



Region 4 Behavioral Health Board Meeting

March 14th, 2019

Room 131, 1720 Westgate Drive, Boise, ID 83704

11:00 AM – 1:00 PM

Call in number: 1-786-535-3211

Access Code: 260-769-797

Presiding Officer: Kim Keys, Chair

Board Attendees: Ryan Jensen; Chris Christopher, Member-at-Large; Amy Korb, Vice-Chair; Jennifer Burlage, Treasurer; Wayne Sharp; Elt Hasbrouck; Sanda Kuzeta-Cerimagic; Rebecca Travis, Secretary; Kelsey Pierce; Autumn Brechwald; Monica Forbes; Laura Kiehl

Board Attendees by Phone: Russell Salyards; Jacob Wilson; Elisha Figueroa;

Members of the Public: Carly Doud, CDHD; Caroline Messerschmidt, CDHD; Tim Leigh; Ellen Afflick; Brenda Wilson; Johnny Farrell; Michele Dooley; Jamie Larsen; Leah Kalk; Chuck Christianson

Members of the Public by phone: Bevin Modrak; Lodessa Foster

Time	Agenda Item	Notes
11:00 – 11:10	Welcome and Call to Order; Introductions and Review of Mission and Vision; Consent Agenda;	Meeting was called to order at 11:07am. Introductions were made, the mission was reviewed, and quorum was met. Amy moved and Elt seconded, all in favor to approve the consent agenda which included the following: <ul style="list-style-type: none"> • March 7, 2019 Executive Committee Minutes • February 14, 2019 Behavioral Health Board Minutes • March 14, 2019 Behavioral Health Board Agenda
11:10 – 11:20	DBH Update <ul style="list-style-type: none"> • Mental Health Awareness Month – nominations 	Mental Health Awareness month is coming up in May and this year's theme will focus on suicide awareness and prevention. DBH would like to honor one person from each region who has made a difference in suicide prevention and awareness, and the BHBs should send their nominations to Holly Walund at holly.walund@dhw.idaho.gov by April 15, 2019. DBH will send a certificate and award to the regional DBH Program Member and will be presented to the recipient during May R4BHB meetings. The YES Practice Manual was published in February. The Practice Manual page is also live and includes links to the YES Practice Manual e-book and a printable PDF. All Optum providers that deliver services to children must be CANS certified and setup in ICANS by

		<p>July 1, 2019. There are still some free CANS certification codes available for providers</p> <p>The NW Regional TCOM (Transformational Collaborative Outcomes Management) Conference will be held in Boise May 1 and 2, 2019. This year's theme will be "Setting the State: Creating a Shared Vision to Support Transformation".</p> <p>DBH will be working with Boise State to administer a survey to families about their perception of care. More information will be released as it is available. Idaho's Response to the Opioid Crisis (IROC) is partnering with the Office of Drug Policy (ODP) to increase the availability of Naloxone to first responders and treatment agencies across Idaho. DBH was notified they have been awarded funding to provide behavioral health services to Idahoans affected by homelessness.</p>
11:20 – 11:40	Re-entry Center	<p>Tim Leigh from the Idaho Department of Correction presented to the Board about the new re-entry center. This center helps assists inmates for 60 days before and after release. The purpose for the center is to be a one stop shop and provide service for those coming out from jail and prison. The re-entry center is open to anybody that needs assistance. Staff includes three parole officers, one AmeriCorps volunteer, and six re-entry specialists. Transportation is always an issue so the re-entry center would like to bring as many organizations together in one place so inmates and receive as much care as they can get. Tim gave the example that if someone walks in through the front door, the center can provide them with clothing vouchers, hygiene items that will last a week, and something to eat for several days until they are able to get going with food stamps. They are also currently working with St. Vincent on providing bicycles. Kelsey asked Tim if they are able to take referrals. He said right now their re-entry specialists would be able to take referrals but as the center gets busier, they may not have the time to.</p> <p>The re-entry center has a year and half left on their grant. Their goal is to show success and reduced recidivism. They would like to go back to the legislature to get permanent funding and take the center statewide. Elt asked if Tim could provide the board a quarterly or twice per year</p>

		<p>update on the center and would like to support longevity, as longevity is the biggest challenge. Tim agreed to provide the board periodic updates.</p> <p><i>Action item:</i></p> <ul style="list-style-type: none"> • Carly to send out Tim's contact information with the minutes
11:40 – 11:50	Budget	<p>Jen present the budget to the board. We are currently doing well and will end up with a surplus. The executive committee discussed doing some restructuring with the budget in the next fiscal year. As Alexis's and Julie's role has been transitioned to Carly at CDHD, the personnel cost has been streamlined and has afforded the board some savings. Right now the budget doesn't include a projection but this will be included with the budget in the next fiscal year. This will allow us to have a more robust discussion on how to use the money for the board but some possibilities include using the surplus money to provide grants in our region. Other boards are doing this and on the next statewide call, we can ask what grants they are specifically providing.</p> <p>Jen let the board know that the youth and marketing committee still haven't used their allocated \$500 so if there is something they can use it for in the next month, then that money is available.</p>
11:50 – 12:00	Partnership for Success Grant Update	<p>Caroline updated the board on this year's budget for the Partnership for Success (PFS) Grant. She currently has about \$182,000 allocated and there are quite a few things up in the air.</p> <p>There is a big push to promote the "Be the Parents" campaign with coffee cup sleeves at local coffee shops. There are people from Valley county and Idaho City that are interested in the Strengthening Families training and we will be partnering with Region 3 to look at the first week of June. Caroline will also be implementing the drug impairment training.</p> <p>Idaho City has asked for help funding their activity bus and Valley county has also expressed interest in an activity bus. Idaho City would like to have a bicycle rodeo to help kids who don't know how to ride a bike on a bike. Mountain home has expressed interest in an after school activity that would help kids learn about drones. Caroline has had a couple of conversations in Kuna and Valley county for tutoring</p>

