



Region 4 Behavioral Health Board Meeting

August 13, 2020

11:00am – 1:00pm

Join Zoom Meeting: <https://us02web.zoom.us/j/130171656?pwd=dWhqWXJrQUJoTU92WVV3WkQybTVSZz09>

Meeting ID: 130 171 656, Password: 747006

One tap mobile: +12532158782,,130171656#,1#,747006# US (Tacoma), +13462487799,,130171656#,1#,747006# US (Houston)

Dial by your location: +1 253 215 8782 US (Tacoma)

Board Member attendees: Laura Kiehl, Co-chair; Sanda Kuzetz-Cerimagic, Co-chair; Monica Forbes, Vice Chair; Christina Smith, Secretary; Brenda Willson, Member At Large; Melanie Bennett; Jill Chonody; Chris Christopher; Dawn Colwell; Ryan Jensen; Commissioner Lochiondo, Commissioner Maupin, Suzanne McKinney; Kelsey Pierce; Wayne Sharp; Jake Wilson

CDH attendees: Courtney Boyce, Tami Cirerol, Cristina Perez, Laura Smith, Rebecca Sprague

Guests: Brooke Bennett, Optum; “Bernie,” Chuck Christiansen, Intermountain Hospital; Dave Conely, American Legion Riders; Lori Farrens, Empowering Choices; LaDessa Foster, BPA Health; Anna Guida, Empower Idaho; Amber Hagler, DHW; Joy Husmann, Region 3 Behavioral Health Board Vice Chair; Bevin Modrak, Optum; Erin Moore, Jannus; Lyle Nelson, St. Luke’s Community Health; Claudia Ordonezlandry, Empower Idaho; Devin Pugmire, Terry Reilly; Wendy Stoneberg, Optum; Katie Wagner, Highland Springs Specialty Clinic

Time	Agenda Item	Presenter	Notes
11:00 a.m. – 11:15 a.m.	Welcome and Call to Order; Consent Agenda; <ul style="list-style-type: none"> Quorum: 15 attendees Introductions and Review of Mission and Vision	Sanda Kuzeta-Cerimagic & Laura Kiehl, Co-Chairs	Meeting called to order at 11:08 AM Introductions were made and the mission and vision were reviewed. Quorum met at 11:25 AM A motion was made, and seconded, to approve the consent agenda, which includes the following: <ul style="list-style-type: none"> Meeting Agenda for August 13, 2020 Board minutes for May 14, 2020 and June 11, 2020 EC minutes for May 4, 2020, June 4, 2020, July 2, 2020, and August 6, 2020

			Motion carried.
11:15 a.m. – 11:20 a.m.	Approve meeting minutes from May and June meetings	Sanda Kuzeta-Cerimagic & Laura Kiehl, Co-Chairs	Agenda item moved after Telehealth Parity Discussion A motion was made, and seconded, to approve the minutes from the May and June meetings. Motion carried.
11:20 a.m. – 11:30 a.m.	Mental Health Awareness Awardee 2020 – Devin Pugmire	Sanda Kuzeta-Cerimagic & Laura Kiehl, Co-Chairs; Anna Guida, Empower Idaho	Presentation by Anna Guida (Empower Idaho) honoring Devin Pugmire
11:30 a.m. – 11:40 a.m.	Telehealth Parity <i>Action Item:</i> Vote on letter of support of Telehealth Parity	Laura Kiehl, Co-Chair	Kim Keys presented a template letter of support of telehealth parity to the Executive Committee, requesting support from the Region 4 Behavioral Health Board. Specific considerations from Board members include the following: <ul style="list-style-type: none"> • Rural areas • The value of telehealth for the Air Force Base • A decrease in no-show appointment rates with telehealth • The need to increase broadband across Idaho, especially in rural areas <p>A motion was made, and seconded, to approve editing the letter of support for health parity. Motion carried.</p> <p>Laura Kiehl will work on a draft letter of support that is more specific to the Region 4 Behavioral Health Board.</p>
11:40 a.m. – 11:55 a.m.	DBH Update	Amber Hagler, DHW	A COVID-19 website is available, containing resources for providers and consumers.

			<p>BPA Health - COVID Help Now Hotline Update; crisis counselors available to call, text, or chat; hours of operations; printable materials located on website: coronavirus.idaho.gov</p> <p>Idaho office on Emergency Management, COVID resources</p> <p>DBH started providing Frontline Workers COVID assistance – services made available by BPA Health Sherry.Johnson@dhw.idaho.gov with questions.</p> <p>Youth Empowerment Services (YES) new website is available.</p> <p>IROC applied for a no-cost extension from SAMHSA to extend programs for a year.</p> <p>ECHO Idaho has partnered with DHW through state opioid response grant to provide training for medical professionals.</p> <p>SUD & Recovery services – SUD services offered to qualifying citizens impacted by COVID; contact BPA Health to screen for eligibility.</p> <p>Question posed: Are there behavioral health services/info for newly diagnosed with COVID who are quarantined? Response: COVID Help Now Hotline and 211.</p> <p>Skipped ahead to the mini-grants while still have quorum</p>
11:55 a.m. – 12:00 p.m.	Wellness & Recovery Committee Update	Monica Forbes, Vice Chair	<p>Focused on the 3 Rs – Recovery, Re-entry, Rural outreach</p> <p>Recovery Month Sept – Monica expressed thanks for ideas and suggestions. Optum and Recovery Idaho supporting all recovery centers in an advocacy campaign consisting of 100 yard signs. A link to sign up for a yard sign is located on the</p>

