



Region 4 Behavioral Health Board Meeting

January 9, 2025

11:00 AM – 1:00 PM

Location: Idaho Department of Health & Welfare
1720 Westgate Dr., Boise, ID, 83704

Zoom Meeting Info at the bottom.

Board Member Attendees:

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| <input checked="" type="checkbox"/> Brenda Willson, Chair, BH Advocate | <input type="checkbox"/> Amanda Leader, J Justice | <input type="checkbox"/> _____, School District K-12 |
| <input type="checkbox"/> _____, Vice Chair | <input type="checkbox"/> _____, SUD Advocate | <input type="checkbox"/> _____, Licensed Health Prof |
| <input type="checkbox"/> _____, Treasurer/DHW | <input checked="" type="checkbox"/> Tera Curry, Law Enforcement | <input type="checkbox"/> _____, SUD Family |
| <input type="checkbox"/> _____, MAL | <input type="checkbox"/> Catherine Ball, MH Family | <input type="checkbox"/> _____ |
| <input type="checkbox"/> _____, Sec | <input type="checkbox"/> _____, Judiciary | <input checked="" type="checkbox"/> Tom Dayley, ADA County Commissioner |
| <input checked="" type="checkbox"/> Fran Frank, DHW | <input type="checkbox"/> Tiffany Fraley, DHW | <input type="checkbox"/> _____, County Commissioner |
| <input type="checkbox"/> _____, Prevention Specialist | <input checked="" type="checkbox"/> Shirley Freer, MH Consumer | <input type="checkbox"/> _____, County Commissioner |
| <input type="checkbox"/> _____, MH Parent | <input type="checkbox"/> Laura Scuri, MH Service Provider | <input type="checkbox"/> _____, MH Consumer |
| | <input type="checkbox"/> _____ Hospital Representative | |
| | <input type="checkbox"/> _____ SUD Parent | |

(10 is a quorum)

Community Attendees: Emily Miller, Chuck Christiansen, Danielle Fanopoulos, Sean Waldron, Lesette Ortiz, Mary Wright, Joy Husmann, Sherry Johnson.

Time	Agenda Item	Presenter	Notes
11:00 AM – 11:05 AM	Welcome and Call to Order Mission & Vision	Brenda Willson, Chair	
11:05 AM – 11:15 AM	Attendance and Roll Call: <ul style="list-style-type: none"> Board Members 	Brenda Willson, Chair	



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	<ul style="list-style-type: none"> Community Attendees 		
11:15 AM – 11:20 AM	<p>Action item: Approve R4BHB meeting minutes –</p> <ul style="list-style-type: none"> February 8, 2024* March 14, 2024* April 11, 2024* June 13, 2024* August 13, 2024* September 12, 2024* 	Brenda Willson, Chair	Carry over
11:30 AM – 11:40 AM	<p>Mental Health Month Advocate Awards:</p> <ul style="list-style-type: none"> Discussion Award Nominations Action Item: Vote 	Brenda Willson, Chair Mary Wright, Empower Idaho	Carry over
11:40 AM – 12:00 PM	Update from DBH	Sean Waldron	The Idaho Behavioral Health Planning Council met for the Needs and Gaps reports, which are being compiled for the Governors Report for March.



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			<p>The Idaho Behavioral Health Council has reached out to the boards for support. The more collaboration the better between the entities the better.</p> <p>The process for attaining funds for the boards is out there. As soon as the board is full, we can connect to work on how to spend funds.</p>
<p>12:00 PM – 12:30 PM</p>	<p>Strategic Planning for 2025</p>	<p>Brenda Willson, Chair</p>	<p>As a board we need to determine what we need to focus on for 2025.</p> <p>Top 3 action items from Gaps and Needs Report:</p> <ol style="list-style-type: none"> 1. Filling board – should get close to it. We want to continue to try to get our board full. 2. Re-establish our presence in the community – will need to come up with a plan. 3. Create collaborative partnerships with Region 4 – will need to come up with a plan. <p><u>Issue: Residential treatment available for CMH Medicaid recipients.</u></p> <p>Discussion:</p> <p>Fran - Residential treatment is when a family does not feel they can provide treatment for the child. It's when a child goes to live in a treatment center. It's not something that most families can afford, and most youths get sent out of state. It's been a goal for Idaho for quite some time.</p> <p>Brenda –Not a lot of treatment centers in the state for Medicaid clients.</p> <p>Danielle – I work with teams focused on that. The bigger issue is most facilities don't accept CMH clients with Medicaid because reimbursement rates are too low.</p>



