



Region 4 Behavioral Health Board Meeting

January 11, 2024

11:00 AM – 1:00 PM

Location: Idaho Department of Health & Welfare
1720 Westgate Dr., Boise, ID, 83704

January’s meeting will be in the Salmon River Room, Suite A-1.

Subsequent meetings will be in the Bear River Room, which is through Suite A.

Zoom Meeting Info at the bottom of the agenda

Board Member Attendees:

- | | | |
|---|--|--|
| <input type="checkbox"/> Brenda Willson, Chair, | <input type="checkbox"/> Amanda Leader, J Justice | <input type="checkbox"/> Jamie Giebler, School District K-12 |
| <input type="checkbox"/> Monica Forbes , Vice Chair, SUD | <input type="checkbox"/> _____, SUD Advocate | <input type="checkbox"/> _____, Licensed Health Prof |
| <input type="checkbox"/> _____, Treasurer/DHW | <input type="checkbox"/> Ashley Horvath , Law Enforcement | <input type="checkbox"/> Kelsey Pierce , SUD Family |
| <input type="checkbox"/> Jacob Wilson, MAL, BH Advocate | <input type="checkbox"/> Catherine Ball, MH Family | <input type="checkbox"/> Samantha Pirnie, SUD Service Provider |
| <input type="checkbox"/> Christina Smith, Sec, SUD Parent | <input type="checkbox"/> _____, Judiciary | <input type="checkbox"/> Tom Dayley, ADA County Commissioner |
| <input type="checkbox"/> Fran Frank, DWH | <input type="checkbox"/> Russell Salyards, DHW | <input type="checkbox"/> _____, County Commissioner |
| <input type="checkbox"/> _____, Prevention Specialist | <input type="checkbox"/> _____, MH Consumer | <input type="checkbox"/> _____, County Commissioner |
| <input type="checkbox"/> _____, MH Parent | <input type="checkbox"/> _____, MH Service Provider | <input type="checkbox"/> _____, |
| <input type="checkbox"/> Aimee Fisher – R4 Board Liaison | <input type="checkbox"/> _____, MH Consumer | <input type="checkbox"/> _____, County Commissioner |

(7 is a quorum)

Community Attendees:

Time	Agenda Item	Presenter	Notes
11:00 AM – 11:05 AM	Welcome and Call to Order Mission & Vision	Brenda Willson, Chair	
11:05 AM – 11:07 AM	Action item: Approve R4BHB meeting minutes- 2022-10/22, 11/22, 12/22 2023-1/23, 2/23-No mtg, 3/23, 4/23, 5/23, 6/23, 7/23, No mtg, 8/23, 9/14 10/23, 11/23	Brenda Willson, Chair	



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11:07 AM – 11:15 AM	<p>Discussion: Termination of Board Members</p> <ul style="list-style-type: none"> • Vice President • Law Enforcement • SUD Family <p>Action Item: Vote on Termination.</p>	Brenda Willson, Chair	
11:15 AM – 11:25 AM	<p>Discuss New Board Members.</p> <p>Action Item: Vote</p> <p>Discuss training for February.</p> <p>Meeting expectations for board members</p>	Brenda Willson, Chair	
11:25 AM – 11:35 AM	<p>Discussion: EC vacancy nominations for Vice Chair, Treasurer, and Secretary</p> <p>Action Item: Vote on nominations</p>	Brenda Willson, Chair	
11:35 AM – 11:45 AM	<p>Discussion: Reg. 4 BHB Support from DHW</p> <p>Discussion: Mental Health Nominees</p>	Sean Waldron, LCSW	
11:45 AM – 11:50 AM	<p>Discussion: Preliminary Invitation for Community Information Resource Fair 2024</p> <p>PDF is attached.</p>	Brenda Willson, Chair	
11:50 AM – 12:10 PM	<p>Community Partner Spotlight – Chris Christopher, MS, LCPC</p> <p>Clinical Director</p> <p>Primary Behavioral Health Services</p> <p>8620 W Emerald St. Suite 150</p> <p>Boise, ID 83704</p> <p>Phone: 208-617-3265</p> <p>Fax: 208-617-3270</p>	Chris Christopher, MS, LCPC	
12:10 PM – 12:30 PM	<p>Discussion: Community Events for Board, updates</p> <ul style="list-style-type: none"> • Optum Provider Alert – up-coming training dates. Flyer attached, 	Brenda Willson, Chair	



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	<ul style="list-style-type: none"> • ICADD: Save the date May 14-15, 2024. https://www.attendicadd.com/ • Human Anti Trafficking - Flyer attached. https://www.eventbrite.com/e/iatcs-2nd-annual-human-trafficking-awareness-day-social-event-tickets-710726109927?aff=oddtcreator • Meridian Anti-Drug Coalition (MADC) – Jan 25th Flyer attached; space is still available. • Idaho Youth Suicide Prevention Program – Flyers attached. 		
12:30 PM	Announcements and wrap-up	All	

Next scheduled board meeting: **February 8, 2024**, beginning at 11:00 a.m.