		<p>services that would have high school students tutor middle school students.</p> <p>Caroline mentioned that the 2019 Idaho Conference on Alcohol and Drug Dependency (ICADD) will be taking place May 14-16, 2019. The PFS grant can't fund tickets to this as ODP is providing scholarships. Caroline will forward this information to Carly to be sent out to the board and distribution list.</p> <p>Caroline will also be purchasing a large number of Detera packets. Detera packets are drug deactivation packets that are like a thick Ziploc bag with carbon inside. You can put any medication or prescription in the bag, add water, and it makes the drug inert. The Detera packets don't go bad and will be used throughout the five years of this grant. Elt mentioned that Valley county is trying to allow first responders to take medications with a deceased patient when they are transported, but they have received a lot of pushback. It's something that the commissioners could focus on. Caroline mentioned that Detera packets are not reusable but she could order large buckets with the carbon that could be useful in other places. It's something the crisis center could also use.</p> <p>Caroline asked the board that if they have other ideas for the budget to let her know. She will begin working on next year's budget shortly as it has to be completed by the end of April.</p> <p><i>Action items:</i></p> <ul style="list-style-type: none"> • <i>Caroline to forward Carly the information about ICADD scholarships</i> • <i>Carly to forward the scholarship information to the board and public distribution list</i>
12:00 – 12:10	Wellness & Recovery Committee Update	<p>Monica provided the board an update on the Wellness & Recovery committee. She stated that to date, they have had some challenges building the committee. The last meeting was in October and the next meeting will be on March 20 at 2:00pm at the new Peer Wellness Center. If anyone knows of someone that would like to be involved, please invite them to the meeting or let Monica know.</p>

		<p>The focus areas of the committee are rural outreach, recovery supports, and re-entry. The committee is working on rural areas in Valley county and would like to extend out to Elmore county. The committee has previously been involved in coordinating the recovery rally. The next recovery rally will be in September and Monica would like to start planning the for the rally in April.</p>
12:10 – 12:25	Optum Presentation	<p>Optum is partnering with NAMI to start a campaign for Mental Health Awareness month in May. They did something similar last year with silicone bracelets and a social media hashtag. This year they have purchased 100,000 bracelets and will be using the hashtags #StigmaFree and #MyMentalHealthIdaho. They will be asking Idahoans to take a photo that makes them feel well and post the picture using those two hashtags. The goal of this campaign is to generate more interest in starting the conversation and stopping stigma. Optum is asking the Behavioral Health Boards to share this information in their community. A flyer with information about the campaign and directions to post a picture should be handed out with the bracelet. Optum would like to track where the bracelets are handed out so they ask the board members that if they handout bracelets to email Jann Stockwell, Jody Olson, or Wendy Stoneberg. You can also contact these three or anyone else at Optum with any questions or to order more bracelets.</p>
12:25 – 12:45	Organize May Meeting Agenda & Legislative Partnering	<p>The board decided that the we will invite legislators to attend our May meeting, and we need to decide some possible agenda items to include. Ideas that the board members brainstormed included:</p> <ul style="list-style-type: none"> • Discuss the re-entry center • Crisis center update • Update on progress from the gaps & needs report • Partnership for Success Grant update • Update on peer wellness center • Youth Behavioral Health committee update • Budget • Summary that is provided to the planning council on the top three things the board has done • Organize the meeting around the priorities that the board members identified for the Meet & Greet

		The executive committee will take these ideas and plan the May agenda in more detail and then present it to the board at the April meeting.
12:45 – 12:50	Executive Committee Nominations	Kim let the board know that next month we will be nominating for positions on the executive committee and the board will vote in May. The new positions will take effect in June. Kim and Amy also let the board know that they will be stepping down from the Chair and Vice-Chair positions. Kim is happy to talk to anyone interested in the position to let them know what to expect. She stated that it is a great position, but she has been getting busier with work and doesn't have as much time. Board members can self-nominate or nominate someone else for the positions.
12:50 – 12:55	April Meeting & Social Hour <ul style="list-style-type: none"> • Edge Brewing 	Every quarter the board has a social hour for its board members. The next social hour will take place in April. Because of this, the board meeting time has been moved to 2:00-4:00pm followed by the social hour at Edge Brewing Co. from 4:30-6:30pm.
12:55 – 1:00	Announcements: Agenda Items; Wrap-up	Monica brought in "Save a Life" flyers in English and Spanish. There are also a lot of bracelets for the Optum social media campaign on the back table. Wayne motioned and Amy seconded to adjourn the meeting. All were in favor. Meeting adjourned at 12:38pm.

Next scheduled Board Meeting: April 11th, 2019 – 2:00 – 4:00PM Room 131 Region 4 Offices, 1720 Westgate Drive



Region 4 Behavioral Health Board

Mission: *We improve behavioral health by developing solutions with our communities.*

Vision: *An integrated health system accessible to everyone*

Values: *Respect – We value all perspectives.*

Progressive – We move forward.

Integrity – We do the right thing.

Innovative - We are open to new ideas.

Transparent – We clearly show what we do and why we do it.

Strategic Planning Goals

Improve continuity of care through education and awareness.

Educate and inform policymakers on statutes that inhibit care.