



## Region 4 Behavioral Health Board Meeting

February 12, 2026  
11:00 AM – 1:00 PM

Location: Boise Brick House  
704 North 7<sup>th</sup> St.  
Boise, ID 83702

Zoom Meeting Info at the bottom.

### Board Member Attendees:

- |   |  |   |
|---|--|---|
| <input checked="" type="checkbox"/> Brenda Willson, Chair, BH Advocate    | <input type="checkbox"/> _____, J Justice                                    | <input type="checkbox"/> Tiffany Myers, School District K-12            |
| <input type="checkbox"/> _____, Vice Chair                                | <input checked="" type="checkbox"/> Devin Bowermaster, SUD Advocate          | <input type="checkbox"/> Katie Bettinger, Licensed Health Prof          |
| <input type="checkbox"/> _____, Treasurer/DHW                             | <input type="checkbox"/> Sam Luque, Law Enforcement                          | <input checked="" type="checkbox"/> Danielle Fanopoulos, SUD Family     |
| <input type="checkbox"/> _____, MAL                                       | <input type="checkbox"/> Catherine Ball, MH Family                           | <input type="checkbox"/> _____  |
| <input type="checkbox"/> _____, Sec                                       | <input type="checkbox"/> _____, Judiciary                                    | <input checked="" type="checkbox"/> Tom Dayley, ADA County Commissioner |
| <input checked="" type="checkbox"/> Fran Frank, DHW                       | <input type="checkbox"/> Tiffany Fraley, DHW                                 | <input type="checkbox"/> _____, County Commissioner                     |
| <input type="checkbox"/> Hailey Blogg/Kendall Nagy, Prevention Specialist | <input checked="" type="checkbox"/> Shirley Freer, MH Consumer               | <input type="checkbox"/> _____, County Commissioner                     |
| <input type="checkbox"/> Brian Bethke, MH Parent                          | <input checked="" type="checkbox"/> Randal Hallenberger, MH Service Provider | <input type="checkbox"/> _____, MH Consumer                             |
| <input type="checkbox"/> _____, SUD Service Provider                      | <input type="checkbox"/> Morgan Van Ry, Hospital Representative              | <input checked="" type="checkbox"/> Brenda Willson, MH Advocate         |
| <input type="checkbox"/> Mike Reininger, SUD Consumer                     | <input type="checkbox"/> _____ SUD Parent                                    |   |

(10 is a quorum)

### Community Attendees:

Time	Agenda Item	Presenter	Notes
11:00 AM – 11:05 AM	Welcome and Call to Order Mission & Vision	Brenda Willson, Chair	Brenda welcomed everyone.



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11:05 AM – 11:10 AM	<p>Attendance and Roll Call:</p> <ul style="list-style-type: none"> <li>• Board Members</li> <li>• Community Attendees</li> <li>• Introductions</li> </ul>	Brenda Willson, Chair	
11:10 AM – 11:15 AM	<p>Action item: Approve R4BHB meeting minutes –</p> <ul style="list-style-type: none"> <li>• November 13, 2025</li> <li>• January 8, 2026</li> </ul>	Brenda Willson, Chair	Quorum was not met. These meeting minutes will be approved in March: 11/13/2025, 1/8/2026, 2/12/2026
11:15 AM – 11:55 AM	Community presentation – Veteran Behavioral Health	<p>Penelope Hansen – Vet Center Director, Kate Pape/Victoria Thompson – Boise VA’s Suicide Prevention Program</p>	<p>Penelope Hansen: <a href="mailto:Penelope.hansen@va.gov">Penelope.hansen@va.gov</a>          Kate Pape: <a href="mailto:Katherine.Pape@va.gov">Katherine.Pape@va.gov</a>          Victoria Thompson: <a href="mailto:Victoria.thompson4@va.gov">Victoria.thompson4@va.gov</a></p> <p><i>Kate Pape presented on the Boise VA Behavioral Health.</i></p> <ul style="list-style-type: none"> <li>• <i>There is a large variety of behavioral services for all veterans including in-patient care.</i></li> <li>• <i>Specialty services:</i> <ul style="list-style-type: none"> <li>○ <i>BH Acute Care Clinic</i></li> <li>○ <i>M2VA program</i></li> <li>○ <i>Primary Care Mental Health Integration</i></li> </ul> </li> </ul>



