



Region 4 Behavioral Health Board Meeting, Business Meeting

January 13, 2022

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Location: Central District Health

707 N. Armstrong Pl.

Boise, Idaho, 83704

Board Member attendees: Monica Forbes, Co-Chair; Brenda Willson, Co-Chair; Dawn Huntington, Secretary; Amber Hagler, Treasurer; Danielle Fanopoulos, Member at Large; Jill Chonody; Jamie Giebler; Amber Hagler; Commissioner Kenyon; Sanda Kuzeta-Cerimagic; Ryan Jensen; Amanda Leader; Amy McKenzie; Russell Salyards; Rebecca Sprague

CDH attendees: Danielle Beaupre, Courtney Boyce, Tami Cirerol, Shelly Hitt, Sierra Kistler, Laura Smith

Guests: Linda Cardwell (C-WHO), Megan Gomeza (C-WHO), Denise Jensen (C-WHO), Kim Keys (Keys Counseling), Cristina Perez (St. Luke's), Starr Shepard (BPA Health), Jenn Simeon (C-WHO), Cynthia York (C-WHO)

Time	Agenda Item	Presenter	Notes
11:00 a.m. – 11:15 a.m.	Welcome and Call to Order	Monica Forbes and Brenda Willson, Co-Chairs	Brenda Willson called the meeting to order at 11:02 a.m. Quorum met at 11:02 a.m.
	Introductions and Review of Mission and Vision		Tami Cirerol took minutes. Brenda Willson read the Mission, Vision, and Strategic Goals.

	Quorum: simple majority (51%) of active members of the board		
11:15 a.m. – 11:20 a.m.	Member Spotlight	Danielle Fanopoulos, Member-at-Large	Danielle Fanopoulos introduced herself and shared an overview of her work.
11:20 a.m. – 11:25 a.m.	<i>Action item: Approve R4BHB meeting minutes, December 2021</i>	Monica Forbes and Brenda Willson, Co-Chairs	Rebecca Sprague noted a misspelling of Monica Forbes last name in the December 2021 meeting minutes and requested correction. Christina Smith moved to approve the R4BHB meeting minutes from December 2021. Danielle Fanopoulos seconded the motion. Motion passes unanimously.
	<i>Action Item: vote to approve the updated Memorandum of Agreement</i>	Monica Forbes and Brenda Willson, Co-Chairs	Rebecca Sprague moved to approve the updated Memorandum of Agreement. Jill Chonody seconded the motion. Motion passes unanimously.
11:25 a.m. – 11:40 a.m.	Annual Business Meeting	Monica Forbes and Brenda Willson, Co-Chairs	Brenda Willson presented on the Annual Business Meeting items. Tami Cirerol will send R4BHB bylaws, Code of Conduct, Conflict of Interest Disclosure documents to Board members. Brenda Willson reviewed the attendance policy from the bylaws, the Code of Conduct policy and agreement, and the Conflict of Interest Disclosure. Monica Forbes stated the importance of listing projects, committees, or agencies that Board members are associated with on the Conflict of Interest Disclosure form. Disclosing this information does not necessarily preclude individuals from participating on the Behavioral Health Board. Monica

			<p>recommended to review what a Board member would do in the situation of a conflict of interest, such as declaring the conflict of interest and refraining from voting when necessary. Brenda Willson directed Board members to reach out to the Co-Chairs with any questions.</p> <p>Brenda Willson shared an overview of Idaho’s Open Meeting Law and how they relate to the Region 4 Behavioral Health Board.</p> <p>Tami Cirerol shared information regarding adding an item to an agenda after the start of a meeting. Items added to an agenda at this point must be informational only. Action items requiring a vote cannot be added to the agenda after a meeting begins.</p>
<p>11:40 a.m. – 11:45 a.m.</p>	<p>Division of Behavioral Health (DBH) Update</p>	<p>Amber Hagler, Treasurer</p>	<p>Amber Hagler provided Division of Behavioral Health (DBH) updates:</p> <ul style="list-style-type: none"> • Idaho Behavioral Health Program (IBHP) – improved significantly in 2023 through the negotiation of a new Idaho Behavioral Health Plan contract. Awarded following a months-long invitation to negotiate process, then six months for implementation. It is a collaborative effort between the Department of Health and Welfare’s Division of Behavioral Health, Medicaid, Management Services, Idaho Department of Juvenile Corrections, Department of Administration’s Division of Purchasing. • Region 3 and Region 4 working more collaboratively together on various projects, with Jen Burlage now overseeing both regions. • DBH staff continues to telecommute at this time. • Critical need for foster families in Idaho. Details located in the DBH Newsletter.

