



Region 4 Behavioral Health Board Meeting

September 14, 2023

11:05 AM– 12:59 PM

Location: PEER Wellness Center
7091 W. Emerald St., Boise, ID. 83704

Board Member Attendees:

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| <input checked="" type="checkbox"/> Brenda Wilson, Chair, | <input type="checkbox"/> Amanda Leader, J Justice | <input checked="" type="checkbox"/> Jamie Giebler, School District K-12 |
| <input type="checkbox"/> Monica Forbes, Vice Chair, SUD | <input type="checkbox"/> Lexi Fanopoulos, SUD Advocate | <input type="checkbox"/> Jill Chonody, Licensed Health Prof |
| <input type="checkbox"/> _____, Treasurer/DHW | <input type="checkbox"/> Ashley Horvath, Law Enforc | <input type="checkbox"/> Kelsey Pierce, SUD Family |
| <input checked="" type="checkbox"/> Jacob Wilson, MAL, BH Advocate | <input checked="" type="checkbox"/> Catherine Ball, MH Family | <input type="checkbox"/> Samantha Pirnie, SUD Service Provider |
| <input checked="" type="checkbox"/> Christina Smith, Sec, SUD Parent | <input type="checkbox"/> Imelda Ramirez, Judiciary | <input type="checkbox"/> Tom Dayley , ADA County Commissioner |
| <input checked="" type="checkbox"/> Fran Frank, DHW | <input type="checkbox"/> Russell Salyards, DHW | <input type="checkbox"/> _____, County Commissioner |
| <input checked="" type="checkbox"/> _____, Prevention Specialist | <input type="checkbox"/> _____, MH Consumer | <input type="checkbox"/> _____, County Commissioner |
| | | _____, MH Parent |
| | | _____, MH Service Provider |

Community Attendees:

Heather Allan (CDH), Joy Husmann (Intermountain Hospital), Jessica Witten (DHW BH), Chuck Christiansen (Intermountain Hospital), Danielle Fanopoulos (Imagine), Rachel Clark (Moonlight Mountain), Jared Bake (Moonlight Mountain), Andy Hansen (R4 Optum ID)

Time	Agenda Item	Presenter	Notes
11:05 AM– 11:11 AM	Welcome and Call to Order Mission & Vision	Brenda Willson, Chair	
11:05 AM– 11:07 AM	Action item: Approve R4BHB meeting minutes- 2022-10/22, 11/22, 12/22 2023-1/23, 2/23-No mtg, 3/23, 4/23, 5/23, 6/23, 7/23- No mtg, 8/23	Brenda Willson, Chair	Did not meet quorum. Briefly discussed what constitutes as quorum and importance of having attendance to vote.
11:07 AM– 11:16 AM	Discussion: Recovery Rally and volunteers needed (September 23 rd -12-6 pm) @ Julia Davis Park	Brenda Willson, Chair	Briefly reviewed the Recovery Rally event and requested volunteers to help table at the event with Brenda. Have basic marketing materials to use. No board members volunteered other than Brenda.



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			<p>Danielle Fanopoulos stated that the Imagine program will be at the event and offered to help if the board has a table.</p> <p>Fran Frank suggested having peer supports and/or recovery coaches at the event.</p> <p>If willing to volunteer, contact Brenda (email: bkwillson09@yahoo.com).</p>
11:16 AM-11:19 AM	<p>Discussion: In Person October 12th meeting- (location @ Peer Wellness Center-Emerald St. in Boise)</p> <p>Agenda- 11-12 pm (meeting) 12-1 pm Meet N Greet at PWC</p>	Brenda Willson, Chair	<p>Brenda reminded board members and community attendees that the board meeting in October will be in person.</p> <p>Reach out to Brenda if interested in assisting with setting this up.</p> <p>Zoom link will be available at meeting location so community members can log in.</p>
11:19 AM-11:37 AM	<p>Discussion: Next steps-</p> <ol style="list-style-type: none"> 1. Revisit Subcommittees (Recovery Wellness, Children’s MH) 2. Barriers to engagement: board members roles 		<p>The boards are mandated to have these 2 subcommittees. It is also required to have a board member attend these meetings, but they do not have to chair.</p> <p>Brenda discussed the need for participants on the Recovery Wellness subcommittee which can support and participate in events such as the Recovery Rally.</p> <p>Brenda asked board members to consider participating with these subcommittees and work on coordinating meetings going forward. Danielle Fanopoulos and Jamie Giebler volunteered to be on the committee as well as work on a structured outline for the Children MH subcommittee to follow.</p>



