



Region 4 Behavioral Health Board Meeting

April 10, 2025

11:00 AM – 1:00 PM

Location: Boise Brick House
704 North 7th St.
Boise, ID 83702

Zoom Meeting Info at the bottom.

Board Member Attendees:

- ☒ Brenda Willson, Chair, BH Advocate
- ☐ _____, Vice Chair
- ☐ _____, Treasurer/DHW
- ☐ _____, MAL
- ☐ _____, Sec
- ☒ Fran Frank, DHW
- ☐ Kendall Nagy, Prevention Specialist
- ☒ Brian Bethke, MH Parent
- ☐ _____, SUD Service Provider
- ☒ Mike Reininger, SUD Consumer

- ☐ Amanda Leader, J Justice
- ☐ _____, SUD Advocate
- ☒ Sam Luque, Law Enforcement
- ☐ Catherine Ball, MH Family
- ☐ _____, Judiciary
- ☐ Tiffany Fraley, DHW
- ☐ Shirley Freer, MH Consumer
- ☒ Randal Hallenberger, MH Service Provider
- ☒ Morgan Van Ry, Hospital Representative
- ☐ _____ SUD Parent

- ☐ Tiffany Myers, School District K-12
- ☐ Ami Owen, Licensed Health Prof
- ☒ Danielle Fanopoulos, SUD Family
- ☐ _____
- ☐ Tom Dayley, ADA County Commissioner
- ☐ _____, County Commissioner
- ☐ _____, County Commissioner
- ☒ Katie Bettinger, MH Consumer
- ☐ Brenda Willson, MH Advocate

(10 is a quorum)

Community Attendees: Chuck Christiansen, Mary Wright, Emily Miller, Sean Waldron, Brian Knight, Sherry Johnson, Justina Sgorbissa, Melanie Bennett, Catherine Purdy.

Time	Agenda Item	Presenter	Notes
11:00 AM – 11:05 AM	Welcome and Call to Order Mission & Vision	Brenda Willson, Chair	



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11:05 AM – 11:20 AM	Attendance and Roll Call: <ul style="list-style-type: none"> • Board Members • Community Attendees • Introductions 	Brenda Willson, Chair	
11:20 AM – 11:25 AM	Action item: Approve R4BHB meeting minutes – <ul style="list-style-type: none"> • March 13, 2025* 	Brenda Willson, Chair	Carry on – did not meet quorum.
11:25 AM – 11:55 AM	Community presentation – Oxford House	Mike Reininger, SUD Consumer (Board Member)	<p>Mike Reininger – Oxford House mike.reininger@oxfordhouse.org www.oxfordvacancies.com</p> <p>Oxford House is a democratically peer-ran, not for profit, long-term live-in home for people in recovery. We have single rooms and double occupancy rooms. We are new to the state of Idaho, opened our first house in Lewiston 8 years ago. 3 years ago, we got a contract with the state. Next month we are opening our 17th house. Oxford house has been around for 50 years, originally started by our founder, Paul Molloy. Oxford house has over 4000 homes across the states.</p> <p>We have 3 conditions to charter; everyone pays their fair share, no drinking or using, no disturbances. It's all autonomous, so everyone in the house works to keep everyone else in the house accountable.</p> <p>Oxford house provides an opportunity to reconnect with family. Everyone in the house has to step up and take on a role in the house, treasurer, chore</p>

			<p>coordinator, etc. It helps hearing it from a peer in recovery instead of an ‘authority figure’.</p> <p>We don’t accept SOs, arson charges, or anything against children. It takes a lot for us to say no to somebody. Everybody has a say, there’s no house dad or house mom. As outreach, I help guide them on what the best decision would be, but they get to make the decisions as a group.</p> <p>When it comes to reuniting families; they can have a guest over 3 times a week; we don’t allow SOs because there might be children coming over. We are helping individuals come up with the skills to work through adult problems, like conflict with family members.</p> <p>Idaho is behind on recovery, and we want to be a part of changing that. In East Idaho we started 2 years ago, and we are already getting our old participants that are starting work with other recovery houses.</p> <p>We try to rent nicer houses in nicer neighborhoods. We don’t want to be the trap house down the street. If you’re in a bad neighborhood you are more likely to do bad things. We identify as a single family in recovery.</p> <p>Q&A:</p> <p>Q: Randal – what does funding look like?</p> <p>A: Mike – currently it is private pay. The Department of Corrections provides TTF (transitional funding), that pays for the first month. Magellan doesn’t work with us currently. Some people go to their bishop, or other community supports, to get funding for a month or 2.</p> <p>Q: Randal – what is the average expense monthly?</p> <p>A: Mike – different across the state, the average is around \$600 a month. There is a \$150 non-refundable bed fee. There’s a statement in the application that they sign that if they break any conditions of charter they are asked to leave. This is not on a lease.</p> <p>Q: Fran – we work with clients that are dually diagnosed with MH and SUD issues. Have you accepted many with dual diagnoses?</p> <p>A: Mike – roughly 60% have dual diagnosis. If the house isn’t able to provide the care that an individual with more needs, we get them connected with other services.</p>
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11:55 AM – 12:05 PM	Update from DBH	Sean Waldron	<p>When you're ready to get funding going, we have been successful getting 3 out of the 4 boards financial support. Now we're just waiting for region 4 to get that process started.</p> <p>Fran – what is our budget and what is the time frame for spending? Sean – there are some guidelines; you have to post the opportunities for applications, then the board has to vote on the applications, and present to DBH for approval. It can take up to 90 days to get those things funded. Each FY (7/1-6/30) boards have up to \$15,000 to recommend. That doesn't mean that amount is available, it just means you can ask DBH to spend up to that amount to fund something the board supports.</p> <p>We are at the end of the fiscal year, so we might not be able to pass anything this year.</p> <p>Brenda – so if we had something that came in the next few weeks, but it couldn't fit in this fiscal year, can we ask for it for FY26? Sean – yes, the money doesn't roll over, but the requests can.</p>
12:05 PM – 12:25 PM	Update from Subcommittees	Brenda Willson, Chair	<ul style="list-style-type: none"> Youth Subcommittee – Alicia Baptiste – there is a group of 6 that meet on the 4th Wednesday of each month. Met once, during which the team worked on their mission statement and goals. "Our mission is to advocate for greater access to mental health and behavioral health services for young people, particularly those under 11. <p>Through our advocacy, we aim to address the long waitlists for services and the challenges providers face in staffing, driven by low reimbursement rates.</p> <p>Our goal is to ensure that at-risk youth receive the support and resources they need before crises escalate, as we firmly believe that prevention is both more effective and more affordable than involvement in the justice system or hospitalization."</p>

