



Region 4 Behavioral Health Board Meeting

September 11, 2025

11:00 AM – 1:00 PM

Location: Boise Brick House
704 North 7th St.
Boise, ID 83702

Zoom Meeting Info at the bottom.

Board Member Attendees:

- ☒ Brenda Willson, Chair, BH Advocate
- ☐ _____, Vice Chair
- ☐ _____, Treasurer/DHW
- ☐ _____, MAL
- ☐ _____, Sec
- ☐ Fran Frank, DHW
- ☒ Kendall Nagy, Prevention Specialist
- ☐ Brian Bethke, MH Parent
- ☐ _____, SUD Service Provider
- ☐ Mike Reininger, SUD Consumer

- ☒ Amanda Leader, J Justice
- ☐ _____, SUD Advocate
- ☐ Sam Luque, Law Enforcement
- ☐ Catherine Ball, MH Family
- ☐ _____, Judiciary
- ☐ Tiffany Fraley, DHW
- ☒ Shirley Freer, MH Consumer
- ☒ Randall Hallenberger, MH Service Provider
- ☒ Morgan Van Ry, Hospital Representative
- ☐ _____ SUD Parent

- ☒ Tiffany Myers, School District K-12
- ☐ _____, Licensed Health Prof
- ☒ Danielle Fanopoulos, SUD Family
- ☐ _____
- ☐ Tom Dayley, ADA County Commissioner
- ☐ _____, County Commissioner
- ☐ _____, County Commissioner
- ☒ Katie Bettinger, MH Consumer
- ☐ Brenda Willson, MH Advocate

(10 is a quorum)

Community Attendees: Amy Topp, Emily Miller, Jeremy Riddle, Sherry Johnson, Abigail Hackett, Sean Waldron, Catherine Purdy, Alicia Baptiste.

Time	Agenda Item	Presenter	Notes
11:00 AM – 11:05 AM	Welcome and Call to Order Mission & Vision	Brenda Willson, Chair	

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11:05 AM – 11:10 AM	Attendance and Roll Call: - Board Members - Community Attendees - Introductions	Brenda Willson, Chair	Amanda Leader will not be renewing her membership with the board.
11:10 AM – 11:15 AM	Action item: Approve R4BHB meeting minutes – August 14, 2025	Brenda Willson, Chair	Carry over.
11:15 AM – 11:55 AM	Community presentation – Clarvida	Abigail Hackett, Crisis Center Program Manager	Abigail Hackett, Abigail.Hackett@clarvida.com *Abigail presented on Clarvida Adult and Youth Crisis Centers. Questions: Brenda – in regard to donations, are there things you do not take? What is the process to donate? Abigail – easiest way to get that process going is to contact me. We would like to see clothing or toiletry items. Food is great, but it's easier and safer if we can do that through restaurants and food banks. We are careful to make sure we don't have things like razors. We have people who donate that, but since we are a crisis center, we have to toss them. Toothbrushes, toothpaste and combs are the 3 main things to give for toiletries. Brenda – what is your capacity? How many beds do you have? Abigail – for adults, we have 22 beds, including a few quiet rooms. For youth we have 12 total beds and a couple quiet rooms.

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			Brenda – what are you seeing is the biggest crisis/needs? Abigail – for youth it's suicidal ideation, when that's the case we get them into assessments for inpatient care. We also see a lot of foster situations. Adults it's substance use and homelessness, that results in a referral to detox centers. We do see a lot of schizophrenia in our centers. Randall – what do you do if a youth is dropped off by law enforcement and you can't get in touch with the parents? Abigail – we have to call CPS. Interface Sanctuary recently had a new appeal for their new location, and they have to go in front of the city council on the 30th. Please reach out to the city council to express the need.
11:55 AM – 12:05 PM	Update from DBH	Sean Waldron	Brenda – I have a document that we've been working on with information on how to apply for the grants. I will send that out to the groups along with the application and flyers/brochures for your events. Sean – Gaps and Needs reports are needed for the Planning Council's October meeting. The reports are due September 30th. I encourage you to go and talk about the Region 4 Board. Brenda – I will be sending out a document for all of you to provide feedback on gaps and needs. If you are interested in attending that meeting, please let me know.
12:05 PM – 12:20 PM	Update from Subcommittees	Brenda Willson, Chair	Youth: Alicia – in June we had a suggestion to narrow down our mission and vision and goals. We are focusing on our involvement in schools and the barriers of parental involvement. We had guests in our last couple of meetings. We have some action items for our next meeting. We are getting new members. We have started a document to identify what's out there in the community. Invited a parent to our