Please download and import the following iCalendar (.ics) files to your calendar system.

Monthly: https://us06web.zoom.us/meeting/tZcvdeyuqzljGNHxPdP50_Jnm1ibCr-6g0G8/ics?icsToken=98tyKuGrrDkvHNGcuRuCRpwqAljoZ-7wmFhEjY11hC_hM3UDXSn407NLMJfXY7X

Join Zoom Meeting

<https://us06web.zoom.us/j/83225659925?pwd=eE1KS1pSZDIDWGFNGhzMGtEN1BRUT09>

Meeting ID: 832 2565 9925

Passcode: 471072

One tap mobile

+12532158782,,83225659925# US (Tacoma)

+13462487799,,83225659925# US (Houston)

Dial by your location

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)



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+1 669 444 9171 US
+1 669 900 6833 US (San Jose)
+1 719 359 4580 US
+1 253 205 0468 US
+1 929 205 6099 US (New York)
+1 301 715 8592 US (Washington DC)
+1 305 224 1968 US
+1 309 205 3325 US
+1 312 626 6799 US (Chicago)
+1 360 209 5623 US
+1 386 347 5053 US
+1 507 473 4847 US
+1 564 217 2000 US
+1 646 931 3860 US
+1 689 278 1000 US
Meeting ID: 832 2565 9925

Find your local number: <https://us06web.zoom.us/j/83225659925>

Region 4 Behavioral Health Board

Mission: We improve behavioral health by developing solutions with our communities

Vision: An integrated health system accessible to everyone

Values: Respect – We value all perspectives

Progressive – We move forward

Integrity – We do the right thing

Innovative – We are open to new ideas

Transparent – We clearly show what we do and why we do it

Strategic Planning Goals



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Improve continuity of care through education and awareness

Educate and inform policymakers on statutes that inhibit care

Boise – Community Information Resource Fair (CIRF)

The purpose of the CIRF is simple:

- **Network** with community organizations to promote and learn about reentry and support services for residents returning to the community and those in the community who stand in need of assistance
- **Identify** available community resources for residents, case managers, families, parole/probation officers, volunteers, mentors, and workforce and employment consultants and resources
- **Enhance** community resource manuals; continue to build the CIRF website of resources
- **Educate** the public of the critical need to develop sustainable partnerships to ensure safe communities in Idaho

Participating organizations include:

- Secular and faith-based organizations offering recovery programs and transition services
- City, county and state government agencies and programs
- Non-profit organizations such as thrift stores that provide such items as clothing, bicycles, etc. to those in need
- Organizations offering self-help programs, food, clothing, housing and referrals
- Community mental health, medical, and legal services
- Resources available to veterans
- Educational institutions
- Any organization or individual that would like to share what they have and can do to support those in need in our communities in the Boise area

Vendor area with displays and information for attendees



Opening Ceremonies with Speakers and Honor Guard



Another view of vendor area





Opening ceremonies with Dee Sarton as keynote speaker



Couple more pics of vendor area

SCHEDULE

1pm-2:30pm

Opening Ceremony

Be inspired by some of Idaho's finest leaders as they share their perspective on how you can be an agent of change for people in transition in our community.

2:30pm-7pm

Resource Fair

Interact with over 100 local organizations and agencies who are driven by the passion and compassion for serving our community.

More Info

The CIRF is the largest annual event that brings our community together to educate and empower community members with information and resources to help those transitioning from Jail/Prison into the community along with any person experiencing barriers to successful community transition.

You are invited

- * If you need help with resources for successful transition
- * If you can help people needing resources
- * If you have loved ones in the criminal justice system



COMMUNITY INFORMATION & RESOURCE FAIR

2018

EVENT SPEAKERS



Sandy Jones



Henry Atencio



Dee Sarton



Melinda Smyser

TIME: 1PM - 7PM | DATE: AUGUST 15TH

Vineyard Boise-4950 Bradley St. Garden City, ID

Contact us for info or to register as a vendor
(208)968-1991

www.communityresourcesidaho.org

CIRF flyer with speaker line-up, information about the fair, dates/times.

This is just for example as 2024 dates/times have not been set and registration is not open.



This logo may change...



Special recognition of community providers

More vendor area pics



Gerry Autry
Community Partner



Current and
previous planning
committee
partners





PROVIDER ALERT

Dec.15, 2023

Alert Summary: This alert informs providers of up-coming training dates for Mental Health First Aid (MHFA), Crisis Prevention Institute (CPI) and Peer Learning Collaboratives (PLC).

Get ready to mark your calendars and ignite your enthusiasm because we've just unveiled our exhilarating lineup of training dates for 2024! Brace yourself for an empowering journey through Peer Learning Collaboratives, where knowledge flows seamlessly among participants, and a time to deepen knowledge of peer support topics.

But that's not all. Buckle up for a refreshing dive into Mental Health First Aid, where compassion meets action. In 2024, we're amplifying our commitment to well-being by equipping you with the tools to support those around you. These sessions are not just about learning; they're about becoming beacons of understanding and empathy. And for the solution seekers among us, our Crisis Prevention Institute (CPI) training awaits, blending essential skills that'll leave you feeling empowered.

