



Region IV Behavioral Health Board Meeting

November 8, 2018

Room 131, 1720 Westgate Drive, Boise, ID 83704

2:00 PM – 4:00 PM

Call in number: 1-866-210-1669

Participant number: 4641842

Presiding Officer: Kim Keys, Chair

Board Attendees: Autumn Brechwald; Jennifer Burlage, Chris Christopher; Elt Hasbrouck; Brandi Hissong; Laura Kiehl; Amy Korb, Vice-Chair; Sanda Kuzeta-Cerimagic; Russell Salyards; Mary Pirnie; Wayne Sharp; Rebecca Travis, Secretary; Rick Visser

Board Attendees by Phone: Ryan Jensen; Monica Forbes; Elisha Figueroa; Fred Kesler; Jake Wilson

Members of the Public: Gina Westcott; Britini Gates, Vanessa Johnson, Michelle Barker, Joseph Zavalatta, Carly Doud, Alexis Pickering

Agenda Item	Presenter	Notes
Welcome and Call to Order; Introductions and Review of Mission and Vision; Consent Agenda;	Kim Keys, Chair	Meeting was called to order at 2:03pm. Introductions were made and quorum was met. Elt moved and Jen seconded, all in favor to approve the consent agenda which included the following: <ul style="list-style-type: none"> • November 1, 2018 1 Executive Committee Minutes • October 11, 2018 Behavioral Health Board Minutes • November 8, 2018 Behavioral Health Board Agenda
DBH Update	Jen Burlage, Treasurer	Jen reviewed the DBH Central Office Monthly update. Youth Empowerment Services (YES) will have a new psychiatric residential treatment facility, Teton Peaks, that has been approved in Idaho. YES training continues with two levels of training available. Links for these trainings can be found on the YES website. Three new CANS documents were distributed to providers by way of the Optum Network Provider alerts and through direct outreach to community providers. These documents included changes to the YES CANS certification, discounted CANS certification costs available for Medicaid/Optum providers, and a process for agencies to request access to ICANS. Proposed changes to Detox and Mental Health Diversion Units chapter and will be presented to IDHW board on November 15, 2018. DBH continues to reduce the wait time for Persons Who Inject Drugs to get into treatment. Individuals whose addiction involves opiates and who meet eligibility requirements continue to have access to services through IROC.

		<p>DBH has been awarded funding by SAMHSA from the SOR grant to address the opioid epidemic. This funding will be used to enhance the IROC program. One initiative from this funding will be to grant up to \$30,000 to each of the five federally recognized tribes in Idaho.</p>
Center for Community & Justice	Joseph Zavaletta, JD; Sam Byrd	<p>Joseph Zavaletta, JD from the Center for Community & Justice spoke to the board regarding trauma caused by immigrant family separation in Ada County. He stated that family separation is happening in our area, and causes immense trauma to the children of these families. He stated his agency can handle the legal ramifications of family separation, but they are not equipped to handle the emotional trauma. The board asked how many families are being separated, Joseph could not provide an exact number but he stated it is more than we think. One concern that Joseph has is public charge – families are afraid to participate in public assistance programs as this could impact their ability to apply for legal immigrant status at a later time.</p> <p>Kim stated she sat on a committee for children of incarcerated parents who would be dealing with similar trauma. That committee has done a lot of work on developing materials and curriculum to put into schools as well as form a group of mental health providers that could be a resource for the kids. She suggested Joseph reach out to the former chair of that committee, and Gina Westcott provided Joseph her card to help them get connected. Jen stated that DHW has a pro bono intake line that can help the families navigate the system. Jen also provided Joseph with her contact information.</p>
ICJC Meeting Update	Kim Keys, Chair	<p>Kim attended the Behavioral Health Subcommittee ICJC meeting. Representatives from DBH, Region 1, Region 3, Region 6, and the Department of Juvenile Corrections were in attendance. The committee wanted to know what they can do to help R4BHB. This gives us the opportunity to put some asks forward.</p> <p>There is a lack of mental health beds and secure lock down, and there is a need for more CIT training and general mental health training for officers at the time of arrest. It was suggested there should be more focus on availability of crisis teams. The meeting briefly touched on Ada County solutions to find secured facilities for involuntary holds. There is a 250% increase for requests for competency evaluations at hearings. This increase appears to be more of a way to cover attorneys rather than an accurate representation for mental health needs.</p> <p>There was some discussion on the barriers to JRI succeeding as they don't include the prosecutors. It was recommended to recruit prosecuting attorneys to be on the boards or as part of the conversation regarding mental health. There is discretion at the arrest that officers need to be trained on, and there is discretion at the attorney's office. Because the Department of Corrections is going to the legislature to ask for \$500 million for new prison(s), this will likely create a scenario that the legislature will look to other solutions instead of spending the money. This will give us the opportunity to talk more about mental health, prevention, and resources to reduce recidivism in our community to push other non-incarcerated options.</p>

