



Region 4 Behavioral Health Board Meeting

May 9th, 2019

Room 131, 1720 Westgate Drive, Boise, ID 83704

11:00AM – 1:00 PM

Call in number: 1-872-240-3311

Access Code: 798-946-493

Presiding Officer: Kim Keys, Chair

Board Attendees: Jennifer Buralge, Treasurer; Kelsey Pierce; Ellen Afflick; Laura Kiehl; Sanda Kuzeta-Cerimagic; Rebecca Travis, Secretary; Chris Christopher, Member-at-Large; Monica Forbes; Elt Hasbrouck; Mary Pirnie; Ryan Jensen; Autumn Brechwald; Wayne Sharp

Board Attendees by Phone: Russell Salyard

Members of the Public: Carly Doud, CDHD; Caroline Messerschmidt, CDHD; Alexis Pickering, CDHD; Senator Maryanne Jordan; Senator Thayn; Representative Jake Ellis; Representative Melissa Wintrow; Representative John McCrostie; Gina Westcott; Tim Leigh; Michelle Dooley; Jackie Mayorga; Brooke Lacey; Jamie Larsen; Bernie Wolinski; Alicia Baptiste; Bob Sonnischsen; Rachel Burkett; Connor Sheldon; Crystal Campbell; Brenda Wilson

Time	Agenda Item	Notes
11:00 – 11:10	Welcome and Call to Order; Consent Agenda; <ul style="list-style-type: none"> • Quorum: 15 attendees Introductions and Review of Mission and Vision;	Meeting was called to order at 11:06am. Introductions were made, the mission was reviewed, and quorum was met. Elt moved and Autumn seconded, all in favor to approve the consent agenda which included the following: <ul style="list-style-type: none"> • May 2, 2019 Executive Committee minutes • April 11, 2019 Behavioral Health Board minutes • May 9, 2019 Behavioral Health Board agenda.
11:10 – 11:15	Action Item: Cancel July Meeting	The July Behavioral Health Board meeting has been cancelled in the past to adjust for summer vacations. Elt made a motion to cancel the July 2019 meeting and Chris seconded; no further discussion; all in favor. Motion carried to cancel the July meeting.
11:15 – 11:25	Mental Health Awareness Month Award	May is Mental Health Awareness Month. Marilyn Baughman was nominated for the Mental Health Awareness Month Award for her work in suicide prevention. Marilyn was not present for this meeting and will be invited to June's meeting.

11:25 – 11:30	Executive Nominations and Voting – Secretary and Chair/co-Chair	<p>The BHB Appointing Committee met, and filled the following open seats on the board:</p> <ul style="list-style-type: none"> • SUDS Parent: Christina Smith • Hospital Representative: Ellen Afflick • Mental Health Parent: Suzanne Lowman <p>Kim nominated Ellen Afflick for chair and Jen seconded. Ellen explained to the board how her work history and experience makes her a good fit for this position. All were in favor.</p> <p>Kim nominated Monica Forbes for secretary and Elt seconded; no further discussion; all in favor.</p> <p>After nominations and voting during the April and May meetings, the 2018-2019 R4BHB Executive Committee will be:</p> <ul style="list-style-type: none"> • Chair: Ellen Afflick • Vice-Chair: Sanda Kuzeta-Cerimagic • Treasurer: Jennifer Burlage • Secretary: Monica Forbes • Member-at-Large: Chris Christopher
11:30 – 11:40	Partnership for Success Grant	<p>Caroline presented to the board and guests on the progress she has made with the Partnership for Success Grant. Activities she will be implementing for FY19 include:</p> <ul style="list-style-type: none"> • A life skills program at South Junior High that focuses on teaching kids to be resilient. • Funding an activity bus in Idaho City • Deterra packets that deactivate prescription drugs • “Be The Parents” media campaign, which focuses on preventing underage drinking. This media campaign will include disseminating a conversation card deck that includes tips of parents on how to have a conversation with their kids, coffee sleeves that will be distributed to local coffee shops, and hiring a local media company. • Training for teachers and SROs around how to identify drug use in students at West Ada school district on June 17, 2019. • Hosting a Strengthening Families train the facilitator on June 6 and 7, 2019 that focuses on strengthening life skills for the family.

