



## Region 4 Behavioral Health Board Meeting

December 10, 2020

Beginning at 11:00 a.m.

Join Zoom Meeting: <https://us02web.zoom.us/j/130171656?pwd=dWhqWXJrQUJoTU92WV3WkQybTVSdz09>

Meeting ID: 130 171 656, Password: 747006

One tap mobile: +12532158782,,130171656#,,1#,747006# US (Tacoma), +13462487799,,130171656#,,1#,747006# US (Houston)

Dial by your location: +1 253 215 8782 US (Tacoma)

Central District Health: 707 N. Armstrong Place, Boise, Idaho, 83704

Zoom attendance preferred. Attendance in person requires masks/face coverings to be worn properly and at all times. A face covering must fit close to your face without large side-gaps that covers the nose and mouth. Acceptable face coverings include: Cloth masks made of tightly woven fabrics, such as cotton and cotton blends, and medical and non-medical disposal masks. Any mask that incorporates a valve or vent, or contains openings, holes, or visible gaps is non-compliant. Physical distancing will be observed and as such, in-person attendance capacity will be limited to 6 people.

**Board Member attendees:** Sanda Kuzeta-Cerimagic, Co-chair; Laura Kiehl, Co-chair; Monica Forbes, Vice Chair; Jennifer Burlage, Treasurer; Christina Smith, Secretary; Brenda Willson, Member At Large; Autumm Brechwald; Melanie Bennett; Jill Chonody; Chris Christopher; Deborah Dawn Colwell; Elisha Figureroa; Ryan Jensen; Commissioner Maupin; Suzanne McKinney; Mary Pirnie; Russell Salyards

**CDH attendees:** Courtney Boyce, Tami Cirerol, Cristina Perez, Rebecca Sprague, Alexis Pickering

**Guests:** Danielle Fanopoulos, Ladessa Foster, Starr Shepard, Cynthia Singleton-Nichols

Agenda Item	Presenter	Notes
Welcome and Call to Order; Consent Agenda; <ul style="list-style-type: none"> <li>Quorum: 15 attendees</li> </ul> Introductions and Review of Mission and Vision	Sanda Kuzeta-Cerimagic & Laura Kiehl, Co-Chairs	Meeting called to order at 11:03 a.m.  Quorum met at 11:03 a.m.  Mission and Vision read by Sanda Kuzeta-Cerimagic  Changes to the Agenda: The action item pertaining to the Mini-grant submitted by the American Legion was removed from the agenda. A motion was made and seconded to accept the change to the agenda; motion carried unanimously.

<p>Meeting minutes</p> <p>1. <u>Action Item:</u> <i>vote to approve minutes for August, September, October, and November 2020 meetings</i></p>	<p>Sanda Kuzeta-Cerimagic &amp; Laura Kiehl, Co-Chairs</p>	<p>A motion was made, and seconded, to approve the meeting minutes from the August, September, October, and November 2020 meetings; motion carried unanimously.</p>
<p>January 2021 Meeting Discussion</p> <p>2. <u>Action item:</u> <i>vote to cancel January 2021 meeting</i></p> <p>3. <u>Action item:</u> <i>vote to convene strategic planning meeting on January 14, 2021, from 11:00 a.m. to 2:00 p.m.</i></p>	<p>Sanda Kuzeta-Cerimagic &amp; Laura Kiehl, Co-Chairs</p>	<p>A motion was made, and seconded, to cancel the January 2021 meeting; motion carried unanimously.</p> <p>A motion was made, and seconded, to convene a strategic planning meeting on January 14, 2021, from 11:00 a.m. to 2:00 p.m.; motion carried unanimously.</p>
<p>Region 4 Behavioral Health Board meetings</p> <p>Reduce Quorum</p> <p>4. <u>Action item:</u> <i>vote to amend bylaws to reflect a change in quorum requirements, reading “A quorum of the board is constituted by simple majority (51%) of active members of the board.”</i></p> <p>Reduce meeting duration</p> <p>5. <u>Action item:</u> <i>vote to reduce Region 4 Behavioral Health Board monthly meeting duration to one (1) hour</i></p> <p>Reduce meeting frequency</p> <p>6. <u>Action item:</u> <i>vote to change the Region 4 Behavioral Health Board meetings to every other month, with the intention for business meetings and workgroup/subcommittee-focused meetings to be held on alternating months</i></p>	<p>Sanda Kuzeta-Cerimagic &amp; Laura Kiehl, Co-Chairs</p>	<p>A motion was made, and seconded, to amend bylaws to reflect a change in quorum requirements, reading “A quorum of the board is constituted by simple majority (51%) of active members of the board;” motion carried unanimously.</p> <p>Regarding meeting duration and frequency, the Board members discussed “what works” for meetings. Topics included meeting later in the day and the importance of consent agendas. Board members noted the value of guest speakers/presenters. Presentations provide an opportunity for community members to learn about activities and to share information. Also, it’s appreciated when legislatures attend meetings.</p>

		<p><u>Tami to send out a Doodle Poll to find best time for R4BHB meeting.</u></p> <p>Additional comments note that networking remains a critical part of the Board. Speakers/presenters are important for engagement and keep people informed.</p> <p>A suggestion was made to list all business items and announcements at the top of each agenda.</p> <p>Action items #5: No motion was made to action item.</p> <p>Action item #6: No motion was made to action item.</p>
Voting by email discussion	Sanda Kuzeta-Cerimagic & Laura Kiehl, Co-Chairs	Table for future discussion
COVID Behavioral Health Taskforce Update	Alexis Pickering, WICHC	<p>Provided an overview of WICHC and the COVID Behavioral Health Taskforce</p> <p>Slides shared with Board Members</p>
Announcements and wrap-up SUD Service Provider seat vacancy	All	<p>Application for the R4BHB posted to CDH website.</p> <p>Northpointe Recovery (Boise) is hosting an open house on December 21<sup>st</sup>.</p> <p>A motion was made, seconded, to adjourn the meeting; motion carried unanimously. Meeting adjourned at 11:54 a.m.</p>

Next scheduled board meeting: January 14, 2021, beginning at 11:00 a.m.



## **Region 4 Behavioral Health Board**

**Mission:** *We improve behavioral health by developing solutions with our communities.*

**Vision:** *An integrated health system accessible to everyone*

**Values:** *Respect – We value all perspectives.*

*Progressive – We move forward.*

*Integrity – We do the right thing.*

*Innovative - We are open to new ideas.*

*Transparent – We clearly show what we do and why we do it.*

### **Strategic Planning Goals**

**Improve** continuity of care through education and awareness.

**Educate** and inform policymakers on statutes that inhibit care.