



Region 4 Behavioral Health Board Meeting

February 11, 2021

11:00am – 1:00pm

Zoom information located after the meeting minutes

Board Member attendees: Sanda Kuzeta-Cerimagic, Co-chair; Monica Forbes, Vice Chair; Jennifer Burlage, Treasurer; Christina Smith, Secretary; Brenda Willson, Member At Large; Melanie Bennett; Autumm Brechwald; Jill Chonody; Chris Christopher; Deborah Dawn Colwell; Daneille Fanopoulos; Ryan Jensen; Suzanne McKinney; Mary Pirnie; Russell Salyards; Wayne Sharp

CDH attendees: Courtney Boyce, Tami Cirerol, Laura Smith, Rebecca Sprague

Guests: Brooke Bennett, Micah Crawford, Lianna Erickson-Trembath, Lori Farrens, Cloie Hood, Crystal Ikebe, Starr Shepard, Cynthia Singleton-Nichols, Wendy Stoneberg, Gina Westcott

Time	Agenda Item	Presenter	Notes
11:00 – 11:10	Welcome and Call to Order; Consent Agenda; <ul style="list-style-type: none"> Quorum: simple majority (51%) of active members of the board Introductions and Review of Mission and Vision	Sanda Kuzeta-Cerimagic, Co-Chair	Meeting called to order at 11:03 a.m. Quorum met at 11:03 a.m. Mission and Vision read by Sanda Kuzeta-Cerimagic
11:10 – 11:15	Approve meeting minutes from December 2020 meeting	Sanda Kuzeta-Cerimagic, Co-Chair	A motion was made, and seconded, to approve the meeting minutes from the December 2020 meeting; motion carried unanimously. As a brief update - Jen Burlage has resigned from the Board. Jen stated that it was a pleasure to serve on the board, believes in the mission, and will miss all of you.

<p>11:15 – 11:30</p>	<p>Region 4 Behavioral Health Board monthly meeting time discussion</p>	<p>Sanda Kuzeta-Cerimagic, Co-Chair</p>	<p>Sanda opened the discussion regarding the monthly meeting time.</p> <p>Brenda noted the Board met quorum at 11:00 a.m. She also stated her obligation to another board meeting later the same day.</p> <p>Monica commented on the mandatory seats of county commissioners and asked how to impress the importance of these votes.</p> <p>Sanda asked for feedback from those who selected the 3:00-5:00 p.m. meeting time. Danielle mentioned that lunchtime is a good time for outreach, but she is flexible.</p> <p>Christina stated that the lunch hour is downtime, which makes it easier to accommodate clients. She prefers the 11:00 a.m. – 1:00 p.m. meeting time.</p> <p>Autumn asked how many members participated in the survey. Tami responded that 13 Board members participated in the survey.</p> <p>Sanda asked about other meetings scheduled for the second Thursday of each month. Brenda mentioned a coalition meeting she attends from 4:00 – 5:00 p.m.</p> <p>Sanda stated that the R4BHB will continue to meet from 11:00 a.m. to 1:00 p.m. and will continue to monitor the situation with Board members.</p>
<p>11:30 – 11:50</p>	<p>Idaho Lives Program Update</p>	<p>Lianna Erickson-Trembath, BPA Health</p>	<p>Through a 3-year SAMSHA grant (awarded August 2020), BPA Health and Idaho Lives Project collaborated to provide family case management for youth with serious suicide ideation or suicide attempt. This service is available statewide, with one case manager in every region of the state.</p> <p>Historically, there is a gap in case management when following up with families and youth. This program seeks to reduce the gap.</p> <p>Referrals to the program can originate from anyone working with youth – providers, parents, counselors, schools. <u>Referral line = 208-947-5155.</u></p>