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			<p>Solutions: Brenda – we need to think of ways in which we can share this information, by educating legislators. Danielle – we need to work with Magellan as well. Sean – Magellan has a new panel where we can bring up issues like that. They encourage providers for input on a monthly basis. Sherry – Magellan is asking for provider input in Magellan Provider Advisory Committee or the Magellan Quality Improvement Committee, which are committees that help inform the IBHP system. Provider Advisory Committee - IdahoProvider@MagellanHealth.com and/or the Quality Improvement Committee: IdahoQualityDepartment@MagellanHealth.com</p> <p><u>Issue: Stable Housing – Most state hospital discharges are discharged homeless.</u></p> <p>Discussion: Shirley – stable housing is a hard one. We have houses that come and go. We do have good housing opportunities that are shared living homes. When people are in shelters, they are less likely to follow through with PHP treatment. Fran – discharge planning role shifted to the state hospital with collaboration with Magellan.</p> <p>Solutions: Shirley - It would be great to get an apartment complex with reasonable rates, that would be ideal. Communication could and should be better with our state hospital.</p>
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			<p><u>Issue: Suicide prevention – no longer having screeners in schools.</u></p> <p>Discussion:</p> <p>Sean – probably pertains to a bill that kids would have to get permission from parents for any mental health treatment. That bill limits school counselors from providing that level of care without getting permission from parents.</p> <p>Fran – Senate bill 1329. It also poses issues for youths using 988 and emergency services. https://www.acluidaho.org/en/parental-involvement-law-affecting-young-peoples-access-medical-care-senate-bill-1329-fact-sheet#:~:text=In%202024%2C%20Idaho%20passed%20Senate,to%20access%20most%20medical%20care.</p> <p>Emily – I was working as a school counselor, and prior to the senate bill we didn't have access to screeners either. It was considered crisis intervention. We were allowed to contact parents if there was a concern, in fact, we were required to contact parents with any change on mental status.</p> <p>Fran – I think this has been a long-term issue. Not assessing youth does not prevent suicide.</p> <p>Brenda – I might like more information to what research has showed that having a screener in the facility vs it being the next level.</p> <p>Fran – I would argue that with every step they have to take is more opportunities for it to fall through the cracks.</p> <p>Brenda – if the schools can't do it, what can we do to support?</p> <p>Fran - https://www.cdc.gov/nchs/pressroom/sosmap/suicide-mortality/suicide.htm</p>
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			<p>Solutions:</p> <p>Brenda – there are opportunities for us to do outreach at booths. What grants can we ask for and funds that we can utilize to get this info out to the community?</p> <p>Sean - the Division of Behavioral Health created a process in July in which each of the boards that are supported by the division could have funding of up to \$15,000 a year. The process works by taking applications from the public and then requesting use of funds from the division. It's been approved through fiscal year 25 and I don't see it going away. After the board is filled up, I will work with you to go through that process.</p>
12:30 PM – 12:50 PM	Community Engagement / Volunteer Opportunities	Brenda Willson, Chair	Danielle has a monthly networking meeting; it covers all of the PNW but does tend to focus on region 4.
12:50 PM – 12:55 PM	Discussion: Community Events for Board, update	Brenda Willson, Chair	<p>Fran – Dr. Rudd is doing a training tomorrow for addressing suicide risks with free CEU's.</p> <p>The Idaho Department of Education is pleased to offer a free one-day, virtual training <i>Assessing and Treating Suicide Risk</i> with Dr. David Rudd on Friday, January 10, 2025 from 9 am to 4 pm MT.</p> <p>https://forms.office.com/pages/responsepage.aspx?id=DQSIkWdsW0yxEjajBLZtrQAAAAAAAAAAN_nTGaUVUMU1XWFg5SUcwSUJITUFQQzdUVEIZOFhTRi4u&route=shorturl</p> <p>Joy - https://connectionisthecureidaho.org/</p>
12:55 PM – 1:00 PM	Announcements and wrap-up	All	12:15 adjourned

Next scheduled board meeting: **February 13, 2025** beginning at 11:00 a.m.



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Join by Zoom Meeting <https://us06web.zoom.us/j/83225659925?pwd=eE1KS1pSZDlDWGFhRNGhzMGtEN1BRUT09>

Meeting ID: 832 2565 9925

Passcode: 471072

One tap mobile

+12532158782,,83225659925# US (Tacoma)

+13462487799,,83225659925# US (Houston)

Region 4 Behavioral Health Board

Mission: We improve behavioral health by developing solutions with our communities

Vision: An integrated health system accessible to everyone

Values: Respect – We value all perspectives

Progressive – We move forward

Integrity – We do the right thing

Innovative – We are open to new ideas



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Transparent – We clearly show what we do and why we do it

Strategic Planning Goals

Improve continuity of care through education and awareness

Educate and inform policymakers on statutes that inhibit care