



Region 4 Behavioral Health Board Meeting

October 8, 2020

2:00 pm – 4:00pm

Join Zoom Meeting: <https://us02web.zoom.us/j/130171656?pwd=dWhqWXJrQUJoTU92WVV3WkQybTVSdz09>

Meeting ID: 130 171 656, Password: 747006

One tap mobile: +12532158782,,130171656#,,1#,747006# US (Tacoma), +13462487799,,130171656#,,1#,747006# US (Houston)

Dial by your location: +1 253 215 8782 US (Tacoma)

Board Member attendees: Sanda Kuzetz-Cerimagic, Co-chair; Monica Forbes, Vice Chair; Jennifer Burlage, Treasurer; Christina Smith, Secretary; Brenda Willson, Member At Large; Autumm Brechwald; Melanie Bennett; Jill Chonody; Deborah Dawn Colwell; Ryan Jensen; Commissioner Maupin; Suzanne McKinney; Mary Pirnie; Russell Salyards

CDH attendees: Courtney Boyce, Tami Cirerol, Laura Smith, Rebecca Sprague

Guests: Alicia Baptiste, Brooke Bennett, Dave Conley, Lori Farrens, Jenna Sheldon, Starr Shepard, Tara Woodward

Time	Agenda Item	Presenter	Notes
2:00 – 2:15 PM	Welcome and Call to Order; Consent Agenda; <ul style="list-style-type: none"> Quorum: 15 attendees Introductions and Review of Mission and Vision	Sanda Kuzeta-Cerimagic & Laura Kiehl, Co-Chairs	Meeting began at 2:05 p.m. Quorum did not meet Sanda Kuzeta-Cerimagic read the Mission, Vision, and Values statements
2:15 – 2:20 PM	Approve meeting minutes from August 2020 and September 2020 meetings	Sanda Kuzeta-Cerimagic & Laura Kiehl, Co-Chairs	As quorum did not meet, approving August and September 2020 meeting minutes will be placed on November 2020 agenda.
2:20 – 2:25 PM	January 2021 Meeting Discussion <i>Action item: vote to cancel January 2021 meeting</i>	Sanda Kuzeta-Cerimagic & Laura Kiehl, Co-Chairs	As quorum did not meet, actions item moved to November 2020 agenda.

	<i>Action item: vote to convene strategic planning meeting for 3 hours in January 2021</i>		
2:25 – 2:30 PM	Mini-grant application <i>Action Item: vote to approve Mini-grant application, submitted by the American Legion</i>	Sanda Kuzeta-Cerimagic & Laura Kiehl, Co-Chairs	As quorum did not meet, action item moved to November 2020 agenda.
2:30 – 2:35 PM	DBH Update	Jen Burlage, Treasurer	<p>COVID Help Now Line available:</p> <ul style="list-style-type: none"> • #986-867-1073 (phone, text, or chat) • #866-947-5186 (toll free, phone only) <p>Counseling for frontline and essential workers available through BPA:</p> <ul style="list-style-type: none"> • #866-536-0239 <p>Jenna Sheldon provided an overview of her work as the Regional COVID-19 Crisis Resource Specialist</p> <p>Substance use disorder and mental health services available for persons impacted by COVID-19 (offered through BPA Health)</p> <p>COVID 19 Resource website available</p> <p>Idaho’s Response to the Opioid Crisis (IROC) – Funding Opportunity Announcement (FOA) currently available that focuses on recovery support services; due date for submission is 11/6/2020</p>
2:35 – 3:05 PM	One More Day Program Presentation	Dave Conley, American Legion	Dave Conley provided an overview of the One More Day program. “One More Day” is a veteran suicide prevention program offered by the Idaho

			American Legion Riders. The program includes a veteran dispatch team, with at least one team member trained in ASIST (Applied Suicide Intervention Skills Training).
3:05 – 3:20 PM	Partnerships for Success (PFS) Update	Rebecca Sprague, CDH	<p>Shared Quarter 1 update:</p> <ul style="list-style-type: none"> • 756 Deterra Drug Deactivation pouches delivered • 85 Medication Lock Boxes delivered • 129 Be The Parent Materials dispersed • 7 Community partners funded, totaling \$77,366 <p>Held first of two webinars on the Positive Action program. The first webinar focus on the family curriculum and the second webinar will focus on the climate curriculum.</p>
3:20 – 3:50 PM	Momentum – the Strategic Planning Experience: SWOT Results, TOWS Matrix, and Strategic Goals	Tara Woodward, Boise State University Tami Cirerol, CDH	<p>Tara shared the results of the SWOT Analysis and conducted the TOWS Matrix activity, resulting in possible planning strategies for the R4BHB.</p> <p>Tami shared an overview of the strategic planning process and began a dialogue regarding R4BHB Goals.</p>
3:50 – 4:00 PM	Announcements and wrap-up	All	<p>Tami Cirerol (CDH) shared information regarding upcoming QPR Training dates.</p> <p>Monica Forbes (Peer Wellness) shared information regarding Amnesty for individuals due to a drug overdose, July 1, 2018, coming up for review during the 2021 legislative session. Ask for input and feedback. Contact Monica or Rep. Sue Chew. Working with Idaho Harm Reduction Project.</p>

			<p>Monica also shared that The Roc (Recovery Oriented Community) in McCall is getting ready to open, with a soft open by the end of October. The Phoenix and the Rock hosting a hike the weekend of Oct. 10th.</p> <p>Meeting adjourned at 3:30 p.m.</p>
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Next scheduled board meeting: November 12, 2020, 11:00am – 1:00pm



Region 4 Behavioral Health Board

Mission: *We improve behavioral health by developing solutions with our communities.*

Vision: *An integrated health system accessible to everyone*

Values: *Respect – We value all perspectives.*

Progressive – We move forward.

Integrity – We do the right thing.

Innovative - We are open to new ideas.

Transparent – We clearly show what we do and why we do it.

Strategic Planning Goals

Improve continuity of care through education and awareness.

Educate and inform policymakers on statutes that inhibit care.