



Region 4 Behavioral Health Board Meeting

October 10th, 2019

1720 Westgate Drive, Room 131, Boise, ID 83704

2:00 – 4:00pm

Call in number: 1-240-454-0879

Access Code: 803 569 518

Attendee ID/Meeting Password: 52246447

Presiding Officer: Sanda Kuzeta-Cerimagic, Vice-Chair

Board Attendees: Jennifer Burlage, Treasurer; Kelsey Pierce; Autumn Brechwald; Christina Smith; Monica Forbes, Secretary; Elt Hasbrouck; Wayne Sharp; Jake Wilson; Laura Kiehl; Ryan Jensen; Suzanne Lowman; Mary Pirnie

Board Attendees by Phone: Russell Salyards; Diana Lachiondo; Kim Keys

Members of the Public: Caroline Messerschmidt, CDH; Leanne Schwartz; Ruth Isaac; Iryna Von Esch; Summer Wilson; Anna Guida; Deanna Gallegos; Alicia Baptiste; Jason Austin; Ginny Gobel; Joe Gobel; Zach Russell; Ashley Lohr

Members of the Public by Phone: none

Agenda Item	Presenter	Notes
Welcome and Call to Order; Consent Agenda; <ul style="list-style-type: none"> • Quorum: 15 attendees Introductions and Review of Mission and Vision;	Sanda Kuzeta-Cerimagic, Vice-Chair	Meeting called to order at 2:08pm Elt Hasbrouck moved and Jennifer Burlage seconded, all in favor to approve the consent agenda which includes the following: <ul style="list-style-type: none"> • October 3, 2019 Executive Committee Minutes • September 12, 2019 BHB minutes • October 10, 2019 BHB agenda
Recovery Month Award <ul style="list-style-type: none"> • Ginny Gobel 	Jen Burlage, Treasurer	The Region 4 Behavioral Health Board nominated Ginny Gobel for the 2019 Regional Empowerment Award. Ginny was instrumental in the planning and implementation of PEER Wellness Center, involved in the Region IV Behavioral Health Board Recovery & Wellness Subcommittee, and the founder of Phoenix Multisport - a sober-active community in Boise. Not only does she serve on the Boise Phoenix Board of Directors, but she also facilitates groups at the Phoenix and organizes camping trips, bike rides, and even uses her cabin in Sun Valley to host ski trips for the participants of Phoenix Multisport. Her tireless efforts to support individuals in Recovery include not only her involvement in many boards and committees that support Recovery, but her

		hands-on approach to helping and supporting individuals who are working on initiating and/or maintaining their Recovery.
Phoenix Presentation	Phoenix	Ginny Gobel from The Phoenix accepted the award.
DBH Update	Jen Burlage, Treasurer	Jen reviewed the DBH Central Office Monthly update.
Youth Committee Update	Caroline Messerschmidt, CDH	<p>Caroline provided the following updates on the Youth Behavioral Health Committee.</p> <ul style="list-style-type: none"> • The Youth Behavioral Health Committee is working on focusing on the Gaps & Needs report and bringing it to every meeting to drive the conversation. • The Idaho Federation of Families is opening an afterschool program on October 24, 019 for homeless youth. • Caroline received an email from Ruth York with the Idaho Federation of Families. She anticipates that they will be bursting at the seams and will need more space than they currently have downtown. • Dr. Hoffman from BSS came to discuss workforce gaps.
SUD Advocate Seat Opening	Sanda Kuzeta-Cerimagic, Vice-Chair	<p>Brandi Hissong had to step down from the board as her responsibilities at work changed and she is no longer able to make it to board meetings. We now have an opening for the SUD Advocate seat. The Executive Committee discussed trying to fill this seat with someone from outside Ada county. The board can reimburse mileage expenses if someone is coming from far away.</p> <p>Action items:</p> <ul style="list-style-type: none"> • Carly to forward this information to the subcommittees • If anyone knows of someone interested in the SUD advocate seat, send them an application or forward their information to Carly.
September Meeting Debrief	Sanda Kuzeta-Cerimagic, Vice-Chair	<p>Board members enjoyed the Medicaid presentation as it was very informative. It was discussed that it would be a good idea to bring them back for a follow up presentation, possibly in March after services have been utilized and they have data to share.</p> <p>Board members discussed that there was a little confusion on how legislators were invited to the meeting, and that there wasn't time for conversation after the meeting. Elt suggested that we make future meetings with legislators more interactive by including time on the agenda for a Q&A. The invite was centered on the topic of Medicaid expansion. Moving forward, it would be beneficial to</p>

