



Region 4 Behavioral Health Board Meeting

April 11th, 2019

Room 131, 1720 Westgate Drive, Boise, ID 83704

2:00PM – 4:00 PM

Call in number: 1-224-501-3412

Access Code: 862-366-997

Presiding Officer: Amy Korb, Vice-Chair

Board Attendees: Mary Pirnie; Autumn Brechwald; Elt Hasbrouck; Sanda Kuzeta-Cerimagic; Laura Kiehl; Jen Burlage, Treasurer; Wayne Sharp; Ryan Jensen; Monica Forbes; Brandi Hissong;

Board Attendees by Phone: Chris Christopher, Member-at-Large; Jake Wilson

Members of the Public: Carly Doud, CDHD; Caroline Messerschmidt, CDHD; Brenda Wilson; Ellen Afflick; Jose Martinez; Sam Pirnie; Ben Ponsford; Megan Austin; Joy Husmann; Melissa Mezo; Bernie Wolinski;

Time	Agenda Item	Notes
2:00 – 2:10	Welcome and Call to Order; Consent Agenda; Introductions and Review of Mission and Vision;	Meeting was called to order at 2:07pm. Introductions were made, the mission was reviewed, and quorum was met. Elt moved and Sanda seconded, all in favor to approve the consent agenda which included the following: <ul style="list-style-type: none"> • April 4, 2019 Executive Committee Minutes • March 14, 2019 Behavioral Health Board Minutes • April 11, 2019 Behavioral Health Board Agenda
2:10 – 2:20	Executive Committee Nominations and Voting	The Board discussed nominations and voting for the Executive Committee. Kim Keys and Amy Korb are stepping down from their roles as Chair and Vice Chair, respectively. The following positions were voted on: <ul style="list-style-type: none"> • Jen nominated and Amy seconded Rebecca Travis for secretary. As Rebecca was absent from this Board meeting, voting will be moved to next month. • Elt nominated Jen Burlage for Treasurer and Sanda seconded. Jen accepted the nomination. All were in favor. • Autumn nominated Chris Christopher as the Member-at-Large and Jen seconded. All were in favor. • Carly announced that Kim Keys nominated Ryan Jensen and Sanda Kuzeta-Cerimagic for Chair. Ryan declined the nomination and Sanda accepted a nomination for Vice Chair, which Amy seconded. All were in favor. • Autumn Brechwald nominated Jake Wilson for Chair, however he declined the nomination.

		<ul style="list-style-type: none"> • Monica Forbes stated she would consider the position of a Co-Chair if someone else would share the position with her. The Board will think about this option over the next month and will nominate/vote again for Chair in May.
2:20 – 2:25	<p>Action Item</p> <ul style="list-style-type: none"> • PEER Wellness Center Bus Pass 	<p>The PEER Wellness Center submitted a Request for Funds of \$1500 to purchase bus passes. Monica let the Board know that this request would allow them to purchase 2,000 bus passes and would be used for residents of Boise. Elt suggested that we approve the amount <i>up to</i> \$1500. Wayne moved to approve the request for up to \$1500 and Mary seconded. All were in favor, none opposed. Monica Forbes abstained from voting.</p>
2:25 – 2:45	Cottonwood Creek Behavioral Hospital	<p>Ellen Afflick from Cottonwood Creek Behavioral Hospital presented to the board.</p> <p>Haven Behavioral Health is Cottonwood’s parent facility. They have six facilities across the United States and Cottonwood is their first standalone facility. Cottonwood Creek Behavioral Hospital took over the Vibra building on Anita Way. Fifteen million dollars were spent on renovations.</p> <p>Cottonwood follows an interdisciplinary approach and follows trauma informed care. They have 72 beds half of which is currently open. They offer private and semi-private rooms. All doors are ligature proof, the edges of all tables are smooth with no cutting possibilities, chairs are so heavy that they scratch the floor making them extremely difficult to move, and all beds/shelves are bolted to the ground. Cottonwood has taken as many precautions as possible to reduce the risk of self-harm. They have a secured, interior courtyard that patients enjoy. There is always a behavioral health technician available in the courtyard with patients. They offer “noisy” day rooms that have TVs, karaoke, pet therapy, music therapy, and visitation. Thomas Cuisine provides all of the food. Everything is made from scratch with no preservatives. It is all fresh and they are able to handle any food allergies or desires. If you would like a tour of the facility, please contact Ellen Afflick.</p> <p>Cottonwood only serves adults 18 years and older. Visitation is also limited to 18 years or older, however some exceptions are made such as postpartum mothers or parents who need to see their kids.</p> <p>Cottonwood started an outpatient group on April 1st. They offer a day and night schedule at three hours a day, three times per week. The goal of the outpatient group is to get ahead of the curve and deter patients from crisis or inpatient stays. (Call 208-202-4700 to schedule).</p>