Crisis Prevention Institute training

The Education and Training team has revamped the Foundations and the Refresher training. Continuing Education Units (CEUs) will be offered for the training.

*Please Note: CPI certification is **required** for all bachelor's level paraprofessionals prior to the delivery and submission of claims for crisis services. A copy of a valid and current CPI card must be kept in the HR file for review during an audit.*

CPI Foundation- [Register here for the CPI Foundation Course.](#)

Jan. 10, 9 a.m. – 1 p.m. MT

Feb. 14, 9 a.m. – 1 p.m. MT

CPI Refresher- [Register here for the CPI Refresher Course.](#)

You must have a current CPI Certificate to be eligible to take this course.

Feb. 13, 9– 11 a.m. MT

Peer Learning Collaboratives (third Wednesday every month)

Available to credentialed/endorsed Peer Services Providers including Youth Support, Peer Support, Family Support, Recovery Coaches, and their supervisors. Continuing education certificates of completion will be provided to attendees who attend a session in full. To enroll, [please register here](#).

Jan. 17, 3 - 5 p.m. MT

Feb. 21, 3 - 5 p.m. MT

Mental Health First Aid

Space is limited and registration closes one week prior to the class date. A two-hour self-paced pre-course assignment must be completed to attend the training. Continuing Education Units (CEUs) will be offered for the training. [Please register here](#).

Youth MHFA - This class is for adults who interact with youth ages 12-18.

Jan. 23 and 25, 1 – 4 p.m. MT (Must attend both sessions)

Feb. 20 and 22, 9 a.m. - noon MT (Must attend both sessions)

Adult MHFA - This class is for adults who interact with ages 18 and older.

Jan. 16 and 18, 9 a.m. - noon MT (Must attend both sessions)

Feb. 6 and 8, 9 a.m. - noon MT (Must attend both sessions)

Thank you,

The Optum Idaho Education and Training Team

WEAR BLUE

Join us at our Second Annual Social Event

benefiting the Idaho Anti-Trafficking Coalition

January 11, 2024 is
National Human Trafficking
Awareness Day



**SILENT AUCTION
RAFFLE
HEAVY HORS D'OEUVERS
DRINKS
LIVE MUSIC**



**WEAR BLUE
TO SHOW
YOUR
SUPPORT AND
REGISTER
HERE**

IDAHO
ANTI-TRAFFICKING COALITION

The Linen Building
📍 1402 W Grove St,
Boise, ID 83702
Thursday, January 11, 2024
6PM - 9PM

Join us and celebrate 20 years of prevention and education!



RSVP Here!

January 25, 2024 | 11:30am-1:30pm

West Ada School District - White Cloud Auditorium



Enjoy lunch courtesy of Albertsons Marketplace while Former Mayor de Weerd, Police Chief Basterrechea, and MADC Director, Kendall Nagy, talk about the coalition's past, present, and future. Attendees will receive a 20-year commemorative coin and t-shirt courtesy of our partners at Northpoint Recovery and SCHEELS. Please RSVP by 12/11/23. Questions? 208-846-7313



REGIONAL CLINICAL CASE MANAGEMENT FOR YOUTH SUICIDE PREVENTION

Provided by BPA Health in collaboration with the
Idaho Youth Suicide Prevention Program (IYSP)

BPA HEALTH/IYSP REFERRAL LINE:

(208) 947-5155

M-F 9 AM TO 5 PM MT



The Idaho Youth Suicide Prevention Program (IYSP), formally known as the Idaho Lives Project has partnered with BPA Health to offer free statewide Regional Clinical Case Managers to assess, refer, and provide follow-up case management services to **youth up to age 24** who have attempted suicide or who have had treatment for serious thoughts of suicide. Case Managers are licensed behavioral health clinicians who provide the services listed below to advocate for and support youth as they reintegrate back into their families, schools, and communities.

- **Follow-Up Support** – follow up with and act as a liaison among the youth/young adult, health facility/mental health providers, school, and family to provide continuity of care
- **Assessment** - provide suicide risk assessments for youth who do not otherwise have access to assessment services due to barriers such as lack of insurance or Medicaid, or lack the financial resources to see a clinician, are geographically isolated, or encounter prohibitively long waiting lists for an assessment
- **Peer-to-Peer Attempt Survivor Support Groups** – support groups for young adults aged 18 and over who have made previous suicide attempts

Referrals may come from school personnel, hospital discharge planners, or other applicable sources, and sources may be asked to assist in obtaining informed consents and releases of information from the parent/guardian and/or youth to enable the provision of case manager services. Parents/Youth/Young adults may also call directly.

8050 W. Rifleman St, Ste 100
Boise, Idaho 83704

www.bpahealth.com
IYSP@bpahealth.com

If you or someone you know is in emotional crisis,
please call the Idaho Crisis and Suicide Hotline at 988.