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			<ul style="list-style-type: none"> <li>○ Outpatient Medical Social Work</li> <li>○ PTSD Clinical Team</li> <li>○ Pain Psychology Clinic</li> <li>○ Couples Counseling</li> <li>○ Family Counseling</li> <li>○ Suicide Prevention Program</li> <li>○ Caregiver Support</li> </ul> <ul style="list-style-type: none"> <li>● There are a variety of groups available.</li> <li>● For Crisis Support call 988 then press 1</li> <li>● <a href="mailto:Katherine.pape@va.gov">Katherine.pape@va.gov</a> for questions</li> </ul> <p><u>Penelope Hansen presented on the Boise Vet Center.</u></p> <ul style="list-style-type: none"> <li>● They offer private and confidential services to our servicemembers, veterans, and their families at no cost in a non-medical setting.</li> <li>● Records are kept privately</li> <li>● This program is set up to treat symptoms and not to diagnose.</li> </ul> <p style="text-align: center;">2424 Bank Drive, Boise ID. 83705, 208-342-3612, 8:00 am to 4:30 pm.</p> <p style="text-align: center;"><a href="mailto:Penelope.hansen@va.gov">Penelope.hansen@va.gov</a></p> <p style="text-align: center;"><a href="https://www.va.gov/boise-vet-center/">https://www.va.gov/boise-vet-center/</a></p>
11:55 AM – 12:05 PM	Update from DBH	Sean Waldron	<p>The funding application lists guidelines that align with the needs and gaps, there is an evaluation sheet as well.</p> <ul style="list-style-type: none"> <li>● July 1 – June 30<sup>th</sup> is the fiscal year.</li> </ul>



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			<ul style="list-style-type: none"> <li>• This year we can accept applications in March &gt; voting on the applications will happen in April &gt; Brenda will fill out a form to the Department &gt; If approved, funding will happen in May.</li> <li>• In FY 2027 we will be able to do funding applications in September 2026 and February 2027.</li> <li>• There is a suggestion to have the deadline be March 22<sup>nd</sup> so the board has time to review the applications.</li> <li>• The application needs to be published on the website.</li> <li>• Board members are asked to share this opportunity.</li> </ul> <p>Brenda asked if some of the funding could be used for operational expenses for the Board. No objections were heard.</p>
12:05 PM – 12:20 PM	Update from Subcommittees	Brenda Willson, Chair	<p>CMH Subcommittee: Danielle shared that the meeting was helpful to be able to move the work forward.</p> <p>Devin is willing to get the Recovery Subcommittee running.</p>
12:20 PM – 12:30 PM	Needs & Gaps	Brenda Willson, Chair	<p>The board will review the gaps and needs forms and send suggestions to Brenda. This will be reviewed at the next meeting.</p> <p>There was a suggestion that the Board send a letter similar to what Region 7 did to the legislators to support no changes to some of the mental health services.</p> <p>Randal will send Brenda the Region 7 letter that we could review. There will be a Special Meeting arranged to vote on a letter. A quorum needs to be held to vote on this.</p>



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12:30 PM – 12:45 PM	Guest Speaker Invitations	Brenda Willson, Chair	Crisis Intervention Teams (CIT) – March meeting Ada County Community Paramedics - March meeting
12:45 PM – 12:55 PM	Community Events, Engagement / Volunteer Opportunities	Brenda Willson, Chair	North Point Recovery will be sending information on a new service opening up.  Devin would like to have information that he can share with others as well.  Oxford House has an opportunity to help with rent for others and will send that out for 18 – 24-year-olds and need to have a substance use disorder.
12:55 PM – 1:00 PM	Announcements and wrap-up	All	Danielle is leaving North Point Recovery to open her own treatment program (Oakridge Recovery).  12:37 meeting is adjourned

Next scheduled board meeting: **March 12, 2026**, beginning at 11:00 a.m.

Join Zoom Meeting

<https://us06web.zoom.us/j/83225659925?pwd=eE1KS1pSZDlDWGFhZMGtEN1BRUT09>

Meeting ID: 854 9274 3863

Passcode: 796178

One tap mobile



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### Region 4 Behavioral Health Board

**Mission:** We improve behavioral health by developing solutions with our communities

**Vision:** An integrated health system accessible to everyone

**Values:** Respect – We value all perspectives

Progressive – We move forward

Integrity – We do the right thing

Innovative – We are open to new ideas

Transparent – We clearly show what we do and why we do it

#### **Strategic Planning Goals**

Improve continuity of care through education and awareness

Educate and inform policymakers on statutes that inhibit care