



Region 4 Behavioral Health Board Meeting

December 12th, 2019

1720 Westgate Drive, Room 131, Boise, ID 83704

11:00am – 1:00pm

Call in number: 1-786-535-3211

Access Code: 560-699-085

Presiding Officer: Ellen Afflick, Chair

Board Attendees: Jen Burlage, Treasurer; Christina Smith; Steven Hogue; Laura Kiehl; Monica Forbes; Wayne Sharp; Autumn Brechwald

Board Attendees by Phone: Heather Burch; Suzanne McKinney; Sanda Kuzeta-Cerimagic, Vice-Chair; Ryan Jensen; Jake Wilson; Russell Salyards; Sherry Maupin; Kim Keys

Members of the Public: Carly Doud, CDH; Caroline Messerschmidt, CDH; Laura Smith, CDH; Michelle Dooley; Alicia Baptiste; Anna Guida; Bevin Modrak; Chuck Christenson

Members of the Public by Phone: Mindy Oldenkamp; Lodessa Foster; Bernie W.

Agenda Item	Presenter	Notes
Welcome and Call to Order; Consent Agenda November and December; <ul style="list-style-type: none"> Quorum: 15 attendees Introductions and Review of Mission and Vision;	Ellen Afflick, Chair	Meeting called to order at 11:06am Jen moved and Laura seconded, all in favor to approve the consent agenda which includes the following: <ul style="list-style-type: none"> Agenda for November 14 and December 12, 2019 Board minutes for October 10 and November 14, 2019 Executive Committee minutes for November 7 and December 5, 2019
DBH Update	Jen Burlage, Treasurer	Jen reviewed the DBH Central Office Monthly update.
Budget Review	Jen Burlage, Treasurer	Jen reviewed the budget with the board. We are six months into this fiscal year, and have spent about 50% of the operating budget so we are on track. There is still money set aside for the Meet & Greet and committees, which can be spent this year. The board will discuss carry over funds next.
Grant Request Form	Carly Doud, CDH	There is about \$14,000 left over in carry over funds from the board's first contract (FY15-19). The board previously discussed that we would like to use this money to fund "mini-grants" in our region. Sanda, Kim, and Carly worked on creating a grant request form, which the board reviewed and made some changes. Carly will finalize the Grant Request Form with CDH's finance department and will post it to the BHB website and will announce it to the public distribution list. The board discussed using the Grant Request Form as an opportunity to reach our rural counties.

<p>Youth Behavioral Health Representation</p>	<p>Jen Burlage, Treasurer</p>	<p>The Youth Behavioral Health committee has reached out to a few board members about visibility on the Behavioral Health Board. Amy Korb was previously on the Youth Committee but stepped down when she left the board. Autumn has the meetings on her calendar but it can be difficult to get away from work for both the YBH and BHB meetings. Steven Hogue represents juvenile justice seat and he stated he would be able to attend the YBH meetings.</p> <p><i>Action item:</i></p> <ul style="list-style-type: none"> • <i>Carly to reference the bylaws and see how many board members are required to be on the subcommittees</i>
<p>SUD Block Grant Follow-up</p>	<p>Carly Doud, CDH</p>	<p>Carly updated the board on the SUD block grant discussion from last month. The Executive Committee met with Rosie Andueza and were told that there will be funding available from the SUD block grant after Medicaid expansion, but the earliest it would be available would be in October 2020. The SUD block grant is used for more than SUD treatment services, and therefore only a fraction of the 8 million dollars would be available. Rosie was not sure how this would pan out, but there will most likely be subgrants available to the Behavioral Health Boards to apply for.</p> <p>The Executive Committee had a meeting scheduled with Ross Edmunds but that had to be cancelled. The board will be holding off on further work until we receive more direction from IDHW.</p>
<p>Marketing Committee Update</p>	<p>Christina Smith</p>	<p>Christina talked to the board regarding the following updates and ideas for the marketing committee:</p> <ul style="list-style-type: none"> • Hosting the BHB social hours at a restaurant or coffee shop instead of a bar or brewery to be respectful of board members who are in recovery or don't consume alcohol. The board has hosted the social hours at Edge Brewing for the last year, which is a restaurant and brewery, but we will look into finding a more traditional restaurant environment for future social hours. • Revisiting the board's strategic plan and get back to quarterly discussions about short and long-term goals for the board. The Executive Committee discussed this same idea. The February meeting will focus on strategic planning for the board. • How to get representation on the board from rural populations in our region. The board is heavily represented by Ada County. • Brainstorm ideas for more marketing products to get our name out there and utilize opportunities such as Deterra packets. The board brought up the idea of having a social media presence but it was decided that it may be difficult to maintain and could open up the board to a liability. • Decide what board members should talk about, and what message we want to get across when we are at community events. • Annual team building activities.

<p>2020 Meet & Greet</p> <ul style="list-style-type: none"> • Sponsors • Speakers • Update Member Bios • Talking Points • Volunteers • Invite List 	<p>Carly Doud, CDH; Christina Smith</p>	<p>The board discussed the following item for the 2020 Meet & Greet:</p> <ul style="list-style-type: none"> • Sponsors: Carly has submitted sponsorship requests to Optum, Empower Idaho, Saint Alphonsus, St. Luke's and Empower Idaho. St. Luke's unfortunately denied the request. Heather Burch spoke to her husband and his business, Stack Rock construction is willing to sponsor the event for \$1,200! Jake Wilson also stated that he submitted a request to the St. Luke's McCall Foundation. • Speakers: The speakers for this year's event will be Director Josh Tewalt, Ellie Merrick, and Devin Pugmire. • Update Member Bios: Carly has sent the member bios to all board members. She asked that everyone review their bio and send her any changes as these will be on display at the event. • Talking Points: Talking points and panel questions will be further discussed at the January meeting. Board member agreed that they would like to ask panelists to share a story of their experience with behavioral health. • Volunteers: Laura Kiehl volunteered to be the moderator for the panel, Heather volunteered for set-up, and Jen and Christina volunteered to clean-up. Carly created a volunteer sign-up using SignUpGenius and asked board members to look that over and volunteer for remaining shifts. • Invite List: Carly has sent the invitation list to board members. She asked that everyone review the lists and make and additions or changes that they see fit. Board members are more than welcome to invite individuals on their own.
<p>New Meeting Location at Central District Health</p>	<p>Carly Doud, CDH</p>	<p>Carly let everyone know that this will be the last meeting held at IDHW. The remodel at Central District Health is nearly finished and starting in January, meetings will be held there. She will send an updated calendar invite to all board members and will email the public distribution list as well.</p>
<p>Announcements: Agenda Items; Wrap-up</p>	<p>All</p>	<p>Monica moved, and Jen seconded to adjourn the meeting. All were in favor.</p> <p>Meeting adjourned at 12:53</p>

Next scheduled board meeting: January 9, 2020
11:00am – 1:00pm
707 N Armstrong Pl, Huckleberry Room, Boise, ID 83704



Region 4 Behavioral Health Board

Mission: *We improve behavioral health by developing solutions with our communities.*

Vision: *An integrated health system accessible to everyone*

Values: *Respect – We value all perspectives.*

Progressive – We move forward.

Integrity – We do the right thing.

Innovative - We are open to new ideas.

Transparent – We clearly show what we do and why we do it.

Strategic Planning Goals

Improve continuity of care through education and awareness.

Educate and inform policymakers on statutes that inhibit care.