



Region 4 Behavioral Health Executive Board Meeting

November 2, 2023
9:00 AM – 10:30 AM

Board Member Attendees:

- Brenda Willson, Chair
- Monica Forbes, Vice Chair
- Vacant, Treasurer
- Christina Smith, Secretary
- Jacob Wilson, Member at Large

Time	Agenda Item	Presenter	Notes
9:05 AM – 9:08 AM	Welcome and Call to Order	Brenda Willson, Chair	
9:08 AM – 9:28 AM	Review In- Person meeting from October- Highlights, suggestions, next steps	All	Encourage people to attend in person, zoom link will be available. Maybe move to DHW office.
9:28 AM – 9:32 AM	Discussion: Holiday ideas for engaging with community	Brenda Willson, Chair	Add to strategic plan for 2024.
9:32 AM – 9:50 AM	Discussion: Set agenda for R4BHB November 9th meeting	Brenda Willson, Chair	Add speaker, EC will alternate attending Reg leadership board meetings and report back to Reg. 4 BHB. 11-12:30. Held the 4 th Thursday of each month. Next meeting not till January.
9:50 AM – 10:00 AM	Discussion: Update Sub Committees Discussion: Building the Board and Training	All	CMH provided updates and recruitment efforts. Discuss working on reviving recovery and wellness.



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10:00 AM – 10:20 AM	Discussion: Community Programs and updates	All	None
10:20 AM – 10:30 AM	Announcements and wrap-up	All	EC decided on cancelling Dec meeting, instead work on recruitment.

Next scheduled EC Board Meeting: December 7, 2023 beginning at 9:00 AM