



## Region 4 Behavioral Health Board Meeting

June 11, 2020

11:00am – 1:00pm

Join Zoom Meeting: <https://us02web.zoom.us/j/130171656?pwd=dWhqWXJrQUJoTU92WVV3WkQybTVSZz09>

Meeting ID: 130 171 656, Password: 747006

One tap mobile: +12532158782,,130171656#,,1#,747006# US (Tacoma), +13462487799,,130171656#,,1#,747006# US (Houston)

Dial by your location: +1 253 215 8782 US (Tacoma)

Presiding Officers: Laura Kiehl and Sanda Kuzeta-Cerimagic, Co-chairs

Board Attendees: Jen Burlage, Treasurer; Christina Smith, Secretary; Monica Forbes, Vice-chair; Autumm Brechwald; Jake Wilson; Kelsey Pierce; Mary Pirnie; Russell Salyards; Ryan Jensen; Sheery Maupin; Steven Hogue; Suzanne McKinney

Members of the Public: Laura Smith, CDH; Rebecca Sprague, CDH; Courtney Boyce, CDH; Cristina Perez, CDH; Tami Cirerol, CDH; Lyle Nelson, St. Luke's; Bevin Modrack, Optum; Mindy Oldenkamp; Division of Behavioral Health; Brooke Bennet, Optum; Jan Jacobs, Optum; Ali Shields, Idaho Lives

Time	Agenda Item	Presenter	Notes
11:00 – 11:15	Welcome and Call to Order; Consent Agenda; <ul style="list-style-type: none"> <li>Quorum: 15 attendees</li> </ul> Introductions and Review of Mission and Vision;	Sanda Kuzeta-Cerimagic & Laura Kiehl, Co-Chairs	Meeting began at 11:10 a.m.  Quorum did not meet; approving May 2020 meeting minutes will be placed on the August 2020 agenda  Laura Kiehl read the Mission, Vision, and Values statements
11:15 – 11:20	Introduction of new R4BHB Liaison – Tami Cirerol	Sanda Kuzeta-Cerimagic & Laura Kiehl, Co-Chairs	Laura Smith introduced Tami Cirerol
11:20 – 11:35	DBH Update	Jen Burlage, Treasurer	COVID Department of Behavioral Health hotline: #888-330-3010 <ul style="list-style-type: none"> <li>Master's level clinicians are answering the line</li> </ul> Idaho Tobacco Project:

			<ul style="list-style-type: none"> <li>• Definition expands July 1<sup>st</sup>, to include e-cigarettes and other nicotine products; includes permits for vaping vendors</li> </ul> <p>IROC:</p> <ul style="list-style-type: none"> <li>• Grant submitted in May (\$8M); 2-year grant, begins in September 2020</li> <li>• Sub-grant goal of \$565K available for evidence-based afterschool programs</li> </ul> <p>SUD Support Services: applied for and received \$2M for implementation of mental or SUD health services</p> <p>Certified Peer &amp; Family Support: working on designing a certificate to provide youth SUD support work, contact info in the DBH update shared with agenda</p> <ul style="list-style-type: none"> <li>• Building programs to be dual diagnosis capable</li> </ul>
11:35 – 11:55	Partnership for Success Grant	Rebecca Sprague	<p>Partnership for Success (PFS) is a sub-grant through ODP from SAMHSA (2018-2023). All 7 health districts are sub-grantees.</p> <ul style="list-style-type: none"> <li>• R4 primary focus – underage drinking</li> <li>• Additional R4 focus – veterans and methamphetamine use</li> </ul> <p>FY21 Action Plan:</p> <ul style="list-style-type: none"> <li>• Moving into Year 3 with \$239K</li> <li>• Required to implement evidence-based family support program; transitioning from “Helping Families” to the “Positive Action” program (Idaho based program developed by a teach from Twin Falls)</li> <li>• “Positive Action” includes climate development program (works in schools, faith-based facilities,</li> </ul>

			<p>etc.), is not topic specific, and might replace Lifeskills program in schools</p> <ul style="list-style-type: none"> <li>• Required to provide Drug Impairment Trainings for Education Professionals (DITEP); will focus on Valley County; delivered by Chris Glenn from ISP</li> <li>• Required to implement substance use prevention media campaign; traditionally used “Be the Parents;” will consist of primarily print media</li> </ul> <p>Additional activities:</p> <ul style="list-style-type: none"> <li>• \$77K in sub-grants to community organizations; 10 applicants, 7 approved; referred unapproved programs to BHB and SP mini-grants; waiting for final approval from ODP before announcing approved programs</li> <li>• Collaboration among CDH programs (PFS, DOPP, SP) to co-brand drug deactivation materials</li> <li>• Will contract for an external evaluation of program</li> </ul>
11:55 – 12:15	CDC ACEs Grant Presentation	Lyle Nelson, St. Luke’s	<p>A copy of Lyle Nelson’s presentation accompanies the R4BHB Meeting Minutes</p> <p>Overview:</p> <ul style="list-style-type: none"> <li>• Lyle Nelson oversees St. Luke’s Community Health programs, asking how can we support healthy lives for the community and extend the lifespan</li> <li>• ACEs outcomes include and increased risk of cancer, obesity</li> <li>• With an ACEs score of 4 or higher, the person is likely to suffer from SUD and/or mental health disorder but it is not a life sentence</li> <li>• 10% of Idaho kids have an ACEs score of 4 or more</li> <li>• Data is collected retrospectively (traditionally)</li> <li>• Public is largely unaware of ACEs and how this is a local issue</li> </ul>

