



Region 4 Behavioral Health Board Meeting

October 12, 2023

11:07 AM– 12:30 PM

Location: PEER Wellness Center

7091 W. Emerald St., Boise, ID. 83704

Board Member Attendees:

- Brenda Willson, Chair,
- Monica Forbes, Vice Chair, SUD
- _____, Treasurer/DHW
- Jacob Wilson, MAL, BH Advocate
- Christina Smith, Sec, SUD Parent

- Fran Frank, **DWH**
- _____, Prevention Specialist
- X Aimee Fisher-R4 Board Liaison

- Amanda Leader, J Justice
- Lexi Fanopoulos, SUD Advocate
- Ashley Horvath, Law Enforc
- Catherine Ball, MH Family
- Imelda Ramirez, Judiciary

- Russell Salyards, **DWH**
- _____, MH Consumer

- Jamie Giebler, School District K-12
- Jill Chonody, Licensed Health Prof
- Kelsey Pierce, SUD Family
- Samantha Pirnie, SUD Service Provider
- Tom Dayley, ADA County Commissioner

- _____, County Commissioner
- _____, County Commissioner
- _____, MH Parent
- _____, MH Service Provider

Community Attendees:

Rachel Clark (Moonlight Mountain), Jared Bake (Moonlight Mountain), Sally Bryan (R5 DHW), Andy Hansen, Lesette Ortiz, Alicia Baptiste, Joy Husmann (Intermountain Hospital & R3BHB)

Time	Agenda Item	Presenter	Notes
11:07 AM– 11:10 AM	Welcome and Call to Order, Mission & Vision, Roll Call and Community Attendee Introductions	Brenda Willson, Chair	
11:10 AM- 11:18 AM	Intro of new Admin support-Aimee Fisher	Brenda Willson, Chair	Aimee started this month as admin for both R3 & R4. She is in North Idaho and will be attending meetings mostly through zoom.
11:12 AM- 11:14 AM	Action item: Approve R4BHB meeting minutes- 2022-10/22, 11/22, 12/22 2023-1/23, 2/23-No mtg, 3/23, 4/23, 5/23, 6/23, 7/23- No mtg, 8/23, 9/14	Brenda Willson, Chair	Didn't meet quorum. Brenda encouraged board members to attend the meetings to meet quorum and vote on meeting minutes.