		Jen discussed designated exams and competency evaluations. Designated exams are used during mental holds and is a civil process, not a criminal process. Competency exams are done by a psychologist and includes a lot of testing and is a criminal process.
BHB Contracting Report Results & Survey	Amy and Kim	<p>A survey was sent out to the board members as part of the contract monitoring between DBH and CDHD. The survey asked board members several questions, including ranking board effectiveness and progress. Eight people from the board participated, and Brandi, Laura, Marie, and Autumn stated that they didn't receive the survey.</p> <p>The reaction from the survey was mostly positive, except for one response. As we had less than 50% participation, a new survey will be sent out to the board. There will also be an opportunity on the survey to anonymously enter in comments. If someone feels the board isn't being effective this gives them the opportunity to state why.</p> <p><i>Action item:</i></p> <ul style="list-style-type: none"> • <i>Carly to create a survey monkey to distribute to board members</i>
Partnership for Success Grant Update	Alexis Pickering	<p>Alexis provided an update on the Partnership for Success Grant. We were granted nearly \$239,000/year for five years and will be able to hire one full time project coordinator. This person will do prevention work based off the needs of our region. The biggest focus will be on marijuana, underage drinking, and veteran substance abuse. CDHD will be supervising and managing the coordinator, and will partner closely with the Behavioral Health Board. The R4BHB will advise on an action plan and the scope of work.</p> <p>DHR is changing their entire system which has bumped up the deadline to hire the coordinator to November 30, 2018. 16 candidates applied and interviews are scheduled for next week.</p>
<p>Meet & Greet Update</p> <ul style="list-style-type: none"> • Venue • Speakers – informal vote selecting speakers • Sponsors 	Kim Keys, Chair	<p>Kim provided an update on the Meet & Greet. The event is scheduled for January 29, 2019. We need to finalize the venue, caterers, sponsors and speakers. Ideally the Meet & Greet will be in a venue near the legislator's dinner is that night. We don't know the exact location but have been informed it will be somewhere downtown Boise.</p> <p>Catering options include Open Table, West Side Drive in, and Rebecca's mom. Open Table offers discounts for non-profits however West Side Drive in does not. We have a venue quote from Opera Idaho of \$175 for the night, however we would like to get a quote from the Crystal Ballroom as well as the Grove.</p> <p>Key note speakers were discussed. Sheriff Bartlett, Director Atencio, a County Commissioner, Judge Hippler, and a mental health consumer were suggested as possible examples. The board discussed the benefits of one speaker vs. two speakers. Some members thought that it would be good to have a balance between one "lived experience" key note speaker and one speaker who is working in the field. Other members thought that it would be beneficial to have a mental health consumer as a single key note speaker, and have someone such as Sheriff Bartlett available for a Q&A after. Deadline for</p>

		<p>speakers is November 16, 2018. Board members will reach out to their contacts to try and find a mental health consumer that can be a speaker, and Ryan will reach out to Sheriff Bartlett.</p> <p>The venue and speakers need to be finalized as we need to start looking for sponsors. Board members will start brainstorming possible sponsors and will reach out. Last year’s sponsors included BPA, Blue Cross, Healthwise, Optum, Select Health, United Way, and Jannus. Alexis has already applied for a grant through St. Luke’s and is still waiting to hear back.</p> <p><i>Action items:</i></p> <ul style="list-style-type: none"> • Alexis to reach out to United Way and Jannus as possible sponsors • Carly to send a draft of the sponsor letter to Commissioner Visser so he can forward to St. Luke’s and St. Alphonsus. • Ryan to contact Sheriff Bartlett • Sanda to contact the Crystal Ballroom and the Grove to receive a quote.
Committee Update – IIBHN	Brandi Hisson	IIBHN did not meet this month, therefore no update is available.
Action Item <ul style="list-style-type: none"> • Cancel December Board Meeting? 	Kim Keys, Chair	No action item – the December meeting will stay scheduled as is. Representative Melissa Wintrow wanted to attend our next meeting and would likely not be available in January as she will be in session. There will also be a lot to plan for and discuss regarding the Meet & Greet.
Public Health Law Conference Presentation	Alexis Pickering	<p>Alexis provided an update on the Public Health Law Conference she attended.</p> <p>There was a lot of information regarding mental health and opioids. Recommendations are to always pursue treatment, but to also focus on prevention. US overdose statistics are up by 51%. Evidence shows that needle exchange programs will decrease HIV and hepatitis B. It will also decrease litter and evidence has shown that it does <i>not</i> increase drug use and crime.</p> <p>In one session, a panel consisting of members from Arizona, Seattle, and Kentucky talked about lessons learned in responding to the opioid epidemic. There were two thoughts regarding overdoses; what can we do to provide naloxone and how can we get it in the right area. One recommendation is to implement safe injection sites. It was found in Seattle that there were more overdoses in areas that naloxone wasn’t available. The recommendation was to have three injection sites, in the city as well as in other suburban areas. Unfortunately, this recommendation was not well received in suburban communities such as Redmond and Bellevue. Ultimately, no safe-injections sites have been created in Washington. Philadelphia is still moving forward with a safe injection site despite federal pressure and being illegal. Other states are watching to see how that turns out. Another recommendation was implementing needle exchange programs.</p> <p>The topic of domestic violence and health equity was another session Alexis attended. It was discussed at the summit that bruises can be hard to see in women of color. Some institutions are using UV light</p>