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			<p>If board and community members are interested in participating, contact Brenda who will connect volunteers to Danielle and Jamie as they work on this subcommittee. Brenda will be the primary contact for all the subcommittees if people are interested in participating.</p> <p>Christina Smith stated that the Children’s MH subcommittee historically has focused on establishing grants to cover programs for various trainings such as MH First Aid training in Elmore County.</p> <p>Danielle Fanopoulos expressed how the Children’s MH subcommittee can work with the schools to help parents with obtaining resources as well as provide education to School Social Workers, counselors, and school officials to support students (ie. Trauma based therapies, LGBTQ+ youth) and their families.</p> <p>Jamie Giebler is willing to work on developing partnerships in the school districts in our region. She suggested also finding outside presenters for region 4’s school districts Parent education nights throughout the academic year.</p> <p>Joy Husmann chairs the Children’s MH subcommittee through R3BHB. She reported that the subcommittees are the engine or oil to the engine for the board itself when engaged in action items and grant proposals. R3BHB has 15-20 members on their Children’s MH subcommittee which meets monthly. They provide feedback on what the board can do for action items, what they have accomplished as a committee, participate in community events, etc. She stated that the committee is the</p>
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			<p>work horse for the Governor’s report by coming up with an action plan and modifying the Gaps and Needs report. Keeps people engaged. After modification of the report, the subcommittee presents it to the board who can vote and send to Governor’s office.</p> <p>Joy Husmann stated that R3BHB subcommittee historically joined forces with their Provider Subcommittee many years ago and continues to work as the CMH/Provider Subcommittee so that it involves more than just children.</p> <p>Barriers to engagement: board members roles include participation with action items as well as provide feedback to break down barriers and move forward with action items and subcommittees.</p>
11:37 AM-12:56 PM	Discussion: Needs and Gaps-Overview and update the report (Due September)	Brenda Willson, Chair	<p>Brenda reviewed the Needs and Gaps Questionnaire and requested feedback from board and community members.</p> <p>Deadline-report due in September</p>
12:56 PM-12:57 PM	Community Updates	Brenda Willson, Chair	Reminder of Recovery Rally



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<p>12:57 PM- 12:59 PM</p>	<p>Announcements and wrap-up</p>	<p>All</p>	<p><u>West Ada School District Mental Health Provider Fair-</u> September 14th, 2-4 pm <i>See flier sent with this agenda for details and/or contact: morgan.shalie@westada.org.</i></p> <p><u>The ROCK-Valley County Recovery and Wellness Gathering-</u> September 30th, 3:00-7:15 pm Location: 409 S. 3rd St., McCall, ID 83638 Enliven Yoga Studio (upstairs) 208-315-1023 <i>See flier for more details!</i></p> <p><u>DHW opening Youth Behavioral Health Community Crisis Centers (YBHCCCs) in Idaho.</u> When services are available: Centers in Idaho Falls (<i>Rise Up Teen and Child Crisis Center of East Idaho</i>) and Twin Falls (<i>Proactive Youth and Family Support Center</i>) are currently open.</p> <p>Two remaining YBHCCCs open soon in Boise (October) and Caldwell (January 2024).</p> <p>Purpose of YBHCCCS- Calm environment to de-escalate a BH crisis. 100% voluntary, free, and open 24/7 to youth in Idaho. No appointments, just walk in. Law Enforcement may bring youth to the centers. Parents/guardians must be present to consent to treat upon arrival.</p> <p>Eligible youth-Ages 12-17 who are in a BH crisis. See flier for more details!</p>
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12:59	Meeting Adjourned!	Brenda Willson, Chair	Fall is coming!
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Next scheduled board meeting-

IN PERSON at Peer Wellness Center in Boise

OCTOBER 12, 2023, beginning at 11:00 a.m

11-12 pm Board Meeting

12-1 pm Lunch and Social Gathering



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Join Zoom Meeting

<https://us06web.zoom.us/j/83225659925?pwd=eE1KS1pSZDIDWGFRNGhzMGtEN1BRUT09>

Meeting ID: 832 2565 9925

Passcode: 471072

One tap mobile

+12532158782,,83225659925# US (Tacoma)

+13462487799,,83225659925# US (Houston)

Dial by your location

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

+1 669 444 9171 US

+1 669 900 6833 US (San Jose)

+1 719 359 4580 US

+1 253 205 0468 US

+1 929 205 6099 US (New York)

+1 301 715 8592 US (Washington DC)

+1 305 224 1968 US

+1 309 205 3325 US

+1 312 626 6799 US (Chicago)

+1 360 209 5623 US

+1 386 347 5053 US

+1 507 473 4847 US

+1 564 217 2000 US

+1 646 931 3860 US

+1 689 278 1000 US

Meeting ID: 832 2565 9925

Find your local number: <https://us06web.zoom.us/j/83225659925?pwd=eE1KS1pSZDIDWGFRNGhzMGtEN1BRUT09>



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Region 4 Behavioral Health Board Mission:

Mission: We improve behavioral health by developing solutions within our communities.

Vision: An integrated health system accessible to everyone

Values: Respect – We value all perspectives. Progressive – We move forward.
Integrity – We do the right thing. Innovative - We are open to new ideas.

Transparent – We clearly show what we do and why we do it.