			<p>Peer Wellness website (no contact delivery and pick-up). Printing t-shirts and masks containing the purple ribbon representing recovery, also available on website. Also printing car magnets.</p> <p>Peer Wellness is moving down Emerald Street (near the Allumbaugh House, directly across from FMRI).</p> <p>Rural outreach – Laura Smith (Central District Health) announced the notification of a HRSA Implementation Funding Award. As part of the \$1 million award, Peer Wellness will open a satellite center, currently called The Hub, in Valley County.</p>
12:00 p.m. – 12:10 p.m.	Budget Discussion	Sanda Kuzeta-Cerimagic, Co-Chair	Historically, the funding for the Behavioral Health Boards has been split between three separate budgets: Adult Mental Health (AMH), Children’s Mental Health (CMH), and Substance Use Disorder (SUD). Since there are no state SUD funds available, federal funds will be used to mitigate the gap. One caveat is that federal funds cannot be used for Board Mini-grants. As such, a brief disclaimer has been added to the R4BHB Mini-grant Application, stating that federal funds are not used for mini-grants.
12:10 p.m. – 12:15 p.m.	PFS Update	Rebecca Sprague, CDH	<p>Partnership for Success (PFS) carry over funds resulted in approximately \$65,000 for subgrants.</p> <p>Rebecca shared the Lock, Monitor, Dispose collaborative with DOPP and Suicide Prevention flyer and the PFS update infographic.</p>
12:15 p.m. – 12:30 p.m.	Child Abuse and Domestic Violence Workgroup Presentation	Lyle Nelson, St. Luke’s Community Health	Lyle provided information on a newly formed workgroup, aimed at preventing child abuse and domestic violence. He asked “How do we prevent and get upstream to prevent child

			<p>abuse?” By thinking “upstream and solve problems before they happen.”</p> <p>Workgroup course of action is to promote cross-sector collaborations and work.</p> <p>Lyle posed the question: what might prevention upstream look like in reducing domestic violence or child abuse – interventions? What can community members do?</p> <p>Responses include:</p> <ul style="list-style-type: none"> • The way people react to stresses in their life – coping, resilience, basic life needs met to reduce feeling threatened, parenting resources available • Providers - Ask what’s going on in the homes right now. With the schools closed, this first line of defense is not available. Be aware in the fields we are in. • Counseling services for frontline workers impacted by COVID-19 can be individual, couples or family counseling. BPA Health 866-536-0239 <p>Contact Lyle Nelson (lnelson@slhs.org) or Tami Cirerol with questions.</p>
<p>12:30 p.m. – 12:40 p.m.</p>	<p>Mini-grant application, Peer Wellness <i>Action Item:</i> Vote to approve mini-grant Mini-grant application, Andra Smith Hansen <i>Action Item:</i> Vote to approve mini-grant</p>	<p>Sanda Kuzeta-Cerimagic & Laura Kiehl, Co-Chairs</p>	<p>Monica shared information regarding Peer Wellness Mini-grant request</p> <p>A motion was made, and seconded, to approve the mini-grant application from Peer Wellness. Monica Forbes abstained from voting. Motion carried.</p>

			A motion was made, and seconded, to approve the mini-grant application for Andra Smith Hansen to provide QPR training. Motion carried.
12:40 p.m. – 12:45 p.m.	Social Hours (March & October) Action Item: Vote to Move Meeting Times	Sanda Kuzeta-Cerimagic & Laura Kiehl, Co-Chairs	A motion was made, and seconded, to approve changing the time of the R4BHB meeting to 2:00 p.m. – 4:00 p.m. for the October 2020 and March 2021 meetings. Motion carried.
12:45 p.m. – 12:50 p.m.	Gaps & Needs Report Update	Sanda Kuzeta-Cerimagic, Co-Chair	Please review report and provide feedback to Tami Cirerol by Friday, August 28 th .
12:50 – 1:00	Announcements and wrap-up	All	Rebecca Sprague (CDH) has “Be The Parents” Materials available, printed in English and Spanish. Contact Rebecca if you are interested to receive these materials. Quorum did not meet by the end of the meeting. Meeting concluded at 12:50 p.m.

Next scheduled board meeting: September 10, 2020, 11:00am – 1:00pm



Region 4 Behavioral Health Board

Mission: *We improve behavioral health by developing solutions with our communities.*

Vision: *An integrated health system accessible to everyone*

Values: *Respect – We value all perspectives.*

Progressive – We move forward.

Integrity – We do the right thing.

Innovative - We are open to new ideas.

Transparent – We clearly show what we do and why we do it.

Strategic Planning Goals

Improve continuity of care through education and awareness.

Educate and inform policymakers on statutes that inhibit care.