



Region 4 Behavioral Health Board Meeting

September 12, 2024

11:00 AM – 1:00 PM

Location: Idaho Department of Health & Welfare
1720 Westgate Dr., Boise, ID, 83704

Zoom Meeting Info at the bottom

Board Member Attendees:

- | | | |
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| <input checked="" type="checkbox"/> Brenda Willson, Chair, BH Advocate | <input checked="" type="checkbox"/> Amanda Leader, J Justice | <input type="checkbox"/> _____, School District K-12 |
| <input type="checkbox"/> _____, Vice Chair | <input type="checkbox"/> Dave Stage, SUD Advocate | <input type="checkbox"/> _____, Licensed Health Prof |
| <input type="checkbox"/> _____, Treasurer/DHW | <input type="checkbox"/> Tera Curry, Law Enforcement | <input type="checkbox"/> _____, SUD Family |
| <input type="checkbox"/> _____, MAL | <input type="checkbox"/> Catherine Ball, MH Family | <input type="checkbox"/> _____ |
| <input type="checkbox"/> _____, Sec | <input type="checkbox"/> _____, Judiciary | <input checked="" type="checkbox"/> Tom Dayley, ADA County Commissioner |
| <input checked="" type="checkbox"/> Fran Frank, DHW | <input type="checkbox"/> Tiffany Fraley, DHW | <input type="checkbox"/> _____, County Commissioner |
| <input type="checkbox"/> _____, Prevention Specialist | <input type="checkbox"/> Shirley Freer, MH Consumer | <input type="checkbox"/> _____, County Commissioner |
| <input type="checkbox"/> _____, MH Parent | <input checked="" type="checkbox"/> Laura Scuri, MH Service Provider | <input type="checkbox"/> _____, MH Consumer |
| | <input type="checkbox"/> Hospital Representative | |
| | <input type="checkbox"/> SUD Parent | |

(10 is a quorum)

Community Attendees: Sally Bryan, Sean Waldron, Emily Miller, Morgan Van Ry, Crystal Ikebe, Joy Husmann, Amy Pompei, Katie Bettinger, Kendall Nagy.

| Time | Agenda Item | Presenter | Notes |
|---------------------|---|-----------------------|---|
| 11:00 AM – 11:05 AM | Welcome and Call to Order Mission & Vision | Brenda Willson, Chair | |
| 11:05 AM – 11:15 AM | Attendance and Roll Call: <ul style="list-style-type: none"> Board Members | Brenda Willson, Chair | Laura Scuri has submitted a recommendation for someone to take over her position. |



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| | <ul style="list-style-type: none"> • Community Attendees • New Admin Support – Catherine Purdy | | |
| 11:15 AM – 11:20 AM | <p>Action item: Approve R4BHB meeting minutes –</p> <ul style="list-style-type: none"> • February 8, 2024* • March 14, 2024* • April 11, 2024* • June 13, 2024* • August 13, 2024* | Brenda Willson, Chair | Carry over |
| 11:30 AM – 11:40 AM | <p>Mental Health Month Advocate Awards:</p> <ul style="list-style-type: none"> • Discussion Award Nominations • Action Item: Vote | Brenda Willson, Chair Mary Wright, Empower Idaho | Carry over |
| 11:40 AM – 12:00 PM | Update from DBH | Sean Waldron | Recently we have been working on trying to get the boards some money, we were able to get the funding resource guide, plan so DBH |



