



**Region 4 Behavioral Health Board Meeting**  
**February 14th, 2019**  
**Room 131, 1720 Westgate Drive, Boise, ID 83704**  
**11:00 AM – 1:00 PM**  
**Call in number: 1-872-240-3212**  
**Access Code: 611-536-853**

**Presiding Officer:** Kim Keys, Chair

**Board Attendees:** Mary Pirnie; Amy Korb, Vice-Chair; Rebecca Travis, Secretary; Russell Salyards; Laura Kiehl; Kelsey Pierce; Autumn Brechwald; Brandi Hissong; Jake Wilson; Diana Lachiondo; Ryan Jensen

**Board Attendees by Phone:** Jen Burlage, Treasurer; Sanda Kuzeta-Cerunagic

**Members of the Public:** Michelle Dooley; Vanessa Johnson; Jaimie Larsen; Greg Dickerson; Johnny Farrell; Bernie Wolinski; Carly Doud, CDHD; Caroline Messerschmidt, CDHD; Alexis Pickering, CDHD

**Members of the Public by phone:** Lodessa Foster

| Agenda Item  | Presenter                    | Notes  |
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| Welcome and Call to Order;<br><br>Introductions and Review of Mission and Vision;<br><br>Consent Agenda; | Kim Keys, Chair              | Meeting was called to order at 11:03am. Introductions were made, the mission was reviewed, and quorum was met.<br><br>Amy moved and Russell seconded, all in favor to approve the consent agenda which included the following: <ul style="list-style-type: none"> <li>• February 7, 2019 Executive Committee Minutes</li> <li>• January 10, 2019 Behavioral Health Board Minutes</li> <li>• February 14, 2019 Behavioral Health Board Agenda</li> </ul>  |
| Announce New Board Member, Kelsey Pierce   | Kim Keys, Chair              | Kelsey Pierce and Commissioner Diana Lachiondo were introduced to the Board as new members.  |
| Partnership for Success Grant Update   | Caroline Messerschmidt, CDHD | Caroline passed a handout around to the Board members that provided a summary of the focus for the grant as well as required deliverables and optional deliverables.<br><br>The focus for this grant will be to reduce underage drinking and methamphetamine use. Caroline has spent the last month and a half meeting with people in the community to try and figure out where the gaps are and ideas for unique partnerships. The grant is five years, and every year she is required to deliver a Be the Parents campaign, provide drug impairment training for education professionals, and facilitate the Strengthening Families Program. Caroline brought post-it notes for Board members to write down any ideas they have for this grant. The action plan has to be submitted to ODP by the end of March, so it is |

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|  |                        | <p>Caroline’s goal to hammer out the details in the next month and discuss what the Board wants to work on at March’s meeting.</p> <p>The optional projects will focus on activities for kids between 3:00-6:00pm, and removing access to drugs. This is where the idea for Deterra packets came in. The goal of these projects is to be evidence based whenever possible and focus on projects that will have a lasting impact. The Strengthening Families project is one that is evidence based, and is not limited to only being implemented in schools.</p> <p>Ryan asked Caroline how data is being gathered. Caroline let the Board know that ODP is gathering data from a Youth Risk Behavior survey. Based off of this data, ODP determined that Region 4 needs to focus on underage drinking and methamphetamine use. Ryan asked if the Board could receive a copy of the survey to know what the starting base is, and Caroline agreed this would be a good idea and can provide this to the Board when the February minutes are sent out. Ryan let Caroline know that the biggest event he sees with underage drinking is graduation.</p> <p>Caroline let the Board know she will be creating a subcommittee for the grant, and if anyone is interested in participating they can email her. She will also see if anyone from the Youth Behavioral Health committee is interested in joining her subcommittee.</p> <p><i>Action item:</i></p> <ul style="list-style-type: none"> <li>• <i>Caroline to send out the Youth Risk Behavior survey with the minutes</i></li> </ul> |
| Annual Meeting Documents   | All                    | The Code of Conduct Agreement and R4BHB Disclosure was given to everyone to sign.  |
| Alexis Transition  | Alexis Pickering, CDHD | Alexis let the Board know that there have been some changes at Central District Health Department and she will be transitioning out of her current role with the Behavioral Health Board. She will still be available to help with policy research and grants, but let everyone know that Carly will now be their point of contact.  |
| <b>Action Item:</b> Scholarship to attend IIBHN Conference April 25 – 27, 2019<br>Signup Genius for Vendor Booth 4/25 & 4/26<br>General IIBHN Update | Brandi Hissong         | There is an opportunity for the Board to participate in the Idaho Integrated Behavioral Health Network (IIBHN) Conference in April. This is a three-day conference that will focus on the growth of Integrated Behavioral Health programs, advancing clinical education, facilitating statewide training opportunities and developing technical experts for sustainability.  |

