



Region 4 Behavioral Health Board Meeting

June 13th, 2019

Room 131, 1720 Westgate Drive, Boise, ID 83704

11:00AM – 1:00 PM

Call in number: 1-872-240-3212

Access Code: 334-452-349

Presiding Officer: Kim Keys, Chair

Board Attendees: Jennifer Buralge, Treasurer; Ellen Afflick; Chris Christopher, Member-at-Large; Russell Salyard; Christina Smith; Sanda Kuzeta-Cerimagic; Elt Hasbrouck; Suzanne Lowman; Mary Pirnie; Diana Lachiondo; Wayne Sharp; Monica Forbes; Autumn Brechwald; Jake Wilson

Board Attendees by Phone: Elisha Figueroa; Ryan Jensen; Brandi Hissong

Members of the Public: Carly Doud, CDHD; Caroline Messerschmidt, CDHD; Marilyn Baughman; Brooke Lacey; Gina Westcott; Megan Segers; Brenda Willson; Bevin Modrak; Chuck Christenson; Crystal Ikebe; Jenna Turner

Time	Agenda Item	Notes
11:00 – 11:10	Welcome and Call to Order; Consent Agenda; <ul style="list-style-type: none"> Quorum: 15 attendees Introductions and Review of Mission and Vision;	Meeting was called to order at 11:06am. Introductions were made, the mission was reviewed, and quorum was met. Elt moved and Ellen seconded, all in favor to approve the consent agenda which included the following: <ul style="list-style-type: none"> June 6, 2019 Executive Committee minutes May 2, 2019 Behavioral Health Board minutes June 13, 2019 Behavioral Health Board agenda.
11:10 – 11:15	Mental Health Awareness Month Award	Mental Health Awareness Month was in May, and the board nominated Marilyn Baughman to recognize her for her work in suicide prevention. Jen presented the award to Marilyn during the June meeting, and thanked her for all of her hard work!
11:15 – 11:25	Welcome New Members	Kim Keys welcomed Suzanne Lowman and Christina Smith to the board. Suzanne Lowman will be representing the Mental Health Parent seat. She has a 26-year-old son who has experienced all circles of crisis in Region 3 and Region 4. She looks forward to be an advocate for mental health and to bring positive change. Christina Smith will represent the SUD Parent seat of the board. She was an original board member and had to take a 10-month hiatus but is happy to be

		<p>back. She has been a social worker for 23 years and has a child that struggles with mental health and substance use.</p>
<p>11:25 – 11:35</p>	<p>Partnership for Success Grant</p>	<p>Caroline let the board know that she decided to move forward with Peppershock Media for the “Be the Parents” campaign. They will be providing advertisements in movie theaters, on busses, and on Pandora. The Office of Drug Policy (ODP) will also be providing local radio and TV advertisements for the campaign.</p> <p>Caroline received the Deterra packets and brought some to the meeting today. All of the packets have a sticker about stimulants. The packets will be distributed at Pride this weekend. Caroline also attended a “Joining Forces” meeting this morning that focused on veterans, and was able to distribute some of the packets there.</p> <p>Caroline will be implementing Lifeskills Training, an evidence based program in Garden Valley and at South Junior High. She will be collaborating with the Idaho Out of School Network to distribute this train-the-trainer model, and is hoping to scale up the program in the next fiscal year. Last week Caroline partnered with Region 3 and hosted the Strengthening Families program at Cottonwood Creek Behavioral Hospital</p>
<p>11:35 – 11:45</p>	<p>DBH Update</p>	<p>For Youth Empowerment Services (YES), DBH has transitioned to a new single statewide contract for BPA Health for CMH voucher respite services. In regards to Medicaid expansion, beginning 7/1/19 self-reliance will assist individuals who currently receive food stamps in applying for medicaid expansion. The IDHW Medicaid expansion website is available and will continue to be updated on a regular basis. For more information please visit: https://medicaidexpansion.idaho.gov/</p> <p>Board members asked Jen if she could give a presentation about Medicaid expansion at an upcoming board meeting. She agreed that she could present at the September meeting and might invite self-reliance to present with her. She asks that if any board members have specific questions they would like answered during the presentation to email her ahead of time.</p> <p><i>Action item:</i></p> <ul style="list-style-type: none"> • <i>Board members to send any questions regarding Medicaid expansion to either Carly or Jen to be addressed during Jen’s presentation.</i>

