

Region 4 Behavioral Health Board FY21 Gaps & Needs Report

Access to Treatment Services and Intervention	Gap/Need	Strategy (How?)	Current State (Data)	Future State (Trend)	SMARTIE Objective	Person(s) Responsible	R4BHB Strategic Plan
	There needs to be improved systems of coordinated care in the realms of prevention, treatment, and intervention services for individuals with substance use disorders, mental health conditions, or dual diagnosis.	Support initiatives that seek to increase Intensive Outpatient Programs or Partial Care Services.	Ashwood Recovery offers Partial Hospital Program & Intensive Outpatient programs for Substance Use and Mental Health Trivium offers Partial Hospitalization Program		No objective at this time		
		Support initiatives that seek to increase tele-health utilization and recruit more providers to rural areas.			No objective at this time		

Care Coordination and System Improvements	Gap/Need	Strategy (How?)	Current State (Data)	Future State (Trend)	SMARTIE Objective	Person(s) Responsible	R4BHB Strategic Plan
	Policy and legislation requirements for behavioral health services may be barriers to accessing services.	Support initiatives that seek to minimize barriers to services.	Conduct policy review		No objective at this time		
	Lack of coordination of care between providers in all levels of care, including behavioral health care to primary health care providers, and coordination of care for high risk populations (e.g., offender re-entry, etc.).	Support initiatives that improve communication and coordination between providers and other organizations.			No objective at this time		
	Need for crisis care in rural counties and safe transport from rural areas for crisis care	Support initiatives that improve crisis care connectivity in rural areas and safe transport from rural areas			No objective at this time		
	Lack of insurance coverage for low income individuals who do not qualify for Medicaid (e.g., ALICE households), creating a barrier to accessing services.	Support affordable health care and insurance coverage initiatives to meet behavioral health needs that arise for ALICE households.	ALICE Households for 2018 (% of county population) Ada County: 27% Boise County: 26% Elmore County: 28% Valley County: 36% Indicators Idaho data (2018 data, persons under 65 yrs of age) Ada County: 10% Boise County: 14% Elmore County: 14% Valley County: 14%	ALICE households Trend data from 2012, 2014, 2016, 2018 Ada County: slight decrease (R2=-0.0029) Boise County: increasing (R2=0.4967) Elmore County: increasing (R2=0.1598) Valley County: increasing (R2=0.8112) (2018 data, persons under 65 yrs of age) Ada County: decreasing (R2=-0.7956) Boise County: decreasing (R2=-0.8144) Elmore County: decreasing (R2=-0.6997) Valley County: decreasing (R2=-0.8379)	No objective at this time		

Housing	Gap/Need	Strategy (How?)	Current State (Data)	Future State (Trend)	SMARTIE Objective	Person(s) Responsible	R4BHB Strategic Plan
	There is a lack of affordable, accessible, and supported housing options in Region 4.	Increase educational opportunities for the board regarding the current system for people transitioning to community living (e.g., from hospitals or correctional institutions), people moving between levels of care, and current options for housing (including safe and sober living). Support initiatives and endeavors that seek to create sustainable housing options that address mental health and substance use disorders challenges.			No objective at this time		
					No objective at this time		

Need to bolster housing options for persons and families experiencing homelessness in Region 4.	Increase educational opportunities for the board regarding housing as a Social Determinant of Health. Point in Time Count Report Rental Vacancies	By June 2022, provide one presentation on housing as a Social Determinant of Health during a Board meeting.	Tami Cirerol	Infrastructure
	Support initiatives and endeavors that seek to create sustainable housing options in Region 4.	No objective at this time		

Marketing Committee	Gap/Need	Strategy (How?)		SMARTIE Objective	Person(s) Responsible	R4BHB Strategic Plan
Increased communication to the public in order to encourage awareness and involvement with RBHB activities as well as establish better connections to increase board awareness of gaps and needs in Region 4.		Improve community awareness of R4BHB purpose, functions, and goals to improve community involvement and input		By June 2022, review and revitalize the R4BHB pages on the CDH website.	Christina Smith and Tami Cirerol	Infrastructure
		Build and foster relationships with		No objective at this time		
		Be a resource for legislators and local policy makers		No objective at this time		
		Build and foster relationships with the general public by increasing their awareness through creation of the Electronic Roledex and updating the annual board calendar.				
Increase board member participation to improve community awareness of R4BHB resources and support services.		Implement brain storming discussions to determine ways of increasing board involvement as well as supporting upcoming trainings via scholarships		By December 2021, hold a brainstorming session with R4BHB members to improve community awareness of R4BHB resources and opportunities (such as scholarships).	Christina Smith	Infrastructure
Limited involvement on R4BHB committees		Increase R4BHB networking through improved committee involvement from broader community stakeholders which could help drive R4BHB's broader goals		Throughout FY22, hold "Member Spotlight" presentations during R4BHB meetings.	Christina Smith and Tami Cirerol	Infrastructure