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| | | | can take funding recommendations from the board, Sean has sent that to Brenda. Being able to provide for the community is important. When Brenda is ready, we can set up that meeting. |
| 12:00 PM – 12:50 PM | Create Needs and Gaps report | All | <p>Brenda’s information will be listed on the form.</p> <p>Brenda will submit a summary of the subcommittees.</p> <p>Top 3 greatest gaps and needs for the current year:</p> <ul style="list-style-type: none"> • Crystal – anti stigma education. Stable housing. • Fran – services and resources for CMH needs. Children residential treatment available for Medicaid recipients. Insufficient outpatient for CMH. Stable housing. • Morgan – transportation to care. • Amanda – knowledge in how or why to access treatment, e.g., how to find a therapist and how to interview a therapist. This can be for adults and youth. Anti stigma education. • Laura – most Treasure Valley State Hospital discharges are discharged homeless because there isn’t any place to go, supportive housing should be evaluated soon. • Katie – suicide prevention resource, no longer having access to screeners in schools will be a good thing to talk about regarding CMH. • Brenda – Suicide prevention resources. <p>Fran suggested having State Hospital collect some data with how many people are being discharged homeless; how many people were open to supportive housing, but it wasn’t available, and how many declined.</p> <p>Do you feel access to mental health services has improved, decreased, or stayed the same?</p> |

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| | | | <ul style="list-style-type: none"> • Brenda – We are becoming more aware of the need for access; however, it is being inundated by more population, so we are not keeping up with the amount of people coming in. People are becoming more confident in trying to access care. We are improving in trying but there is not enough availability. • Fran – agrees cannot keep up with population growth. There is a perception that we don't have great resources in the state, and a lack of understanding in the general population. • Crystal – improved, but access is still a challenge due to financial barriers. • Katie – More funding is needed in order to grow these resources. • Morgan – superficially access has improved but it's not working the way it intended to. <p>Do you feel access to substance use disorder services has improved, decreased, or stayed the same?</p> <ul style="list-style-type: none"> • Amanda – adolescence side the access has decreased, less groups and less treatment options. Kids with higher acuity and there are no options for that level of care. • Brenda – there is more awareness for the need. Awareness and trying are improving but not solving the problem. <p>20-50 word quote from a community member, peer, or BHB member about importance of mental health services in your region:</p> <ul style="list-style-type: none"> • Brenda has a compilation to choose from. If you have something to add please send by the end of next week. <p>Brenda will do ranking on the needs and gaps based off of today's discussion.</p> |
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| | | | <p>Additional points:</p> <ul style="list-style-type: none"> • Fran – we have operating adult and youth crisis centers, so we are doing well there but more pr is needed to get the word out to the community, they are being underutilized. New programming through VA for veterans with suicidal ideations. Every agency aside from Garden City PD is doing their own CIT 40 trainings (40 hours). Garden City might attend other trainings, it's worth asking about. Overall CIT is doing really well. • Brenda – has seen in increase for peer support training. • Morgan – has seen a lot of suicide prevention in the community. A lot of good events and resources in the community. Suicide prevention in schools is going well. |
| 12:50 PM – 12:55 PM | Discussion: Community Events for Board, update | Brenda Willson, Chair | <p>Fran had someone reach out about subcommittees. This will be added to next month's agenda.</p> <p>Community events:</p> <ul style="list-style-type: none"> • Pride Festival is this weekend. This is a good opportunity to share Mental Health information. • Recovery Day Celebration Sept. 26th. https://tockify.com/meridian.community.calendar/detail/913/1727359200000 <p>Fran – yesterday got new invites from Monica, should we delete? Brenda says yes.</p> <p>Add Morgan to invite list mvanry@havenllc.com</p> |
| 12:55 PM – 1:00 PM | Announcements and wrap-up | All | Wrap up at 11:51 |

Next scheduled board meeting: **October 10, 2024** beginning at 11:00 a.m.



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Join by Zoom Meeting <https://us06web.zoom.us/j/83225659925?pwd=eE1KS1pSZDlDWGFhRNGhzMGtEN1BRUT09>

Meeting ID: 832 2565 9925

Passcode: 471072

One tap mobile

+12532158782,,83225659925# US (Tacoma)

+13462487799,,83225659925# US (Houston)

Region 4 Behavioral Health Board

Mission: We improve behavioral health by developing solutions with our communities

Vision: An integrated health system accessible to everyone

Values: Respect – We value all perspectives

Progressive – We move forward

Integrity – We do the right thing

Innovative – We are open to new ideas



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Transparent – We clearly show what we do and why we do it

Strategic Planning Goals

Improve continuity of care through education and awareness

Educate and inform policymakers on statutes that inhibit care