			<p>Informed consent and release of information required (from parents).</p> <p>Through the program, case managers may:</p> <ul style="list-style-type: none">• provide a suicide assessment• develop crisis planning• assist families to find Medicaid case manager• follow the youth for 4-6 weeks (timeframe is fluid) and help meet the needs of the youth and family through community resources <p>Through the program, BPA Health is setting up community conversations to collect feedback from organizations that work with youth, asking questions such as “what barriers are observed by the organization?”</p> <p>Starting up a peer-run support group for 18-25 year olds, for persons who have attempted suicide or have experienced a death in the family.</p> <p>Dawn asked about resources and referenced the Second Wind Fund. Asked how a person might sign up to be a provider. Christina mentioned the Suicide Prevention Hotline as another resource. Brenda mentioned a network program called (PINE) Partners in Networking Excellence.</p> <p>Christina asked about assessment process. Lianna stated that, even though the case managers are clinicians, they are not acting as clinicians. The process includes a brief intake in order to offer case management.</p> <p>Chris (from Pathways) shared information regarding a grant received through DHW. The resulting program is designed for persons experiencing a first episode psychosis, which would be another good resource.</p> <p>Starr Shepard stated that she answers the phone for this referral line (<u>208-947-5155</u>).</p> <p>Tami will send out information on the program.</p>
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11:50 – 12:20	State Hospital West Presentation	Gina Westcott, IDHW Division of Behavioral Health	<p>State Hospital West (SHW) was developed as a way to increase adult beds. SHW is an Adolescent Psychiatric Treatment Hospital located in the Treasure Valley. This is a secure facility for youth ages 12-17.</p> <p>Staff moved into the facility about a month ago. About 1/3 of staff hired, with the goal to hire and train all staff by March 22nd.</p> <p>The mission of SHW is to serve – serve adolescents, families, coworkers, and the community. The vision, in serving, the staff is able to lift others, to be healthier, happier, and wiser.</p> <p>The facility is approximately 18,000 square feet. Rooms will house one child per room with a shared bathroom (two children per bathroom). Safety checks will be conducted every 10 minutes.</p> <p>Christina asked – will kids at the current state hospital be transferred to State Hospital West? Gina responded – working to turn on referrals to SHW while turning off referrals to the current state hospital. The goal is to minimize transfers but may transfer, if needed.</p> <p>SHW will hold family support groups, brining on Stephanie Hoffman for family support.</p> <p>Tours of SHW are available, for groups of 5 or fewer people. Contact Gina Westcott for information.</p>
12:20 – 12:45	Division of Behavioral Health Update	Jen Burlage, Treasurer	No update to provide at this time
12:45 – 1:00	Announcements and wrap-up <ul style="list-style-type: none"> • Reminder: terms ending 2021 	All	<p>Terms expiring in 2021 – please notify either the Executive Committee or Tami Cirerol if you intend to remain on the Region 4 Behavioral Health Board.</p> <p>Wendy Stoneberg (with Optum) announced the following:</p> <ul style="list-style-type: none"> • Education and awareness of Adverse Childhood Experiences (ACEs); next week, the Idaho Resilience Project (IRP) releases the film

			<p>“Resilient Idaho: Hope Live Here.” The film looks at how ACEs affect people in Idaho. IRP will host a yearlong campaign, which includes ZOOM group discussion (e.g., law enforcement, etc).</p> <ul style="list-style-type: none"> • Idaho Children’s Trust Fund (ICTF) paid for ACEs questions to be included on the Youth BRFSS 2018. Reports available through ICTF. • Division of Behavioral Health – COVID Help Now Line specific for behavioral health issues brought on by COVID. <p>Meeting adjourn 12:34 PM</p>
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Next scheduled board meeting: March 11, 2021, 2:00 p.m. – 4:00 p.m.

Join Zoom Meeting

<https://us02web.zoom.us/j/82694778368>

Meeting ID: 826 9477 8368

One tap mobile

+12532158782,,82694778368# US (Tacoma)

+13462487799,,82694778368# US (Houston)

Dial by your location

+1 253 215 8782 US (Tacoma)

Meeting ID: 826 9477 8368

Location: Central District Health: 707 N. Armstrong Place, Boise, Idaho, 83704

Zoom attendance preferred. Attendance in person requires masks/face coverings to be worn properly and at all times. A face covering must fit close to your face without large side-gaps that covers the nose and mouth. Acceptable face coverings include: Cloth masks made of tightly woven fabrics, such as cotton and cotton blends, and medical and non-medical disposal masks. Any mask that incorporates a valve or vent, or contains openings, holes, or visible gaps is non-compliant. Physical distancing will be observed and as such, in-person attendance capacity will be limited to 6 people.



Region 4 Behavioral Health Board

Mission: *We improve behavioral health by developing solutions with our communities.*

Vision: *An integrated health system accessible to everyone*

Values: *Respect – We value all perspectives.*

Progressive – We move forward.

Integrity – We do the right thing.

Innovative - We are open to new ideas.

Transparent – We clearly show what we do and why we do it.

Strategic Planning Goals

Improve continuity of care through education and awareness.

Educate and inform policymakers on statutes that inhibit care.