		<p>have a clear outline of what it is we want to discuss with the legislators. This also might entice them to attend because there would be a platform for discussion.</p>
<p>2020 Meet & Greet</p> <ul style="list-style-type: none"> • January 28, 2020 from 4:00-6:00pm • Sponsors • Speakers 	<p>Kim Keys and/or Christina Smith</p>	<p>The 3rd annual Meet & Greet is scheduled for Tuesday, January 28th from 4:00-6:00pm. The location will be the same as last year at the Esther Simplot Performing Arts Academy. It is \$200 to rent the space for the night and will include tables and chairs. Christina has forwarded a quote to Life's Kitchen for catering.</p> <p>Moving forward the board needs to discuss speakers and sponsors. The first hour of the event is spent networking while the second hour is for speaker/panel discussion. Last year we discussed that it would be nice to have time for conversation after the speaker/panel. Jen proposed reviewing last year's survey to see what attendees suggested, and decide what our goals are for this year and find people that can touch on those topics and go from there.</p> <p>Panel/speaker suggestions include:</p> <ul style="list-style-type: none"> • Health & Welfare • Someone with lived experience • Legislator • Veterans • Public Defenders office • Josh Tewalt • Joining Forces group • Judge Coffin • Judge Baskin from Elmore county • Judge Lamont Berecz • The LEAD program • Substance Abuse Diversion program • Someone from a rural county • Mental Health Court • Gaps & Needs Report <p>Action items:</p> <ul style="list-style-type: none"> • Ask Carly to send board members the sponsorship letter • Continue working on food vendors • Continue discussion regarding talking points and speakers • Carly to send out the 2019 survey

		<ul style="list-style-type: none"> • Board members to put the Meet & Greet on their calendar – Tuesday, January 28th, 2020 from 4:00-6:00pm <p>*Sanda - Going forward:</p> <ul style="list-style-type: none"> • We will get Carlie to send us the sponsorship letter, so we can get those out and work on those. • Keep working on food vendors • Speakers – we will have to figure out our talking points, get the survey out and regroup on this. • The time, place, & date are set. Put this on your calendar if it's not already on there! Jan. 28th 4-6.
<p>Announcements:</p> <ul style="list-style-type: none"> • Social Hour to follow meeting at Edge Brewing <p>Agenda Items; Wrap-up</p>	<p>All</p>	<p>Social Hour for Behavioral Health Board members to follow this meeting ad Edge Brewery.</p> <p>Jen moved and Christina seconded to adjourn the meeting. All were in favor. Meeting adjourned at 4:00pm.</p>

Next scheduled board meeting: November 14, 2019
11:00am – 1:00pm
1720 Westgate Drive, Room 131, Boise, ID 83704



Region 4 Behavioral Health Board

Mission: *We improve behavioral health by developing solutions with our communities.*

Vision: *An integrated health system accessible to everyone*

Values: *Respect – We value all perspectives.*

Progressive – We move forward.

Integrity – We do the right thing.

Innovative - We are open to new ideas.

Transparent – We clearly show what we do and why we do it.

Strategic Planning Goals

Improve continuity of care through education and awareness.

Educate and inform policymakers on statutes that inhibit care.