



Region 4 Behavioral Health Board Meeting

January 8, 2026

11:00 AM – 1:00 PM

Location: Boise Brick House
704 North 7th St.
Boise, ID 83702

Zoom Meeting Info at the bottom.

Board Member Attendees:

- | | | |
|------------------------------------------------------------------------|----------------------------------------------------------------------------|-------------------------------------------------------------------------|
| <input checked="" type="checkbox"/> Brenda Willson, Chair, BH Advocate | <input type="checkbox"/> _____, J Justice | <input checked="" type="checkbox"/> Tiffany Myers, School District K-12 |
| <input type="checkbox"/> _____, Vice Chair | <input type="checkbox"/> Devin Bowermaster, SUD Advocate | <input type="checkbox"/> Katie Bettinger, Licensed Health Prof |
| <input type="checkbox"/> _____, Treasurer/DHW | <input type="checkbox"/> Sam Luque, Law Enforcement | <input checked="" type="checkbox"/> Danielle Fanopoulos, SUD Family |
| <input type="checkbox"/> _____, MAL | <input type="checkbox"/> Catherine Ball, MH Family | <input type="checkbox"/> _____ |
| <input type="checkbox"/> _____, Sec | <input type="checkbox"/> _____, Judiciary | <input type="checkbox"/> Tom Dayley, ADA County Commissioner |
| <input checked="" type="checkbox"/> Fran Frank, DHW | <input type="checkbox"/> Tiffany Fraley, DHW | <input type="checkbox"/> _____, County Commissioner |
| <input type="checkbox"/> Kendall Nagy, Prevention Specialist | <input type="checkbox"/> Shirley Freer, MH Consumer | <input type="checkbox"/> _____, County Commissioner |
| <input type="checkbox"/> Brian Bethke, MH Parent | <input type="checkbox"/> Randal Hallenberger, MH Service Provider | <input type="checkbox"/> _____, MH Consumer |
| <input type="checkbox"/> _____, SUD Service Provider | <input checked="" type="checkbox"/> Morgan Van Ry, Hospital Representative | <input type="checkbox"/> Brenda Willson, MH Advocate |
| <input type="checkbox"/> Mike Reininger, SUD Consumer | <input type="checkbox"/> _____ SUD Parent | |

(10 is a quorum)

Community Attendees: Amy Topp, Hailey Blogg, Allie May, Emily Miller, Sherry Johnson, Catherine Purdy, Sean Waldron, Allison Highley, Garrett Lamm, Ethan Phillips, Samantha Strickland.

Time	Agenda Item	Presenter	Notes
11:00 AM – 11:05 AM	Welcome and Call to Order Mission & Vision	Brenda Willson, Chair	



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11:05 AM – 11:10 AM	Attendance and Roll Call: <ul style="list-style-type: none"> • Board Members • Community Attendees • Introductions 	Brenda Willson, Chair	
11:10 AM – 11:15 AM	Action item: Approve R4BHB meeting minutes – <ul style="list-style-type: none"> • November 13, 2025 	Brenda Willson, Chair	Carry forward
11:15 AM – 11:55 AM	Community presentation –		<p>No presentation this month. Brenda touched on the importance of these presentations to see ways that can bridge the gaps with community members and highlight what we are doing within the community.</p> <p>Fran suggested that, being that there will be an increase in gaps and needs due to budget cuts, it might be beneficial to have some of our CIT members to speak about what they are seeing as a result of these cuts.</p> <p>Please reach out to Brenda or Catherine if you would like to present or would like to recommend someone to present.</p>
11:55 AM – 12:05 PM	Update from DBH	Sean Waldron	<p>Not a lot to update on.</p> <p>Everyone is encouraged to watch or attend the legislative session. Make sure to pay attention to the JFAC committee.</p> <p>Would love to help with some funding recommendations.</p>
12:05 PM – 12:20 PM	Update from Subcommittees	Brenda Willson, Chair	<ul style="list-style-type: none"> • Danielle updated on youth subcommittee – updating needs and gaps. Have great engagement.



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			<ul style="list-style-type: none"> • Goal for 1st quarter.: group of 3 to 4 people for SUD subcommittee, Devin will be the board member to join this group. If you are interested in joining this subgroup, reach out to Brenda or Catherine.
12:20 PM – 12:30 PM	Needs & Gaps	Brenda Willson, Chair	Brenda would like to create a spreadsheet to track the needs and gaps as they come up. We can use the spreadsheet to include grant funding opportunities and how they can be used to help with the needs and gaps in the community. The spreadsheet will include subcommittee information as well.
12:30 PM – 12:45 PM	Guest Speaker Invitations	Brenda Willson, Chair	<ul style="list-style-type: none"> • Fran will reach out to the CIT groups to ask if they would be interested in presenting on the impacts they are seeing in the community. • Danielle can also present. • FYIdaho can present as well. • Fran suggested someone from the VA for veterans mental health. Brenda and Fran will reach out to their contacts to ask about presentations. • Allison offered to present on IPUL.
12:45 PM – 12:55 PM	Community Events, Engagement / Volunteer Opportunities	Brenda Willson, Chair	<ul style="list-style-type: none"> • Connection is the Cure has an event on January 28th at 5:30 at JUMP. https://jumpboise.org/events/stay-2026-mental-wellness-rally • Cottonwood is hosting a book signing this afternoon. https://www.eventbrite.com/e/cottonwood-creek-behavioral-hospital-book-signing-with-dr-david-kent-tickets-1979238838646?utm-campaign=social&utm-content=attendeeshare&utm-medium=discovery&utm-term=listing&utm-source=cp&aff=ebdsshcopyurl



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12:55 PM – 1:00 PM	Announcements and wrap-up	All	Meeting adjourned @ 11:40 am
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Next scheduled board meeting: **February 12, 2026**, beginning at 11:00 a.m.

Join Zoom Meeting

<https://us06web.zoom.us/j/83225659925?pwd=eE1KS1pSZDlDWGFhRNGhzMGtEN1BRUT09>

Meeting ID: 854 9274 3863

Passcode: 796178

One tap mobile



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Region 4 Behavioral Health Board

Mission: We improve behavioral health by developing solutions with our communities

Vision: An integrated health system accessible to everyone

Values: Respect – We value all perspectives

Progressive – We move forward

Integrity – We do the right thing

Innovative – We are open to new ideas

Transparent – We clearly show what we do and why we do it

Strategic Planning Goals

Improve continuity of care through education and awareness

Educate and inform policymakers on statutes that inhibit care