		<p>Cottonwood accepts direct admit without an Emergency Department visit and will take walk-ins 24/7. Since the hospital opened in January they have had about 250 admissions. They currently cannot bill for patients 21 years or older but this will change with Medicaid expansion.</p>
2:45 – 2:55	DBH Update	<p>May is Mental Health Awareness month. This year’s theme is focused on suicide awareness and prevention. The Board has been tasked to nominate someone from our region who has been actively involved in suicide prevention efforts. Amy suggested nominating Marilyn Bowman, which Monica seconded. Laura mentioned that the Speedy Foundation does a lot of stuff locally around suicide prevention. Autumn stated she would be willing to reach out to Shannon with the Speedy Foundation to nominate her. Monica also mentioned that Deputy Jason Woodcook would be a good person to nominate. Board members are to send any nominations to Holly Walund by April 15th. Carly will resend the nomination form to the Board once the meeting adjourns.</p> <p>Principles of Care & Practice Model in the YES System eLearning course is now available for staff. The TCOM (Transformational Collaborative Outcomes Management) Regional Conference is coming up on May 1-2, 2019. This is the first conference for TCOM that is hosted regionally. The CMH Voucher Respite Management Contract is on track to go live on May 1, 2019.</p> <p>Health & Welfare is moving forward with planning for Medicaid expansion. They will allow enrollment to begin in November/December so people are ready to go on January 1, 2020 and are able to get services immediately. IDHW recently launched a Medicaid expansion website, which includes eligibility information, timeline, and FAQs. More information will be added to the website as the project continues.</p> <p>Idaho has been provided the opportunity to apply for the State Opioid Response (SOR) Supplement grant. This will provide Idaho the opportunity to receive an additional \$2 Million dollars to help fight the opioid epidemic within Idaho. If awarded, Idaho will use the supplemental funds to target initiatives such as: increasing treatment and recovery support services to pregnant/postpartum women with an OUD, increasing access to recovery coach services within Idaho’s Opioid Treatment Programs and Emergency Departments, and supporting a targeted effort to increase the recovery coach workforce in Idaho. Stay tuned for additional updates on the SOR Supplement grant initiatives.</p>

		<p>DBH has successfully recruited two providers to deliver Treatment and Transitions (Treatment for Individuals Experiencing Homelessness) in Idaho Falls and Boise. Stewards of Recovery is establishing an 8-bed, male Enhanced Safe and Sober facility in Idaho Falls and anticipates being ready to begin accepting referrals on April 8th. SHIP in Boise has transitioned a male Safe and Sober House into a 10-bed, female house that anticipates being ready to accept referrals starting May 1st.</p> <p><i>Action item:</i></p> <ul style="list-style-type: none"> • <i>Carly to send the Mental Health Awareness month nomination form out to the board.</i>
2:55 – 3:05	Youth Committee Update	<p>The Youth Behavioral Health committee has been focusing on making themselves more knowledgeable about resources in the community. They have previously found themselves in the situations where grant opportunities come up, but they are scrambling to get an application together. They want to take some time to inform the committee on what resources are available and how it connects to the Gaps and Needs report. Over the past few months they have had presentations from Wyatt Schroder King from CATCH about youth homelessness, someone from the navigation unit presented on how to use navigation, and recently they had a presentation from the Idaho Anti-Trafficking Coalition.</p> <p>Boise State has put together a workforce analysis for YES to find out where the gaps are as they roll out youth empowerment. They want to find out if these folks are in the right positions to meet the needs with the right level of training. Mary Ball, the regional YES program specialist presented to YBH. Mary has been starting the process of working with families to provide wrap around services. She came to a previous YBH meeting and talked about how wrap around is impacting families and what it means.</p>