Promotion/Prevention	Gap/Need	Strategy (How?)	Current State (Data)	Future State (Trend)	SMARTIE Objective	Person(s) Responsible	R4BHB Strategic Plan	
Screening, Brief Intervention and Referral to Treatment (SBIRT) Implementation	More trained screening at Youth serving organizations or schools	Work with SBIRT Oregon on trianing/implementation, or offer T4T	Number of organizations receiving primary or booster SBIRT trainings	Increase the number of annual SBIRT trainings by 2 per year.	By June 2023, provide 4 SBIRT training in Region 4, specifically in youth-centered organizations	Rebecca Sprague	Goal #2; Strategy 2.2, promote and provide information and education	
Training BHB Members on Prevention, Social Determinants of Health, etc.	Gaps in knowledge about upstream/primary prevention and strategies	In meeting training, professional development funds from ODP, scheduled webinars		By June 2023, provide 2 number of upstream/primary prevention trainings, specifically in the R4BHB	Increase the number of upstream/primary prevention educational opportunities to 2 per year.	By June 2023, provide 2 upstream/primary prevention trainings, specifically in the R4BHB	Rebecca Sprague and Tami Cirerol	Goal #2; Strategy 2.2, promote and provide information and education
	Gaps in knowledge about upstream/primary prevention and strategies				By June 2022, create an upstream/prevention video and collateral materials for new member orientation.	Rebecca Sprague and Tami Cirerol	Infrastructure	
Idaho Healthy Youth Survey (IHYS) Recruitment & Marketing	Region 4 lacking in youth centric data, widespread participation in IHYS would help fill this gap	BHB working with their school partners to get the word out about the IHYS and importance of localized data.	2019 - Of approximately 173 individual schools in Region 4, 3 schools participated in the IHYS.	Increase school participation in the IHYS	By June 2023, recruit 10 new participating schools in the IHYS, with a focus on rural areas, in Region 4.	Rebecca Sprague	Goal #2; Strategy 2.2, promote and provide information and education	

Recovery Support Services No update provided FY21	Gap/Need	Strategy (How?)	Current State (Data)	Future State (Trend)	SMARTIE Objective	Person(s) Responsible	R4BHB Strategic Plan
Special Population: Veteran, Active Duty, First Responders, and High Trauma Professions							
	Limited knowledge of the unique behavioral health, mental health, and SUDs treatment needs of veterans, active duty, first responders, and other high-trauma professions	Promote educational materials and training events specific for high-trauma professions		Increase the number of educational materials and promote events specific to high-trauma professions	Possibly move any initiatives to specific topics, e.g., suicide prevention, transportation, etc.		
	Need for data specific in the veteran, active duty, first responder, and other high-trauma professions pertaining to mental health, substance use disorder, and chronic homelessness in Region 4	Capitalize on current data sources and data collection endeavors	Locate currently available data sources, including public reports published by the VA	TBD	By June 2022, imbed data collection strategies in all R4BHB initiatives to include data parsed by professional groups, including veteran/high-trauma professions.	Tami Cirerol and Dawn Huntington	Infrastructure development
Special Population: Older Adults							
	Need for increased awareness of mental health and SUDs in the older adult population	Increase awareness of current issues impacting the older adults of Region 4.	Number of current educational campaign focusing on mental health, substance use disorder, and chronic homelessness in the older adult population in Region 4.	Increase the number of educational campaigns that focus on mental health, substance use disorder, and chronic homelessness in the older adult population in Region 4.	By June 2022, collaborate with key stakeholders to develop educational materials on Wernicke-Korsakoff Syndrome.	Tami Cirerol	Goal 2, Strategy 2.2: Promote and provide information and education
	Need for increased awareness of behavioral health and housing issues for persons with a dementia	Increase educational opportunities for R4BHB members relating to dementia care, SUDs, and housing issues	Not applicable	Increase educational opportunities for R4BHB members relating to dementia care, SUDs, and housing issues in Region 4.	By June 2022, present one educational opportunity during an R4BHB meeting on the topic of dementia care, SUDs, and housing in Region 4.	Tami Cirerol	Goal 2, Strategy 2.2: Promote and provide information and education
	Need for data specific in the 65+ population pertaining to mental health, substance use disorder, and chronic homelessness in Region 4	Capitalize on current data sources and data collection endeavors	TBD	TBD	By June 2022, imbed data collection strategies in all R4BHB initiatives to include data parsed by age group, including the 65+ population.	Tami Cirerol	Infrastructure development
Suicide Prevention (SP)							
	Lack of collaboration and communication within and among public and private suicide prevention stakeholder groups.	Increase and/or support for suicide prevention programs in schools and communities to reduce the number of attempted and completed suicides.	Number of SP programs in schools. Number of SP programs in communities.		By June 2023, increase the number of suicide prevention programs in school and communities by 25%.	R4BHB Members; Cristina Perez, Suicide Prevention Coordinator	Goal 2, Strategy 2.2
	Need for community awareness and education related to suicide, including improvement of education warning signs, risk factors, and protective factors.	Increase suicide prevention training, webinars, and educational opportunities for community awareness	Number of SP trainings and webinars.		By June 2023, increase the number of suicide prevention trainings and webinars by 25%.	R4BHB Members; Cristina Perez, Suicide Prevention Coordinator	Goal 2, Strategy 2.2