- Prof. Lindsay Turner, Boise State University, submitted intend-to-imply
- CDH, Boise State University, and St. Luke’s are considering to apply for the \$1.5M, 3-year grant
- Grant goal is to develop a statewide ACEs intervention and surveillance structure

Q) Laura Kiehl commented on the challenges of COVID-19 (loss of connections/support systems due to children not physically attending school), as well as healthcare challenges

Q) Autumm Brechwald shared that some people in schools find information valuable, whereas others are leary, asking if the information is necessary to do one’s job.

Q) Kelsey Pierce asked what has St. Luke’s done to get information into the homes? Health districts, St. Alphonsus, and St. Luke’s need to coordinate efforts

Q) Christina Smith asked if St. Luke’s is connecting patients with behavioral health community/providers? Commented on the challenge of the lack of follow up from hospital. Lyle commented on the Epic module called “Social Care Management,” which would close the communication loop with private providers (although this is a lower priority amidst COVID)

Q) Lyle asked if there is an opportunity for care management? Kelsey Pierce responded to include Children’s Mental Health program at CHW

Lyle asked for email responses to question 5C (of the handout).

12:15 – 12:20	Strategic Planning Update	Sanda Kuzeta-Cerimagic & Laura Kiehlieh, Co-Chairs	<p>Postponing strategic planning until there is a better understanding of the Behavioral Health Council, to ensure we are not duplicating efforts</p> <p>Jen Burlage stated the first Behavioral Health Council meeting is scheduled for August 2020; recommendation for BH system will be developed by May 2021</p> <p>If possible, strategic planning will occur in person, to ensure efficiency. Tami Cirerol will help the BHB with the strategic planning.</p> <p>Christina Smith asked for clarification regarding marketing activities (if marketing will be postponed until after the BHB strategic plan is finalized)? Sanda Kuzeta-Cerimagic confirmed that we do not want to unnecessarily spend money. However, the BHB will still have a presence at events.</p>
12:20 – 12:40	Recovery Month Planning (September)	Monica Forbes, Vice Chair	<p>This discussion serves as the Recovery &amp; Wellness Committee update</p> <p>Monica Forbes provided an overview of previous Recovery Month events:</p> <ul style="list-style-type: none"> <li>• Originally developed by SAMSHA, 30 years ago</li> <li>• Every September is National Recovery Month</li> <li>• The Governor signs a declaration</li> <li>• IROAR motorcycle ride, sponsored by Optum</li> <li>• Meridian Anti-drug Coalition holds a Recovery Breakfast</li> <li>• Peer Wellness sponsors Recovery Rally</li> </ul>

			<p>Due to challenges relating to COVID, Monica requested brainstorm ideas to celebrate recovery Idaho. "Recovery Works"</p> <ul style="list-style-type: none"> <li>• (Laura Kiehl) News station series featuring individuals' recovery story</li> <li>• (Laura Kiehl) Law enforcement branded car wrap; (Ryan Jensen) suggested magnet for car instead and will talk to the county Sheriff</li> <li>• (Kelsey Pierce) Podcast or something easily shareable on social media</li> <li>• (Monica Forbes) Release Bio-degradable LED balloons at a specific time</li> <li>• (Courtney Boyce) CDH's social media campaign – what does recovery mean to you?</li> <li>• (Monica Forbes) Video montage – "I am the face of recovery"</li> <li>• Contact Monica with idea</li> </ul>
12:40 – 12:45	<p>Social Hours (March &amp; October)</p> <ul style="list-style-type: none"> <li>• Action Item: Vote to Move Meeting Times</li> </ul>	Sanda Kuzeta-Cerimagic & Laura Kiehl, Co-Chairs	<p>Purpose of the action item was to vote ahead of time for social hours and people could plan accordingly</p> <p>No quorum, vote postponed until August</p>
12:55 – 1:00	<p>Announcements: Agenda Items; Wrap-up</p>	All	<p>Monica Forbes – June 25 is PWCs 5<sup>th</sup> birthday; considering a "drive-thru" celebration; Monica will send Tami C. information to disseminate to the group</p> <p>Courtney Boyce – currently working on a resource guide involving a virtual map; requested substance prevention resources from participants</p> <p>Meeting ended at 12:32 p.m.</p>

July Board meeting cancelled



## **Region 4 Behavioral Health Board**

**Mission:** *We improve behavioral health by developing solutions with our communities.*

**Vision:** *An integrated health system accessible to everyone*

**Values:** *Respect – We value all perspectives.*

*Progressive – We move forward.*

*Integrity – We do the right thing.*

*Innovative - We are open to new ideas.*

*Transparent – We clearly show what we do and why we do it.*

### **Strategic Planning Goals**

**Improve** continuity of care through education and awareness.

**Educate** and inform policymakers on statutes that inhibit care.