Jen Y. Micah Crawford Sam Mauk</p> <p>Provider Committee – Greg Dickerson and Ken Widick will advise the Executive Committee what they need to get this set up. Destry Eskew from Easter Seals Goodwill has offered to Chair the Provider Committee.</p> <p>District III provided the comment that they use the Provider Committee as a forum to figure out what they need, and that when they added prevention as one of their goals, they saw a positive turnaround in progress.</p>	
<p>Announcements; Next Meeting; Agenda Items; Wrap-up Presentation and Discussion</p>	<p>All</p>	<p>Amy Jeppesen mentioned that at ICADD, you can reserve a table to showcase resources. If you have someone who would like to man a table, you could educate providers about how to support the Board or be involved in different things. Amy Jeppesen will see if they may be willing to comp a booth. If you are interested, please contact Amy Jeppesen.</p> <p>Ken Widick announced that Valley Regional Transit has a transportation grant for two years, and left a flyer for the Board.</p> <p>Ken Widick announced a vacant Administrative Assistant position that is open to anyone in recovery, looking for AA work. Ken advised that the candidate may be eligible for a background waiver, and that they are taking resumes now. Please contact Ken Widick for more information.</p> <p>NAMI ID – West Regional Conference is on Monday, January 18th @ Red Lion Downtown – Registration is at noon, and the event goes until 5pm. There is a dinner at 6pm.</p> <p>There is a Motivational Interviewing Training, sponsored by MINT. This will be held at IDHW Westgate on March 24th and 25th. The registration fee is \$99, and provides 11 CEU’s.</p> <p>Optum – Managing Outpatient Behavioral Health Training for Providers will be held on January 25th, 27th, and 28th. The Behavioral Health Board is to see what</p>	

	<p>they are doing to manage those internally on their network.</p> <p>The 2nd meeting Mental and Behavioral Health Community Table will be held on January 20th at 10:00 a.m. at the Anderson Center (5th Floor) at St. Luke's.</p> <p>Chris Christopher with Pioneer Health Resources that they have been sold to Molina. Right now, it is business as usual, but advised the Board that their name may be changing to Pathways of Idaho by around 2017.</p> <p>Steve Graci brought up that there will be an expansion of Respite Care, hopefully happening soon. One problem is the availability of Respite Care providers. Steve stated that if you know people or clients that are interested in becoming Respite Care providers to be listed in State-wide registry, to contact the Federation. There will be a forty hour training piece for parents to get certification. They are also trying to help agencies get ready to help hire people. Contact info will be provided on the flyer.</p> <p>Dr. Gerrish advised the group that David Rudd, Phycologist/Suicidologist whom is both informative and entertaining, will be coming back on Feb 24th from 8:30 a.m. – 4:00 p.m. This will provide 6 CEU's. Dr. Gerrish to forward information to Alaina – Alaina to send out.</p> <p>Amy Korb, Secretary, discussed the Behavioral Health Board schedule for the year. There is now an outline of what is due each month to help with planning and to give awareness of what is going on.</p> <p>Next Meeting: Thursday, February 11th 11:00 a.m. – 1:00 p.m. Region 4 1720 Westgate, Room 131</p> <p>Meeting adjourned at 12:22 p.m.</p>	
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Next meeting is February 11th, 2016, 11:00 a.m. to 1:00 pm in Room 131 of Region 4 offices, 1720 Westgate Drive, Boise, ID 83704