			<ul style="list-style-type: none"> • 988 update – The National Behavioral Health Crisis Line. It is the “911 equivalent” for behavioral health crises. Nicole Coleman will be presenting at the February 2022 meeting. Go live is expected to be July 16th, 2022. • Youth Empowerment Services (YES) Program – A system of care for youth in Idaho under 18 who may benefit from mental health support. Program uses youth and family centered team-based and strengths-focused approach for early identification, treatment planning, and implementation of mental health care. • ECHO Idaho – Offers free, virtual continuing education. A new series is coming out on pediatric autism, beginning in January 2022. • DBH Newsletter – distributed quarterly (January, April, July, and October).
11:45 a.m. – 12:15 p.m.	Health Care Parity and Telehealth Presentation	<p>Kim Keys, <i>Keys Counseling Solutions</i> Megan Gomeza & Cynthia York, <i>Cornerstone Whole Healthcare Organization, Inc.</i></p>	<p>C-WHO team: Linda Cardwell, Megan Gomeza, Denise Jensen, Jenn Simeon, and Cynthia York</p> <p>Kim Keys: Keys Counseling Solutions</p> <p>Denise Jensen provided an overview of C-WHO Work & Services.</p> <p>Kim Keys presented on health care parity, mentioning the ParityTrack and The Kennedy Forum websites.</p> <p>Denise Jensen presented on Tele-Behavioral Health initiatives through C-WHO.</p> <p>Cynthia York presented on the Telehealth Idaho Independent Provider Integration Network (TIIPIN).</p>

			<p>Monica Forbes asked about health parity compliance for Idaho. Kim Keys shared information on the Consolidated Appropriates Act, passed in December 2021, that gives a little more teeth to the federal mandate.</p> <p>Megan Gomeza shared the C-WHO website and link to their newsletter.</p>
12:15 p.m. – 12:25 p.m.	<u>Discussion:</u> Trauma Informed Conference Workgroup Formation	Danielle Fanopoulos, Member-at-Large	<p>Danielle Fanopoulos provided an overview of the 2021 TIC Conference and next steps for the 2022 TIC Conference. Danielle asked to form a workgroup and asked for additional members.</p> <p>Amy McKenzie volunteered to be on the workgroup.</p> <p>Contact Danielle Fanopoulos with questions.</p>
12:25 p.m. – 12:35 p.m.	<u>Discussion:</u> American Rescue Plan Act (ARPA) Workgroup Formation	Monica Forbes and Brenda Willson, Co-Chairs	<p>Brenda Willson provided an overview of the American Rescue Plan Act (ARPA) and volunteered to chair the ARPA Workgroup. Contact Brenda with questions.</p> <p>Monica Forbes suggested the Ada County and Juvenile Justice representatives on the R4BHB participate in the workgroup.</p>
12:35 p.m. – 1:00 p.m.	Announcements and wrap-up	All	<p>Danielle Fanopoulos noted that Northpoint Recovery opened a third adolescent facility in Idaho.</p> <p>Brenda Willson declared the meeting adjourned at 12:27 p.m.</p>

Next scheduled board meeting: February 10, 2022, beginning at 11:00 a.m.



Region 4 Behavioral Health Board

Mission: *We improve behavioral health by developing solutions with our communities.*

Vision: *An integrated health system accessible to everyone*

Values: *Respect – We value all perspectives.*

Progressive – We move forward.

Integrity – We do the right thing.

Innovative - We are open to new ideas.

Transparent – We clearly show what we do and why we do it.

Strategic Planning Goals

Improve continuity of care through education and awareness.

Educate and inform policymakers on statutes that inhibit care.