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			meeting in September. We want someone from the SRO field involved. We have a lot going on. We meet on the 4th Wednesday of every month at 10:00, the next one is the 24th. They are virtual. Email Alicia if you are interested. Recovery: *No one present
12:20 PM – 12:30 PM	Guest Speaker Invitations	Brenda Willson, Chair	Kendall – I could give a presentation through the coalition. *will present next month. Send Brenda and Catherine an email if you have someone who will want to present.
12:30 PM – 12:45 PM	Community Engagement / Volunteer Opportunities	Brenda Willson, Chair	Danielle – Recover Rally is coming up. Saturday, September 20th, 2:00 – 6:00 PM https://www.peerwellnesscenter.org/recoveryrally-25 Kendall - Everyone is welcome to join us at the 20th Annual Recovery Celebration, the 25th of September, 8AM at Meridian City Hall! Featured guest speaker is Bryan Kaminskis and a light breakfast will be served. Please RSVP by 9/23. https://forms.meridiancity.org/Forms/RecoveryCelebration Brenda – I'm not joining this, but if we have someone who would like to help with a table representing the board, on the 26th and 27th there is an opportunity to have a table for R4BHB in Emmett so we can provide some info to the community. *Brenda will send out information. Alicia – if the R3 board is going, we can possibly combine.
12:45 PM – 12:55 PM	Discussion: Community Events for Board, update	Brenda Willson, Chair	Idaho's Rural Health Transformation Program Input Survey IDHW is asking for input to help inform the department's application for funding under this program. Input from rural health care

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			providers, hospitals, clinics, community organizations, payers, workforce entities, universities, Tribal Nations, associations, local governments, and the public is critical to guiding the department's application for funding and how this funding may be best used to serve rural Idaho communities. Input will be accepted from September 5th to September 30th, 2025. https://healthandwelfare.idaho.gov/news/dhw-seeks-public-input-inform-rural-health-transformation-program-application NAMI Idaho World Mental Health Day Gala and Advocacy Awards https://namiidaho.afrogs.org/#/index October 10, 2025 Join our fellowship of policymakers, providers, mental health advocates, peers, and partners from the greater Treasure Valley area and beyond. Enjoy food, fun, and an opportunity to make a difference in Idaho. Tiffany Myers – pulling together an event for parents. We received grant to pay for officer Gomez to come in and speak about recent drug trends. We have Kendall bringing the Hidden in Plain Sight trailer. Not done with the flyer yet but we are going to send it out soon. Morgan – Cottonwood would love to have a table. Kendall – we received a few inquiries about Kratom and are gathering community information, so if you have any info, please send it our way. knagy@meridiacity.org - Please send any input related to Kratoms impact on communities.
12:55 PM – 1:00 PM	Announcements and wrap-up	All	Adjourned 11:59



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Next scheduled board meeting: **October 9, 2025**, beginning at 11:00 a.m.

Join Zoom Meeting

<https://us06web.zoom.us/j/83225659925?pwd=eE1KS1pSZDlDWGFhZMGtEN1BRUT09>

Meeting ID: 854 9274 3863

Passcode: 796178

One tap mobile

Region 4 Behavioral Health Board

Mission: We improve behavioral health by developing solutions with our communities

Vision: An integrated health system accessible to everyone

Values: Respect – We value all perspectives

Progressive – We move forward

Integrity – We do the right thing

Innovative – We are open to new ideas

Transparent – We clearly show what we do and why we do it



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Strategic Planning Goals

Improve continuity of care through education and awareness

Educate and inform policymakers on statutes that inhibit care