11:45 – 11:55	Budget Review – Next Steps	<p>The board’s first four-year contract ended in April, and we have about \$14,000 in carryover funds that need to be spent. The board has the opportunity to decide how to use this money. Other boards have done mini grants, and the idea of providing a grant to a Mayor’s Youth Council discussed. Board members are encouraged to brainstorm ideas over the next couple months so we can have a more in depth conversation in August.</p>
11:55 – 12:10	Gaps & Needs Workgroup	<p>The Gaps & Needs report is due in September, so it is time to start creating the workgroup. Amy Korb previously led this workgroup but as she is no longer on the board, we will need someone else to lead the group. The entire workgroup does not need to be made up of board members, but there does have to be at least one board member involved. Before Amy stepped down from her seat, she let us know that there is an intern at Recovery 4 Life that will work with the group as a part of his macro hours.</p> <p>Ellen Afflick volunteered to lead the workgroup. Caroline Messerschmidt, Suzanne Lowman, and Brenda Willson also volunteered to be a part of the group as well.</p> <p><i>Action item:</i></p> <ul style="list-style-type: none"> • Carly to send an email out to the public distribution list asking for any reports or information to be used for the report
12:10 – 12:25	Provider Committee/IIBHN Conference	<p>Brandi updated the board that her hub group for IIBHN continues to meet every three months. They typically bring in a medical provider to talk about a medical issue, and then discuss how behavioral health can help. Last week the group focused on cardiovascular health.</p> <p>Brandi reported that the IIBHN conference went well and had a lot of good feedback. She stated that the group is looking to host the 2020 conference the first week of April. She asks that if anyone knows of any other conferences or events occurring that week to let them know, as they don’t want to overlap with anything.</p>
12:25 – 12:45	Legislator Relationship Building	<p>The board has had good turn out from legislators at the 2019 Meet & Greet as well as the May board meeting. We want to continue with this momentum by actively engaging in relationships with the legislators both during and outside of session. Each board member received a “Legislator Toolkit” with tips and tricks on how to talk to legislators. Kim highlighted that it is important to focus on personal stories when talking to legislators. Board members agreed that it would be a good idea to invite legislators to the meeting that focuses on Medicaid expansion. As the August agenda is already pretty full, the board decided to keep the August board meeting focused on the City of Boise COC</p>

		and the board budget, and have the September meeting focus on legislators and Medicaid expansion.
12:45 – 12:55	Open Board Seat – SUD Service Provider <ul style="list-style-type: none"> • Applications due June 28, 2019 	The board currently has an opening for a SUD Service Provider. We would ideally like this position filled by the August meeting. We would like to accept applications by June 28, 2019 so the appointing committee can meet in July and make a decision. <i>Action items:</i> <ul style="list-style-type: none"> • Carly to include the opening on the next set of announcements.
12:55 – 1:00	Announcements: <ul style="list-style-type: none"> • July Meeting Cancelled Agenda Items; Wrap-up	Christina volunteered to start the marketing committee up again. She stated that there is a Community Information Resource Fair (CIRF) in September that the board has previously been a vendor at. Board members agreed that it would be good to be involved again as it is a free event. We will send out a SignUp Genius to the board members to volunteer for 2-hour shifts. Diana Lachiondo stated that Ada County will be discussing the following items for the budget that might be of interest to the board: <ul style="list-style-type: none"> • Social workers in both the Sheriff’s office and Public Defender’s office. The purpose would be to help folks in crisis and connect them to resources. • Seed funding for a campaign to address family homelessness. • Support for the PEER wellness center.

Next scheduled Board Meeting: August 8, 2019 – 11:00AM – 1:00PM Room 131 Region 4 Offices, 1720 Westgate Drive



Region 4 Behavioral Health Board

Mission: *We improve behavioral health by developing solutions with our communities.*

Vision: *An integrated health system accessible to everyone*

Values: *Respect – We value all perspectives.*

Progressive – We move forward.

Integrity – We do the right thing.

Innovative - We are open to new ideas.

Transparent – We clearly show what we do and why we do it.

Strategic Planning Goals

Improve continuity of care through education and awareness.

Educate and inform policymakers on statutes that inhibit care.