Strategic Planning Goals-

Improve: Continuity of care through education and awareness.

Educate: Inform policymakers on statutes that inhibit care.



SEPTEMBER 23RD, 2023

12:00PM-6:00PM

JULIA DAVIS PARK

Boise's 8th Annual Recovery Rally

RECOVERY MONTH 2023 **RECOVERY IS FOR EVERYONE:**
Every Person. Every Family. Every Community.

Proudly Sponsored by:



FOOD

This year's Recovery Rally will feature amazing food (and coffee!) by Emily's Mexican Grill, Kanak Attack & Slow River Coffee.



FUN

Inflatable Jumphouse, Inflatable Obstacle Course, Giant Jenga, Giant Connect 4, Cornhole Tournament, Photobooth and face painting are just a few of the things you will find at this year's rally - while the DJ plays all your favorite celebration songs



FRIENDSHIP

The connections and the relationships that we build in recovery provide support and strengthen us on our journey. Celebrating recovery with our support people is just one way of saying "Thank you. I couldn't do this without you" so we hope you will bring your "tribe".



RESOURCES

Community Partners who provide services in our community will have tables with information on available resources to support you in your recovery.



INSPIRATION

Hear personal stories of recovery from local community members as they share their experience, strength and hope.

East Boise Community
Reentry Center



208.991.8361

@ joinus@peerwellnesscenter.org



enlivenyogamccall.com

208-315-1023



RECOVERY MONTH 2023

RECOVERY IS FOR EVERYONE:
Every Person. Every Family. Every Community.



www.theroc.center

208-278-7977

VALLEY COUNTY RECOVERY AND WELLNESS GATHERING

SATURDAY, SEPT 30TH 3:00-7:15 PM
@ ENLIVEN YOGA STUDIO

409 S 3RD ST. UPSTAIRS
MCCALL, ID 83638



WIM HOF
BREATHING

YOGA RECOVERY
MEETING

SOUND BATH

RAFFLE

3:15-3:45 PM

4:00-5:00 PM

5:30-7:00 PM

7:00-7:15 PM

Come for Any or All of the above recovery activities and enter to win some great prizes donated from generous community support.

West Ada School District's

6th Annual Mental Health Provider Fair

The purpose of the Mental Health Provider Fair is to bring community mental health providers together with school counselors and other school mental health personnel. Knowing what resources are available in our community allows our personnel to better refer students and families, and is vital to the well-being and success of all our students.

WHEN: Thursday, September 14, 2023, 2:00 pm – 4:00 pm

WHERE: West Ada School District, 1303 E Central Dr. Meridian, ID 83642, White Cloud Auditorium
(Located on the east end of the building through the Training Center doors.)

WHO WILL ATTEND: All Treasure Valley school counselors, district social workers, school nurses, and school psychologists are invited to attend West Ada's annual Mental Health Provider Fair to meet you; our local community mental health providers! All area school personnel mentioned above are invited to come, free of charge, to meet with providers one-on-one to learn how your services may benefit their students and parents/guardians.

If you are interested in participating in this year's Mental Health Provider Fair, please choose one of the sponsorship options below and register before Friday, August 18, 2023

SPONSORSHIP OPTIONS

(Sponsorship fee is non-refundable)

1) Fair Sponsorship: \$2,000: This allows your company to sponsor the entire event! Food will be ordered by us (included in sponsorship fee) but sponsored by your company. You will be provided up to 3 tables located closest to the entrance doors. Our social media posts will announce your sponsorship, and your company logo will be on the invitations and all printed materials available at the fair. Up to three agencies may sponsor at this level.

Fair sponsorships must be paid in full by **Friday, Aug. 18, 2023. Sponsorship fee is non-refundable.*

2) Table Sponsorship: \$250 (most popular): You will be provided with one, 6-foot table to use for your display. Table location will be available on a first-come basis. Approximately 40 agencies may sponsor at this level.

Table sponsorships must be paid in full by **Friday Sept. 1, 2023. Sponsorship fee is non-refundable.*

REGISTRATION & PAYMENT

To Register: Send an email request, including the sponsorship you'd like to purchase, to the West Ada Counseling and Student Services department, morgan.shalie@westada.org.

To Pay for your Sponsorship Choose one of the following options:

1) Send a check to: The Education Foundation of Joint School District No. 2
1303 E Central Dr. Meridian, ID 83642

**Please add memo "2023 Mental Health Provider Fair"*

2) Pay online: <https://www.westada.org/o/educationfoundation/page/donate>.

In the Designation drop down menu, choose other.

In the comment box, please write "Payment for 2023 Mental Health Fair" (*There is a 3% credit card processing fee)

100% of the MHPF proceeds go to the West Ada Counseling & Student Services Department & used for opportunities such as professional development (i.e. ACA & ISCA conferences) & items for Counselor Appreciation Week.

Event Coordinators: West Ada Department of Counseling & Student Services. For questions, please call Kylee Bendorf, 208-855-4500.