



Region 4 Behavioral Health Board Meeting

Thursday, August 8, 2019

11:00am – 1:00pm

1720 Westgate Drive, Room 131, Boise, ID 83704

Call in number: 1-786-535-3211

Access Code: 121-805-741

Presiding Officer: Ellen Afflick, Chair

Board Attendees: Jennifer Buralge, Treasurer; Kim Keys; Christina Smith; Rebecca Travis; Kelsey Pierce; Sanda Kuzeta-Cerimagic, Vice-Chair; Chris Christopher, Member-at-Large; Mary Pirnie; Suzanne Lowman; Ryan Jensen; Heather Burch; Monica Forbes, Secretary

Board Attendees by Phone: Jake Wilson; Laura Kiehl; Elisha Figueroa

Members of the Public: Carly Doud, CDH; Caroline Messerschmidt, CDH; Alex London; Megan Segers; Janelle Nostrandt; Leanne Schwartz; Crystal Ikebe; Brenda Willson; Anna Guida; Bevin Modrak; Crystal Campbell; Michelle Dooley; Alicia Baptiste; Wendy Woods; Chuck Christiansen; Maureen Brewer

Members of the Public by Phone: Jackie Mayorga

Agenda Item	Presenter	Notes
Welcome and Call to Order; Consent Agenda; <ul style="list-style-type: none"> Quorum: 15 attendees Introductions and Review of Mission and Vision;	Ellen Afflick, Chair	Meeting was called to order at 11:03am. Introductions were made, the mission was reviewed, and quorum was met. Kim moved and Jen seconded, all in favor to approve the consent agenda which included the following: <ul style="list-style-type: none"> August 1, 2019 Executive Committee minutes June 13, 2019 Behavioral Health Board minutes August 8, 2019 Behavioral Health Board Agenda
Recovery Month Nomination	Jen Burlage, Treasurer	Over the last few years, DBH has celebrated National Recovery Month in September. DBH is asking the regional behavioral health boards to nominate an individual for the Regional Empowerment Award, to recognize their work in the fight against opioids. Nominations are due by the August 15 th . Kim nominated, and Monica seconded to nominate Jenny Goebel for the award. Jenny started out at Phoenix, has done a lot of work at Boise High School with opioid addiction, and is tireless with providing recovery support services. <i>Action item:</i> <ul style="list-style-type: none"> Kim to fill out the nomination form for Jenny Goebel

Partnership for Success Grant	Caroline Messerschmidt, CDH	<p>Caroline provided an update on the Partnership for Success grant. The FY20 plan has been approved, and FY21 will be due in April so we can begin brainstorming projects and ideas for next year.</p> <p>This year’s activities include a life skills curriculum in Garden Valley. The Idaho After School Network will also be hosting a life skills program in Boise. Idaho City will get the activity bus again this year. This bus has been helpful for their students as transportation can be a barrier. Fremont Middle School in Kuna will have a two-day a week tutoring program that will include hands on activities. Caroline will also continue to distribute the Deterra packets that have already been purchased.</p> <p>The “Be the Parents” campaign is being continued this year. ODP is targeting traditional TV and radio. Caroline has conversation card decks that have been successful. She stated she has thousands to distribute, and if anyone has any events or locations they could be useful for then they should contact Caroline. Caroline also has coffee sleeves that she will focus on distributing in the fall and winter when it is a little cooler.</p> <p>Caroline has organized a drug impairment training for professionals. There was one training done at West Ada last year, and this year McCall and Mountain Home will receive the training. She will also continue to host the Strengthening Families training and will be partnering with the Idaho Federation of Families.</p>
DBH Update	Jen Burlage, Treasurer	Jen reviewed the DBH Central Office Monthly update.
Budget Next Steps Discussion	Jen Burlage, Treasurer	<p>The board’s first four-year contract ended in April, and there is about \$14,000 in carryover funds that need to be spent. The board decided they would like to use this money to offer mini grants. The Region 7 BHB does something similar, and has a Grant Request Form that we can use as a template.</p> <p><i>Action items:</i></p> <ul style="list-style-type: none"> • <i>Kim and Sanda will review Region 7’s Grant Request Form and edit the document to use as our application</i> • <i>Carly will touch base with CDH’s finance department to see if there are guidelines we will need to use.</i>

Gaps & Needs Workgroup	Ellen Afflick, Chair	The Gaps & Needs workgroup has met twice to review the FY18 document and make any updates for FY19. The group will continue to convene, and will send out a draft to the board for review once it is completed.
Wellness & Recovery	Monica Forbes, Secretary	<p>Monica provided the following updates for the Wellness & Recovery subcommittee:</p> <ul style="list-style-type: none"> • There were only six subcommittee members in attendance as a lot of people were attending the Opioid Summit in Vancouver • Recovery Month and the 5th Annual Recovery Rally is coming up in about six weeks. • The group is making progress in re-entry. They are working to collaborate with the Ada county jail to create a safe release program to pick up newly released inmates from jail so they don't have to walk or be picked up by someone from their previous environment. • They are working to have a recovery coach in the Ada county jail • The group is looking for representation from Elmore County. Brandi Hissong doesn't work in Elmore county anymore, but may know someone who does. • The next meeting will be on August 20, 2019 at the PEER Wellness Center
September Meeting Review	Ellen Afflick, Chair	In May we invited legislators to the Behavioral Health Board meeting, and we are inviting them back for the September meeting. The board reviewed the September agenda and members are encouraged to reach out to legislators to invite them to attend. Cottonwood Creek has also offered to provide refreshments for this meeting.
City of Boise Continuum of Care	Maureen Brewer, City of Boise	Maureen Brewer from the City of Boise presented on Our Path Home (previously Continuum of Care). Our Path Home is a public-private partnership to end homelessness in Ada County. They have four strategic initiatives which include to mature Our Path Home, end family homelessness, reduce first-time homelessness, and to evolve supportive housing. They are looking to expand their support services, prevention, rapid response and Housing First programming. Please see slides for more details on the presentation.

<p>Announcements: Agenda Items; Wrap-up</p>	<p>All</p>	<p>Announcements:</p> <ul style="list-style-type: none"> • The next Social Hour will be held on October 10, 2019. The board meeting that day will need to be moved from 2:00-4:00pm and the social hour will be held immediately afterwards. Jen moved and Sanda seconded to move the October meeting to 2:00-4:00pm. All in favor. Motion passed. • NAMI is hosting their national walk on September 28, 2019 at Kleiner Park in Meridian. Kim has a team if anyone is interested in joining. • The 5th Annual Recovery Rally will be held on September 14, 2019. <p>Jen moved and Kelsey seconded to adjourn the meeting. All were in favor. Meeting adjourned at 12:47pm.</p>
---	------------	--

Next scheduled board meeting: September 12, 2019
11:00am – 1:00pm
1720 Westgate Drive, Room 131, Boise, ID 83704



Region 4 Behavioral Health Board

Mission: *We improve behavioral health by developing solutions with our communities.*

Vision: *An integrated health system accessible to everyone*

Values: *Respect – We value all perspectives.*

Progressive – We move forward.

Integrity – We do the right thing.

Innovative - We are open to new ideas.

Transparent – We clearly show what we do and why we do it.

Strategic Planning Goals

Improve continuity of care through education and awareness.

Educate and inform policymakers on statutes that inhibit care.