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|                               |                | <p>Brandi explained to the Board that we have the opportunity to participate in the conference by attending, and sponsoring the event with a vendor booth on April 25 and 26. It will cost \$100/day for the vendor booth and currently there is a 25% discount for registration if purchased before February 28, 2019. If possible, the Board would like to see if we can combine vendor booths with the Region 3 Behavioral Health Board to share the cost, and help with manning the booth during the conference.</p> <p>A motion to sponsor the IIBHN conference by having a vendor booth on April 25 and 26 was made by Jake and seconded by Brandi. All were in favor.</p> <p>A motion to provide a scholarship for two Board members to attend the conference was made by Kim and seconded by Autumn. All were in favor.</p> <p><i>Action item:</i></p> <ul style="list-style-type: none"> <li>• <i>Carly to send out an email to all Board members with instructions for those who are interested in applying for the scholarship to attend the IIBHN conference</i></li> </ul> |
| State Planning Council Update | Brandi Hissong | <p>The last SPC meeting was in October and had a lot of statewide updates. There seems to be confusion about the Board’s relationship with the SPC and the delineation of roles. Brandi stated that it seems like the SPC is under a state of transition which could be why there is so much confusion. Brandi stated the Gaps &amp; Needs report wasn’t brought up during the October meeting, which is concerning as a lot of work goes into that report and it was submitted prior to the October meeting. Brandi would like to continue to attend the SPC meetings but will have to check with her boss now that she is working at FMRI, and the meeting requires two days out of the office.</p> <p>SPC was in October and had a lot of statewide updates. Brandi asked what is most important for everyone to know? There is confusion about our role and the SPC role and the delineation of roles what we send them, what they send us. Any clarity? Brandi said no. She didn’t have much of a role and just observed.</p>  |
| Meet & Greet Debrief          | All            | <p>The Board discussed the Meet &amp; Greet that took place on January 29, 2019. Everyone agreed that it worked well only having the panel</p>  |

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|  |   | <p>discussion even though we didn't have the keynote speaker as originally planned.</p> <p>We have received positive feedback and as well as some ideas for next year. Sheriff Bartlett said it would have been nice to know who was in the room so he knew how to address the audience for the panel. The Board agreed this was a good idea and something we will do for next year.</p> <p>Kim let the Board know that if we want to do a dinner next year then we need to start planning a year in advance. More legislators tend to come to events if there is dinner, and their schedules fill up very fast.</p> <p>A survey will be sent out to everyone that attended the Meet &amp; Greet. This will provide the Board feedback to plan for the 2020 Meet &amp; Greet and any other events.</p> <p><i>Action item:</i></p> <ul style="list-style-type: none"> <li>• <i>Carly to create and send out a feedback survey to all Meet &amp; Greet attendees</i></li> </ul> |
| <p>Strategic Plan Review – Feedback &amp; Direction</p> <ul style="list-style-type: none"> <li>• Organize May Meeting Agenda</li> <li>• Review Update Strategic Planning Goals for Objective 2</li> <li>• Determine legislator invite strategies</li> <li>• Assign members to legislators</li> </ul> | <p>Kim Keys, Chair &amp; Amy Korb, Vice-Chair</p> | <p>Now that the Meet &amp; Greet is done, it is time to decide on what the Board wants to focus on next. The Board previously discussed assigning members to legislators to develop relationships both during and outside of session, and to invite them to the Board's May meeting. The purpose is to educate the legislators and foster our relationship with them so that if the legislators get to a point that they have a question regarding behavioral health, they know who to call.</p> <p>Members of the Board thought it would be a good idea to focus on legislators that attended the Meet &amp; Greet to continue fostering those relationships as well as legislators that sit on the Health &amp; Welfare committee. The Board will have to discuss and plan the May meeting agenda to make sure we are maximizing their time. Laura, Brandi, and Commissioner Lachiondo volunteered to start reaching out to legislators.</p>                                |

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| <p>Announcements:<br/>Agenda Items;<br/>Wrap-up</p> | <p>All</p> | <p>The 35<sup>th</sup> annual ICADD conference will be May 14-16, 2019 and scholarships for this conference are being accepted through March 3, 2019. Information regarding this conference will be sent out with the next announcements.</p> <p>NAMI is hosting a “Love Your Mental Self” event on February 16, 2019 at JUMP on February 16, 2019.</p> <p>Kim motioned and Amy seconded to adjourn the meeting. All were in favor.</p> <p>Meeting adjourned at 12:13PM</p> |
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Next scheduled Board Meeting: March 14th, 2019 – 11:00 AM – 1:00 PM Room 131 Region 4 Offices, 1720 Westgate Drive



## **Region 4 Behavioral Health Board**

**Mission:** *We improve behavioral health by developing solutions with our communities.*

**Vision:** *An integrated health system accessible to everyone*

**Values:** *Respect – We value all perspectives.*

*Progressive – We move forward.*

*Integrity – We do the right thing.*

*Innovative - We are open to new ideas.*

*Transparent – We clearly show what we do and why we do it.*

### **Strategic Planning Goals**

**Improve** continuity of care through education and awareness.

**Educate** and inform policymakers on statutes that inhibit care.