		<p>The grant has four more years, and Caroline will continue to work on expanding services to rural communities, veterans, and other areas that did not get money in the first fiscal year. Elt gave the idea to Caroline to focus on homeschooled kids, as 27% of kids in Valley county are homeschooled. Senator Thayn let Caroline know that the legislature passed a bill this year to expand advanced opportunities programs so that students are able to take dual credit classes and AP classes, and there could be an opportunity for partnership with that.</p>
11:40 – 11:50	DBH Update	<p>One of DBH’s top priorities is getting ready to help their adult clients transition into Medicaid. DBH has began collaborating with Self Reliance and Medicaid to prepare for Medicaid Expansion. Their goal is to have everything set so when January rolls around, their clients have Medicaid. Enrollment for Medicaid will begin in November. Enrollment will be ongoing, but there will be a big push to get people enrolled during November so they are ready for January. Jen stated we could possible invite Self Reliance to a board meeting for a more detailed description on the timeline for Medicaid Expansion.</p> <p>The second part of preparing for Medicaid expansion is trying to identify what the new gaps will be. Right now, they are planning to focus on crisis. Ada county has resources available for individuals in crisis, but other areas of the region don’t. Right now, our region is the only one with mobile crisis available so DBH is looking at how they can expand this service to the rest of the state. DBH is working with community providers that they have been a safety net for, and will look into how DBH can be a safety net in a new way, potentially focusing on crisis.</p>
11:50 – 12:55	<p>Legislator Update</p> <ul style="list-style-type: none"> • Gaps & Needs Summary – Kim Keys • Board Priorities – Kim Keys • Re-entry Center– Tim Leigh • Crisis Center– Chris Christopher • Peer Wellness Center– Monica Forbes • Questions 	<p>For the development of this meeting, the board decided to isolate information that would be most helpful for the legislators attending.</p> <p>Gaps & Needs Summary: Every year, the board creates a report that outlines the gaps and needs of our region. This report is sent to the State Planning Council that is used to inform decisions. There is a subcommittee created every year that evaluates the report from the year before, the Alice report, United Way report, etc. to identify gaps. Fiscal Year 2018 Gaps and Needs include lack of affordable, accessible housing for chronically mentally ill, those with substance use disorders, offenders, and hospital releases; noted lack of programs and funding to adequately address the homeless population in the region, including</p>

homeless youth; and continued need for improved coordination of care and system improvements.

Board Priorities: The board priorities are set based on the identified Gaps and Needs. The two priorities that the board is currently focusing on are housing and prevention. The Partnership for Success Grant from the Office of Drug Policy that Caroline is working on is focused on prevention. The board also organized a Mental Health First Aid for teachers a few years ago.

Re-entry Center: Timothy Leigh from the Idaho Department of Corrections presented to the board and legislators about the One Stop Re-entry center. This center opened on December 5, 2019 and is part of a grant that IDOC received. The re-entry center works with inmates for 60 days before and after release. The purpose is to provide these inmates the tools they need to re-enter after being in jail or prison. Staff includes parole officers, an AmeriCorp volunteer, and six re-entry specialists. The re-entry specialist position is similar to a case manager. So far, 40 people have finished the four month program and are doing incredible well. People that have used the re-entry center have come back and stated they haven't been out of jail or prison this long. As the center only opened in December they don't have stats and numbers yet, but people are very excited and things are going really well so far.

Crisis Center: The Crisis Center is essentially a 23 hour and 59 minute triage center that prevents people from going to the emergency department. People that come to the center can receive a behavioral health assessment and work with a case manager. In the last 15 months, the crisis center has had over 1,700 admissions and 663 non-episode contacts (people that call the center and get resources, but don't necessarily come in) totaling 2,366 interactions. 1,309 of the admissions were unduplicated. The crisis center has a conservative estimate that they have saved over 2 million dollars over the last 15 months. When the crisis center opened, they thought that a majority of their referrals would come from law enforcement but they have found that the top referral sources are friends and family. The crisis center is free so no one will receive a bill. They have received several letters and pictures from clients saying thank you. The crisis center has been a great resource for the community but there is still a lot more potential and things they could do. The only time they every turn someone away is if they don't meet medical protocol (homicidal, suicidal, open wounds,

		<p>etc.). If that is the case, the person would be turned to the emergency department. The average stay is 11 hours but you can stay for up to 24 hours. Ryan Jensen stated that prior to the crisis center, taking someone to jail was the only option. Law enforcement knew that this wasn't a great option, but it was the only thing they could do. Now, they are able to take people to the crisis center where they can receive help and stay out of the criminal justice system. Chris encouraged anyone to come in and to visit the crisis center to see it for themselves.</p> <p>PEER Wellness Center: The PEER Wellness Center is the first recovery community center to open in Idaho. When they first opened, there was no crisis center or re-entry center available. The role of the PEER Wellness Center is to fill gaps for people in recovery and for them to know that they are not alone. All services are non-clinical as it is peers, or people with lived experience who will walk along with individuals to help them achieve wellness. Every month, the PEER Wellness Center has 2,500 visits, 223 support groups hosted, 895 cups of coffee served, and 120 referral connections to existing resources. Of those that participate in the wellness center, 92% are still in recovery. June 25th is the anniversary and there will be a celebration on June 22, 2019. There will also be a recovery rally hosted on September 14, 2019.</p>
12:55 – 1:00	Announcements; Agenda Items; Wrap-up	Sanda motioned and Jen seconded to adjourn the meeting; all in favor. Meeting adjourned at 1:03pm.

Next scheduled Board Meeting: June 13, 2019 – 11:00AM – 1:00PM Room 131 Region 4 Offices, 1720 Westgate Drive



Region 4 Behavioral Health Board

Mission: *We improve behavioral health by developing solutions with our communities.*

Vision: *An integrated health system accessible to everyone*

Values: *Respect – We value all perspectives.*

Progressive – We move forward.

Integrity – We do the right thing.

Innovative - We are open to new ideas.

Transparent – We clearly show what we do and why we do it.

Strategic Planning Goals

Improve continuity of care through education and awareness.

Educate and inform policymakers on statutes that inhibit care.