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<p>11:14 AM- 11: 25 AM</p>	<p>Discussion: Sub Committee Updates</p>	<p>Brenda Willson, Chair</p>	<p>Jaime G.-Provided update on Youth Subcommittee. Both Jaime and Danielle Fanopoulos do not want to take on a leadership role but are willing to attend meetings.</p> <p>Jamie G.- Jamie and Danielle were able to identify gaps in behavioral health services for children under age 12. They feel there is minimal access to mental health care. Imagine by Northpoint works with ages 12-17 but are considering adding treatment services for this age group. Additional gaps include a need for more parent education. The School districts are receiving calls from law enforcement asking for community supports/resources they can access.</p> <p>Jaime and Danielle haven't decided on a monthly day and time for the youth subcommittee meeting yet. Important to establish a set meeting day/time soon for community members to participate.</p> <p>Brenda-Has a connection with Families and Youth of Idaho. They are interested in sending a rep to be part of the youth subcommittee meetings. Brenda plans to help connect this agency to Jaime and Danielle.</p> <p>Recovery and Wellness-on hold. Have not received interest yet from board and/or community members. Brenda encouraged board and community members to participate and reach out to others who might be interested as well.</p>
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<p>11:25 AM- 11: 40 AM</p>	<p>Discussion:</p> <ul style="list-style-type: none"> a. Board Engagement with Community Events (ie. Recovery Rally) b. Board participation in meetings 	<p>Brenda Willson, Chair</p>	<p>Brenda discussed how the board was not present at the Recovery Rally due to lack of interest.</p> <p>Brenda discussed the importance of board members' participation in outreach activities. She asked for members to come up with a plan of action as a board to be more active in the community like in the past. Not able to advocate and have a presence in the community if people are not aware of the R4BHB. One person cannot be the only one participating and attending events.</p> <p>Jaime- Suggested developing a community event calendar. She stressed the need to plan ahead by sending out reminders and sign ups.</p> <p>Brenda asked if Aimee could assist in figuring out the best way to help board members plan and sign up. Asked attendees to let EC know of upcoming community events that the board could participate in.</p> <p>Sally-Plans to work with Aimee to put together a calendar of events on the board website.</p> <p>Reviewed the R4BHB's marketing board that was present in the meeting room at Peer Wellness Center and discussed how we use it at community events. Discussed how board funds paid for the board and marketing materials to use at these events. Will need to update this board once we receive funds again from DHW.</p>
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			<p>Joy-Introduced herself and discussed how R3BHB is open to collaborating with R4BHB. Will be both utilizing the admin. She is on the R3BHB Youth subcommittee and willing to be available for support and questions as R4BHB sets up their youth meetings.</p> <p>Discussion about emailing out to board members prior to meetings about events coming up, check events. Use calendar invites as an option to remind board members about the meetings and other information that members need to be mindful of to be prepared.</p>
11:40 AM- 11:54 AM	<p>Discussion: Revocation of Board members</p> <p>EC committee will be sending out letters</p>	Brenda Willson, Chair	<p>Brenda discussed not having board members attend meetings. EC is trying to determine how to build up the board again for people to be more consistent with attendance and participation. If unable to meet quorum, the board is unable to do action items.</p> <p>Determine active versus inactive members. Reviewed Bylaws associated with procedures to use when members have not consistently attended. Will be sending out letters per Bylaws later this month to determine who no longer wants to continue on the board.</p> <p>Brenda read the Bylaws on participation and attendance/misconduct (see Bylaw for details). 3 absences for undue cause within the year may be subject to termination from the board. Will need to determine the process of termination if not have quorum to vote. The current focus is on establishing active members.</p>



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			<p>Jacob-Suggested including verbiage in the letter requesting board members to state if not able to participate on board to resign their seat rather than the board going through the termination process. This was also help if the board is unable to meet quorum to vote.</p> <p>Board application is available on the website and/or EC members can provide this as well to those interested in applying.</p> <p>The EC plans to send out emails to board members regarding vacant positions, application, and encourage to reach out to people they know to apply.</p> <p>Will be in person meetings moving forward. Will determine a permanent place to have meetings. Requested options. For now, meetings will continue to be held at Peer Wellness Center in Boise.</p>
11:54 AM- 11:56 PM	Community Updates	All	<p>IBHN (Idaho Integrated Behavioral Health Network)- Conference on April 4th and 5th at the Anderson Center @ St. Luke's in Boise. https://hub.c-who.org/iibhn-2024</p> <p>Fran- Empower Idaho has a good community events calendar for us to link to on the board website.</p>
11:56 PM- 11:56 PM	Announcements and wrap-up	All	<p><u>None</u></p>



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11:56 AM	Business Meeting Adjourned!	Brenda Willson, Chair	
11:55 AM- 12:30 PM	Board Social Hour	All	

Next scheduled board meeting IN PERSON @ Peer Wellness Center-

NOVEMBER 9, 2023, 11:00-1:00 p.m.

Join Zoom Meeting

<https://us06web.zoom.us/j/83225659925?pwd=eE1KS1pSZDIDWGFRRNGhzMGtEN1BRUT09>

Meeting ID: 832 2565 9925

Passcode: 471072



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Region 4 Behavioral Health Board Mission:

Mission: We improve behavioral health by developing solutions within our communities.

Vision: An integrated health system accessible to everyone

Values: Respect – We value all perspectives. Progressive – We move forward.
Integrity – We do the right thing. Innovative - We are open to new ideas.

Transparent – We clearly show what we do and why we do it.

Strategic Planning Goals-

Improve: Continuity of care through education and awareness.

Educate: Inform policymakers on statutes that inhibit care.