		<p>that will show the bruises better. FACES is a great local program and is implementing best practices that don't create disparities. Another topic was landlord/tenant nuisance ordinances. Only six large U.S. cities exempt and protect victims of domestic violence from being evicted when they call the police. If someone calls the police a certain amount of times it can be classified as a nuisance, which gives landlords the power to evict their tenants. Unfortunately, this discourages victims from calling 911, as they are afraid of losing their home. This is more prevalent in urban settings in the south, Midwest, and east coast. There was an example of one woman that had an abusive husband and after she called 911 the police let her know if she called one more time she could be evicted. The husband stabbed her, so she crawled out of her house to call 911, and was still evicted. Fortunately, she sued the city and won. Alexis stated that Idaho wasn't listed as having these protections, so she will reach out the FACES and the WCA to learn if it is a problem for our region.</p> <p>Another session including cross-sector collaboration and data sharing. This is a topic that has been discussed before in board meetings. Not being able to collect and share data is an issue for a variety of issues. The overall sentiments from this session was that public health (and other agencies) have an obligation to collect, protect, and share data. We can't tackle these complex issues without cross-sector data. Several tools and a success in Peoria, IL was discussed. We can't forget that we must be ethical when collecting, storing, and sharing data.</p> <p>Foster care was also discussed, often because this could be considered one of the most vulnerable populations. They experience a lot of trauma and that manifests into extremely high healthcare and justice system costs. More states and agencies are looking to improve the foster care system because the return on investment and impact is so large.</p> <p><i>Action items</i></p> <ul style="list-style-type: none"> • Alexis to contact FACES and the WCA • Alexis to send copies of Minnesota's nuisance ordinance protecting victims to Commissioner Visser
<p>Announcements:</p> <ul style="list-style-type: none"> • Recruitment for SUD Family Member/Parent Seat • American Cannabis Summit • Social hour at Edge Brewing: 525 Steelhead Way, Boise, ID 83704 	<p>All</p>	<p>The board is recruiting for SUD family member and parent seat. Kim asked that board members will share this information amongst colleagues and peers.</p> <p>The North American Cannabis Summit is scheduled for 2019 in Los Angeles. The purpose of this summit is to have an objective discussion regarding the current science about marijuana as well as a discussion with the states that have already legalized marijuana. Kim let the board know about this summit in case anyone is interested in attending.</p> <p>The social hour is taking place after this meeting is adjourned at Edge Brewing. Members are encouraged to attend.</p> <p>Jen moved and Wayne seconded to adjourn the meeting. All were in favor.</p> <p>Meeting adjourned at 4:00pm</p>

Agenda Items; Wrap-up		
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Next scheduled Board Meeting: December 13th, 2018 – 11:00 AM – 1:00 PM Room 131 Region 4 Offices, 1720 Westgate Drive



Region 4 Behavioral Health Board

Mission: *We improve behavioral health by developing solutions with our communities.*

Vision: *An integrated health system accessible to everyone*

Values: *Respect – We value all perspectives.*

Progressive – We move forward.

Integrity – We do the right thing.

Innovative - We are open to new ideas.

Transparent – We clearly show what we do and why we do it.

Strategic Planning Goals

Improve continuity of care through education and awareness.

Educate and inform policymakers on statutes that inhibit care.