



## Region 4 Behavioral Health Board Meeting

April 8, 2021

11:00 a.m. – 1:00 p.m.

Join Zoom Meeting

<https://us02web.zoom.us/j/82694778368>

Meeting ID: 826 9477 8368

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Meeting ID: 826 9477 8368

Location: Central District Health: 707 N. Armstrong Place, Boise, Idaho, 83704

Zoom attendance preferred. Attendance in person requires masks/face coverings to be worn properly and at all times. A face covering must fit close to your face without large side-gaps that covers the nose and mouth. Acceptable face coverings include: Cloth masks made of tightly woven fabrics, such as cotton and cotton blends, and medical and non-medical disposal masks. Any mask that incorporates a valve or vent, or contains openings, holes, or visible gaps is non-compliant. Physical distancing will be observed and as such, in-person attendance capacity will be limited to 6 people.

**Board Member attendees:** Laura Kiehl, Co-Chair; Sanda Kuzeta-Cerimagic, Monica Forbes, Vice Chair; Christina Smith, Secretary; Brenda Willson, Member At Large; Melanie Bennett; Autumm Brechwald; Dawn Colwell; Micah Crawford; Daneille Fanopoulos; Commissioner Kenyon; Suzanne McKinney; Mary Pirnie; Russell Salyards; Wayne Sharp

**CDH attendees:** Kristi Allen, Tami Cirerol, Jamie Larsen, Laura Smith, Rebecca Sprague

**Guests:** Brooke Bennett, Lindsay Brown, Crystal Ikebe, Rebecca Lee, Katy Palmer, Tiffany Robb, Kaitylyn Shreves, Wendy Stoneberg

Time	Agenda Item	Presenter	Notes
11:00 – 11:10	Welcome and Call to Order; Consent Agenda; <ul style="list-style-type: none"> <li>Quorum: simple majority (51%) of active members of the board</li> </ul> Introductions and Review of Mission and Vision	Sanda Kuzeta-Cerimagic & Laura Kiehl, Co-Chairs	Meeting was called to order at  Brenda Willson made a motion, to approve consent agenda. Christina Smith Motion seconded the motion. The motion passed unanimously.
11:10 – 11:15	Meeting minutes <i>Action Item: vote to approve minutes for March 2021 meeting</i>	Sanda Kuzeta-Cerimagic & Laura Kiehl, Co-Chairs	Monica Forbes made a motion to approve the minutes from the March 2021 meeting. Mary Pirnie seconded the motion. The motion passed unanimously.
11:15 – 11:20	R4BHB Treasurer Position – call for nominations <i>Action Item: vote to approve new Treasurer for the R4BHB</i>	Sanda Kuzeta-Cerimagic & Laura Kiehl, Co-Chairs	Micah Crawford accepted nomination.  Christina Smith made a motion to approve Micah Crawford as the Treasurer for the R4BHB. Monica Forbes seconded the motion. The motion passed unanimously.
11:20 – 11:25	Board Terms	Sanda Kuzeta-Cerimagic & Laura Kiehl, Co-Chairs	Tami will send application to all R4BHB members and post open seats to the website
11:25 – 11:30	ICADD Scholarships <i>Action Item: vote to approve board funds for ICADD 2021 scholarships</i>	Sanda Kuzeta-Cerimagic & Laura Kiehl, Co-Chairs	\$325 per participant Virtual Conference scheduled for the end of May 2021 R4BHB has the resources to fund up to 20 scholarships, totalling \$6500  Application Criteria = prioritize applicants from rural counties but open to applicants from Ada County  Brenda Willson made a motion to approve the R4BHB to provide up to 20 scholarships for the 2021 ICADD Conference. Dawn Colwell seconded the motion. The motion passed unanimously.

11:30 – 11:35	Grant opportunity CDC-RFA-CE21-2102	Tami Cirerol, Central District Health	Tami yielded her time
11:35 – 11:40	Recovery & Wellness Committee Update	Lindsay Brown and Rebecca Lee, Co-Chairs	<p>Subcommittee focuses on the 3 R's – Rural Outreach, Re-entry, and Recovery Awareness</p> <p>April 24<sup>th</sup>, 2021: National Drug Takeback Day, event hosted at Peer Wellness from 10:00 a.m. – 2:00 p.m.</p> <p>Aug 31<sup>st</sup>, 2021: Overdose Awareness Day</p> <p>The Phoenix and Treefort developing Ridefort (free event) for people in recovery</p> <p>Rural outreach – gettin education to people in rural areas, such as what counseling actually looks like.</p> <p>Working with PHD4 Suicide Prevention Planning process</p> <p>Recovery Rally on September 4<sup>th</sup> at Julia Davis Park and a rally at the Capital Steps; people encouraged to join the planning committee (Becca Lee). Northpoint patients will be walking the rally.</p>
11:35 – 11:45	Strategic Plan Project Proposal	Danielle Fanopoulos, Board Member	<p>Danielle is planning a trauma-informed event/training</p> <p>Send out email soliciting presenters - Danielle to create a flyer for Tami to send out; Brenda will share info with her network</p> <p>Laura Kiehl volunteered as speaker on the topic of mental health for working professionals</p>

11:45 – 11:55	Strategic Plan Project Proposal	Dawn Colwell, Board Member	Dawn provided an overview of the “Electronic Rolodex Project,” with an expected timeframe to launch the project mid-summer 2021
11:55 – 12:25	IECMH Tour of Virtual Therapy Room	Jamie Larson, Central District Health	Jamie provided a tour of her Virtual Therapy Room
12:25 – 12:55	ECHO Idaho Presentation	Katy Palmer, University of Idaho	Katy Palmer, Assistant Director of Project ECHO, presented on the program. The program provides free continuing medical education and case review, with focus areas including Behavioral Health in Primary Care, Counseling Techniques for Substance Use Disorders, and more.  To register for an education series, visit the website at <a href="http://www.uidaho.edu/echo">www.uidaho.edu/echo</a>
12:55 – 1:00	Announcements and wrap-up	All	Wendy – Mental health Awareness Month, Idaho Resilience Project purchasing 10,000 kites, May 14 <sup>th</sup> Fly Your Kite Day – Be Resilient Idaho  Meeting adjourned at 1:00 p.m.

Next scheduled board meeting: May 13, 2021 11:00am – 1:00pm



## **Region 4 Behavioral Health Board**

**Mission:** *We improve behavioral health by developing solutions with our communities.*

**Vision:** *An integrated health system accessible to everyone*

**Values:** *Respect – We value all perspectives.*

*Progressive – We move forward.*

*Integrity – We do the right thing.*

*Innovative - We are open to new ideas.*

*Transparent – We clearly show what we do and why we do it.*

### **Strategic Planning Goals**

**Improve** continuity of care through education and awareness.

**Educate** and inform policymakers on statutes that inhibit care.