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			<ul style="list-style-type: none"> Recovery Subcommittee – no update.
12:25 PM – 12:35 PM	Continue brainstorming funding opportunities, Marketing events, etc.	Brenda Willson, Chair	<p>Sean – recommends keeping it to something that supports the Gaps and Needs. Some boards have a point person that has taken on the role of taking on the funding recommendations. During that process I will be available to help out and assist.</p> <p>*Sean will send Region 2’s application form to Brenda to put together and send out.</p> <p>If there is something that is just for the board, like audio equipment, you just need to fill out the funding recommendation, no application needed.</p>
12:35 PM – 12:40 PM	Guest Speaker Invitations	Brenda Willson, Chair	<p>May 8 – Brian Knight, Clinical Director at the Idaho Crisis & Suicide Hotline, bknight@idahocrisis.org</p> <p>Sarah Goddard, LCSW, Clinical Director of Benchmark Human Services’ mobile response teams in Idaho, sgordon@benchmarkhs.com</p> <p>Justina Sgorbissa, Program Manager at Community Bridges Inc, mobile crisis response, justina.sgorbissa@cbridges.com</p>
12:40 PM – 12:50 PM	Community Engagement / Volunteer Opportunities	Brenda Willson, Chair	<p>May:</p> <p>Morgan – NAMIWalks on May 24th https://www.namiwalks.org/index.cfm?fuseaction=cms.page&id=4951 https://www.namiwalks.org/index.cfm?fuseaction=donorDrive.event&eventID=1775</p> <p>Brenda – FYIdaho Resource Fair on May 17th.</p>
12:50 PM – 12:55 PM	Discussion: Community Events for Board, update	Brenda Willson, Chair	<p>Empower Idaho April 2025 Peer Support Conference</p> <p>April 29 and 30</p> <p>Free CEU Opportunity Virtual Conference</p> <p>Earn up to:</p>

			<p>6 CEUs for Certified Peer Support Specialists (CPSS), Certified Family Support Partners (CFSP), Certified Recovery Coaches (CRC) and Certified Peer Recovery Coaches (CPRC)</p> <p>Learn more and register here: https://www.empoweridaho.org/education/peer-support-conferences/</p> <p>Community Resiliency Model® - Skills to Regulate Your Emotions & Increase Resilience <i>with Sarah Marcus, LCSW</i> Wednesday, May 21, 2025 12 – 1:30 PM MDT Free webinar ASL interpreter will be present All are welcome!</p> <p></p> <p>May Community Resiliency Model - Participant Ed Invitation Flyer.png</p> <p>Learn more and register here: https://www.empoweridaho.org/education/consumer-activities/</p> <p>Empower Idaho CEU event:</p> <p>Implementing Trauma Informed Care in a Hyper-Sensationalized Society <i>with Javelin Hardy, LMSW</i> Thurs., May 29, 2025 10:30 AM – 12:30 PM MDT Zoom 2 free CEUs <i>pending</i> for LSW, LMSW, LCSW, LPC, LCPC, LMFT</p> <p></p> <p>Implementing Trauma Informed Care Provider Ed Invitation Flyer.png</p> <p>Learn more and register here: https://www.empoweridaho.org/education/provider-activities/</p>
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12:55 PM – 1:00 PM	Announcements and wrap-up	All	Adjourned at 12:15 PM
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Next scheduled board meeting: **May 8, 2025** beginning at 11:00 a.m.

Join Zoom Meeting

<https://us02web.zoom.us/j/85492743863?pwd=VLDlKl81SCcUYagIH5HQwx6cBiWJMj.1>

Meeting ID: 854 9274 3863

Passcode: 796178

One tap mobile

Region 4 Behavioral Health Board

Mission: We improve behavioral health by developing solutions with our communities

Vision: An integrated health system accessible to everyone

Values: Respect – We value all perspectives

Progressive – We move forward

Integrity – We do the right thing



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Innovative – We are open to new ideas

Transparent – We clearly show what we do and why we do it

Strategic Planning Goals

Improve continuity of care through education and awareness

Educate and inform policymakers on statutes that inhibit care