Need for improvement of coordinated suicide prevention activities across healthcare professionals and systems.	Integrate and coordinate suicide prevention across multiple sectors and setting	N/A		By June 2023, integrate SP leaders and stakeholders to the R4BHB to coordinate SP across healthcare systems.	R4BHB Members; Cristina Perez, Suicide Prevention Coordinator	Goal 2, Strategy 2.1
Need for suicide prevention and education targeting the lethal means.	Reduce loss to suicide in Idaho by addressing the lethal means.	Number of training modules for at-risk populations.		By June 2023, work with PHD4 SP coordinator to create a lethal means restriction training module for at-risk populations.	R4BHB Members; Cristina Perez, Suicide Prevention Coordinator	Goal 2, Strategy 2.2
Need for focused suicide prevention efforts in high risk populations, including the youth demographic.	Enhance integrated behavioral health services and training in Region 4.	Number of behavioral health services and trainings, including around youth.		By June 2023, integrate SP leaders and stakeholders to the R4BHB to coordinate SP across systems.	R4BHB Members; Cristina Perez, Suicide Prevention Coordinator	Goal 2, Strategy 2.1

Transportation No update provided FY21	Gap/Need	Strategy (How?)	Current State (Data)	Future State (Trend)	SMARTIE Objective	Person(s) Responsible	R4BHB Strategic Plan
---	----------	-----------------	----------------------	----------------------	-------------------	-----------------------	----------------------

Youth Subcommittee	Gap/Need	Strategy (How?)	Current State (Data)	Future State (Trend)	SMARTIE Objective	Person(s) Responsible	R4BHB Strategic Plan
--------------------	----------	-----------------	----------------------	----------------------	-------------------	-----------------------	----------------------

There are limited resources for youth who are experiencing homelessness. Locating the youth, and providing service options is challenging	Locate, connect, and support resources for youth who are experiencing homelessness	# of youth experiencing homelessness across the region	Increase the ability of youth who are experiencing homelessness to easily access appropriate resources.	By June 2022, build a service directory specifically for homeless youth, and develop an access plan for the resource	R4BHB Members; Cristina Perez, Suicide Prevention Coordinator	Goal #1: Improve the quality of life for individuals and stability for families
	Define, or agree to, a shared definition of homelessness	# of youth and age ranges for homelessness				
Rural and Frontier communities within the region have limited information and access to mental health services for youth	Locate, connect, and support resources for youth and families in Region 4 rural and frontier areas, who are experiencing behavioral health needs	# of youth identified as YES class members located in Region 4 rural or frontier areas	Increase knowledge of, and access to, behavioral health services for youth and families in Region 4 rural and frontier areas	By June 2022, develop a marketing strategy for connecting Region 4 rural and frontier families, with behavioral health services	R4BHB Members; Cristina Perez, Suicide Prevention Coordinator	Goal #2: Build upon established integrated, accessible, quality care for individuals and families in our community
		# of youth on IEP or 504 education plans in Region 4 rural and frontier areas				Strategy 2.1: Enhance services and supports
		# of schools in rural areas participating in behavioral health programming				Strategy 2.2: Promote and provide information and education

<p>Families, youth and providers lack access to up-to-date resources for youth with behavioral health needs</p> <p>Multiple resource lists and resource groups exist, making it confusing for families</p>	<p>Coordinate, and/or support a single access point for up-to-date information regarding services available to youth with serious emotional disturbances (SED)</p>	<p>Identify # and location of various behavioral health information and resource sharing groups in Region 4 – identifying areas of overlap and redundancy</p>	<p>Organized and clear resource information is available to families and youth in need of behavioral health services</p>	<p>By June 2022, a proposal will be completed</p>	<p>Goal #2: Build upon established integrated, accessible, quality care for individuals and families in our community</p> <p>Strategy 2.2: Promote and provide information and education</p> <p>Goal #2: Build upon established integrated, accessible, quality care for individuals and families in our community</p> <p>Strategy 2.2: Promote and provide information and education</p>
<p>Adverse Childhood Experiences/ACES have current and long-lasting effects on youth</p>	<p>Increase awareness of the impact of high Adverse Childhood Experiences (ACE) scores on early childhood development and continuing issues in later life.</p> <p>Increase access to resources and providers who address ACES</p>	<p># behavioral health programs that address ACES</p> <p># of youth with specific ACES scores</p>	<p>Increase the knowledge-base around ACES, for providers in the community who serve SED youth</p> <p>Increase access to providers who serve youth with elevated ACES scores</p>	<p>By June 2022, develop a plan for an ACES focused- trauma informed training opportunity for community providers</p>	<p>Goal #2: Build upon established integrated, accessible, quality care for individuals and families in our community</p> <p>Strategy 2.2: Promote and provide information and education</p>