3:05 – 3:15	Partnership for Success Grant	<p>Alicia Baptiste, Amanda Leader, Christy Sofaly, and Carly Doud are a part of the Partnership for Success Grant subcommittee. Mechelle Wilson will hopefully be able to join in the future. Caroline just submitted the FY19 budget, and the FY20 budget is due on May 30, 2019.</p> <p>For FY19 Caroline has ordered Deterra packets and buckets. If someone has a need for the packets please contact Caroline. Caroline has also been working with Alicia to figure out a media plan for “Be the Parents”. She is ordering coffee sleeves to hand out to local coffee shops as well as conversation cards in Spanish and English. “Be the Parents” focuses on keeping kids from drinking alcohol.</p> <p>Caroline is collaborating with Region 3 for Strengthening Families and is looking at scheduling a training in early June. She is also planning drug impairment training for professionals in early June in Boise and in the Fall in Mountain Home. The FY19 budget will also support an afterschool program at Freemont and a life skills program throughout the district. Caroline had previously mentioned to the board that she was looking into installing security cameras at the McCall skate park however this became a debated topic as some from McCall were for the security cameras and others were against, so she decided to table to discussion for now. Caroline also previously mentioned using the FY19 money to support a bike rodeo in Idaho City however it wasn’t approved on the budget.</p> <p>Caroline asks the board members that if they have any ideas for FY20 to let her know. She is trying to spend the money evenly across the health district.</p>
3:15 – 3:25	Mental Health Awareness Month – Nominations	Discussed during the DBH update.
3:25 – 3:35	Open seats, SUD Parent, Hospital, MH Parent	<p>It was announced that Fred Kesler and Kyle Davis stepped down from their seats, as they both felt they did not have enough time to dedicate to the board and were unable to attend meetings. With those two openings, the board now has openings for the Mental Health Parent, Hospital Representative, and SUD Parent seats. Carly will send the application to the Board members and public distribution list</p> <p><i>Action item:</i></p> <ul style="list-style-type: none"> • <i>Carly to include the Board seat application with the April minutes and include the seat openings on the announcements for the public distribution list.</i>

3:35 – 3:45	Gaps & Needs Workgroup	<p>It is the time of year to start creating the Gaps and Needs workgroup. Amy requests that Caroline be a part of the workgroup if her job allows. The Gaps and Needs workgroup will consist of a series of three meetings. During these meetings, the workgroup will review last year’s documents, the Alice report, United Way report, etc. to identify gaps. The workgroup does not find the data but rather pulls the data from other sources. The analysis is due around the end of August or beginning of September to the State Planning Council.</p> <p>The workgroup has to have at least one representative from the Board. Last year it was made up of Amy Korb, some people from Optum, and private providers. The first meeting won’t take place for another couple months or so. Benjamin Ponsford, a first year MSW student with Recovery 4 Life will be using his macro hours for the internship to focus on the Gaps and Needs workgroup. The workgroup isn’t limited to just board members but also people from the community.</p>
3:45 – 3:55	May Meeting Agenda Review	<p>The May meeting has been identified as the meeting to invite legislators. We will set up our marketing material and Cottonwood Creek Behavioral Hospital offered to provide refreshments for the meeting. The Board will also finish up nominations and voting for the Secretary and Chair/co-Chair positions for the board, and the Gaps and Needs workgroup will be discussed in June.</p>
3:55 – 4:00	<p>Announcements:</p> <ul style="list-style-type: none"> • Social Hour at Edge Brewing 4:30-6:30PM <p>Agenda Items; Wrap-up</p>	<p>Autumn moved and Brandi seconded to adjourn the meeting. All were in favor.</p> <p>Meeting adjourned at 4:02pm.</p>

Next scheduled Board Meeting: May 9th, 2019 – 11:00AM – 1:00PM Room 131 Region 4 Offices, 1720 Westgate Drive



Region 4 Behavioral Health Board

Mission: *We improve behavioral health by developing solutions with our communities.*

Vision: *An integrated health system accessible to everyone*

Values: *Respect – We value all perspectives.*

Progressive – We move forward.

Integrity – We do the right thing.

Innovative - We are open to new ideas.

Transparent – We clearly show what we do and why we do it.

Strategic Planning Goals

Improve continuity of care through education and awareness.

Educate and inform policymakers on statutes that inhibit care.